

# Coaches Follow-up Session Salem Keizer Public Schools January 2018

## Objectives

- Gain clarity about next steps for your individual school/s.
- Plan and problem-solve site-specific situations.
- Provide an opportunity for supported work time and reflection, and to ask/answer questions.
- Build coaching skills through observation, feedback and practice.

## Agenda

Opening/Welcome

Fishbowl Activity

Coaching Practice

PD Review



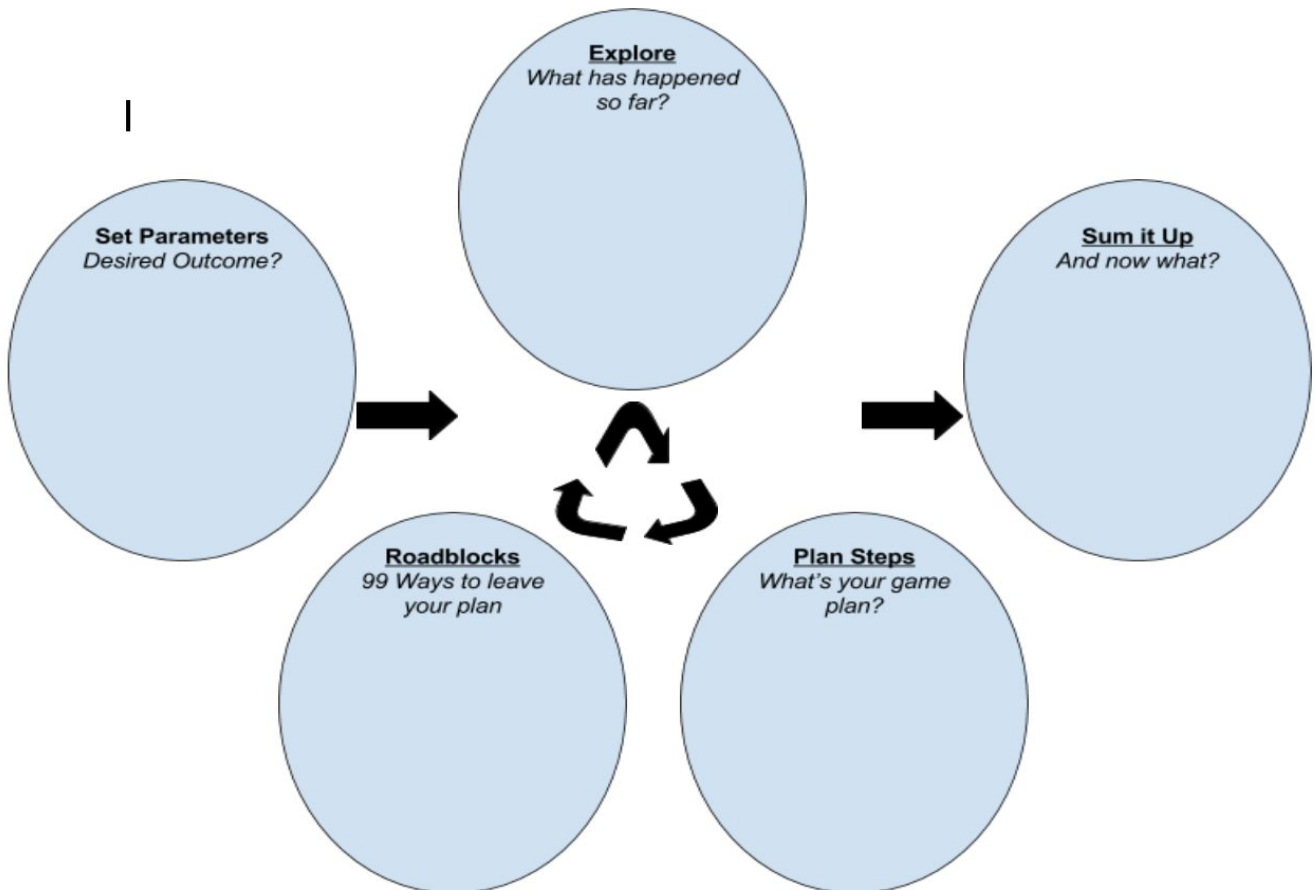
Choose your adventure today:

- Option 1: PD Prep (whole group or small group)
- Option 2: Individual Team Planning/Support/Coaching
- Option 3: Individual Coaching/Scenario Practice

Communication plan

Reflection/Feedback

# The Coach Exchange



## **Example: Coaching Questions:**

### **Set Parameters**

- Knowing we have \_\_\_\_ minutes together, how would you like to use our time today?
- Where would you like to start?
- What is your desired outcome for today's session?
- Where would you like to go from here?
- From your point of view, what is the present situation?
- To clarify:
  - How would you prioritize these issues?
  - What's most urgent now?
  - What would you change?

### **Explore**

- What have you tried, and how did you feel?
- What has worked in the past?
- How have others responded
- When has it felt right?
- What has challenged you most about this?
- What are the other options?
- What if you did nothing?
- What is most valuable here?
- What makes this important
- Say more \_\_\_\_, or Tell me more \_\_\_\_

### **Plan Steps**

- How will you achieve your goal?
- What must happen?
- What are the big ideas?
- What might happen if you explore this

possibility?

### **Plan Steps (cont.)**

- What are the pros and cons to each?
- How does this fit into your plans and values?
- What will it cost if you don't do this?
- Who might help you?
- What is the most important thing you can do this week?

### **Road Blockets**

- How might you sabotage yourself?
- What will you need?
- How will you address obstacles if and when they arise?
- Who do you need to include?
- Is this timeline appropriate? Realistic?
- What will be the most difficult part?
- How will you take care of yourself?
- How do you think others will respond?
- How will you evaluate the effectiveness of your plan?

### **Sum It Up...**

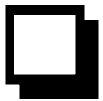
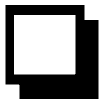
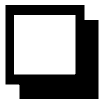
- What is your takeaway from our session?
- What is most valuable to you?
- What are you committing to do between sessions?
- When can we check in to see how your plan is going?
- Has anything else come to mind?
- What would support you in achieving the commitment you have made?
- Is there anything that came up today that you want to be sure we give time to in our next session?

# TO DO LIST

1.

2.

3.



# Feedback Page

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Salem Keizer School District  
January 2018

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**Reflection:**

I want to remember:

One question I still have is:

Something that would have made today even more productive:

Other feedback: