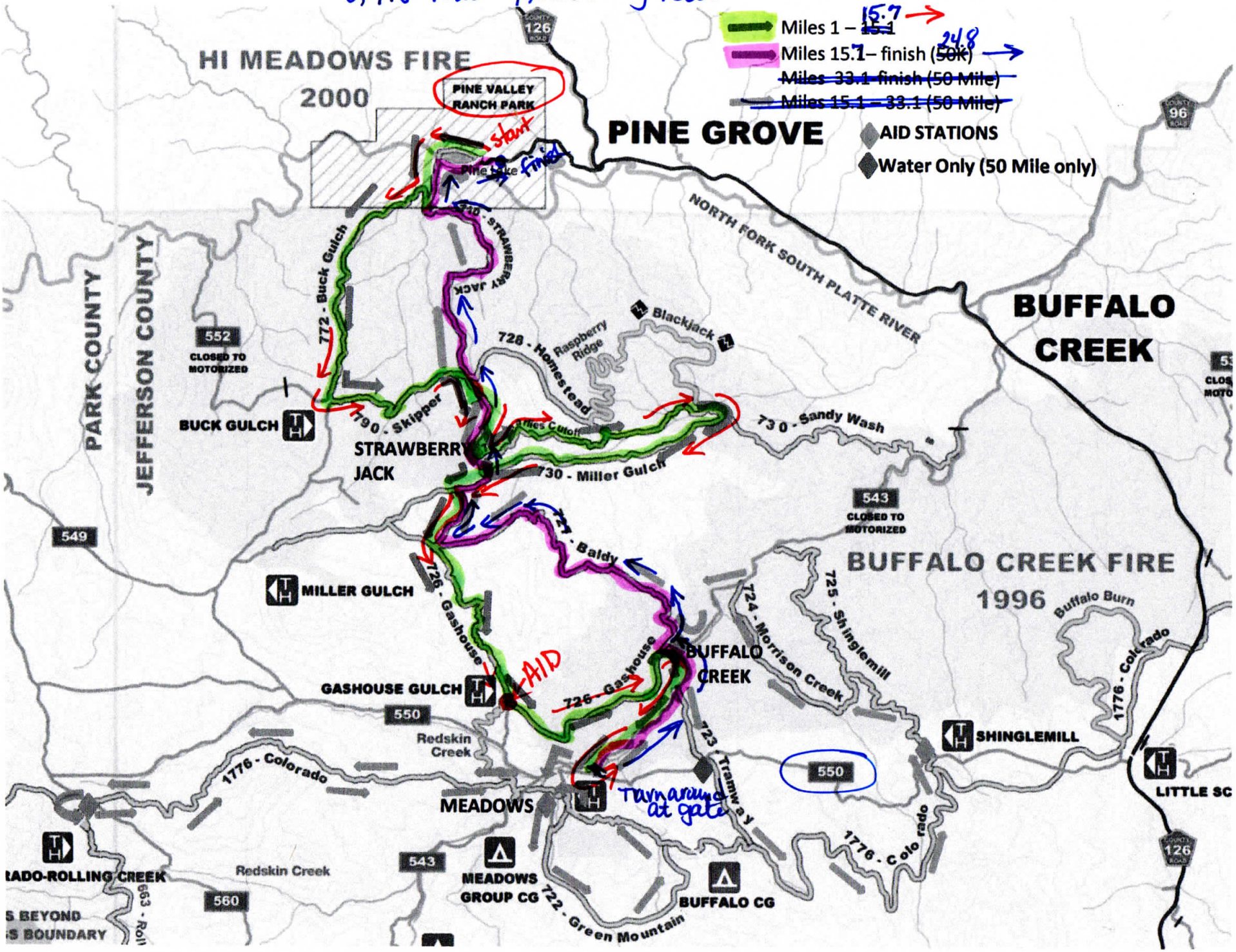24.8 Mile Training Run