

Race Date  
April 28, 2019

# MEC Greater Vancouver Road Race 3: 5K/10K/21K/42K

## Overall Finish List

**21.1k**

**Female**

| <u>Overall</u> | <u>Name</u>            | <u>Bib No</u> | <u>AG Place</u> | <u>Time</u> |
|----------------|------------------------|---------------|-----------------|-------------|
| 1              | Laura Warr             | 27520         | 1: 20-29        | 1:38:42     |
| 2              | Alanna Goobie          | 26316         | 2: 20-29        | 1:42:56     |
| 3              | Candace Willey         | 27524         | 1: 30-39        | 1:43:41     |
| 4              | Fawn Vaitkus           | 27507         | 1: 50-59        | 1:45:33     |
| 5              | Sinead Sprigg          | 27493         | 2: 30-39        | 1:45:46     |
| 6              | Alecia Brooks          | 12595         | 3: 30-39        | 1:46:39     |
| 7              | Ruth Galvin            | 26161         | 3: 20-29        | 1:48:41     |
| 8              | Navkiran Bawa          | 12403         | 4: 30-39        | 1:49:47     |
| 9              | Kaia Cooper            | 15598         | 1: 0-19         | 1:52:57     |
| 10             | Brooke Glover          | 26315         | 5: 30-39        | 1:53:08     |
| 11             | Rhonda Dyce            | 25949         | 1: 40-49        | 1:54:14     |
| 12             | Michele Davie          | 25914         | 2: 50-59        | 1:54:48     |
| 13             | Janette Lamotte        | 26846         | 6: 30-39        | 1:56:34     |
| 14             | Brenie Clamer          | 15562         | 4: 20-29        | 1:56:39     |
| 15             | Kimberlee Smith        | 27491         | 2: 40-49        | 1:56:47     |
| 16             | Johanna Molloy         | 26917         | 5: 20-29        | 1:56:52     |
| 17             | Heike Walker           | 27517         | 3: 50-59        | 1:56:53     |
| 18             | Kate Oja               | 26938         | 7: 30-39        | 1:57:39     |
| 19             | Michelle Smith         | 27490         | 3: 40-49        | 1:57:44     |
| 20             | Shelagh Machin         | 26865         | 1: 60-69        | 1:57:51     |
| 21             | Melissa Gendron        | 26194         | 6: 20-29        | 1:58:01     |
| 22             | Kristy Friisdahl       | 26154         | 7: 20-29        | 1:58:13     |
| 23             | Carolyn Rapanos        | 26983         | 8: 20-29        | 1:58:20     |
| 24             | Sarah Lally            | 26841         | 8: 30-39        | 1:59:29     |
| 25             | Judy Hoos              | 26805         | 2: 60-69        | 2:00:18     |
| 26             | Kirsten Scott          | 27432         | 9: 20-29        | 2:01:46     |
| 27             | Dena Nicolai           | 26930         | 9: 30-39        | 2:02:39     |
| 28             | Sarah Beck             | 12404         | 10: 20-29       | 2:03:18     |
| 29             | Keara Graham           | 26322         | 11: 20-29       | 2:03:31     |
| 30             | Emma Fox               | 26000         | 10: 30-39       | 2:04:08     |
| 31             | Cassandra Basi         | 11937         | 11: 30-39       | 2:06:06     |
| 32             | Carmen Newly           | 26928         | 12: 20-29       | 2:06:36     |
| 33             | Jennifer Crawford      | 15599         | 12: 30-39       | 2:06:56     |
| 34             | Alison Green           | 26348         | 4: 40-49        | 2:07:21     |
| 35             | Kimberly Dyce          | 25944         | 5: 40-49        | 2:07:25     |
| 36             | Jennifer Friesen       | 26134         | 6: 40-49        | 2:08:43     |
| 37             | Josephine Gaulton-Rowe | 26178         | 4: 50-59        | 2:10:01     |
| 38             | Melanie Chalmers       | 15542         | 13: 30-39       | 2:10:10     |
| 39             | Marguerite Grace       | 26319         | 5: 50-59        | 2:11:19     |
| 40             | Elmira Nazar           | 26926         | 13: 20-29       | 2:12:04     |
| 41             | Kim Nelson             | 26927         | 7: 40-49        | 2:12:15     |
| 42             | Dawn Feng              | 25988         | 8: 40-49        | 2:13:36     |
| 43             | Ashley Osborn          | 26948         | 14: 30-39       | 2:13:45     |
| 44             | Pamela Voros           | 27515         | 9: 40-49        | 2:14:37     |
| 45             | Baird Jessica          | 27519         | 15: 30-39       | 2:15:01     |
| 46             | Anita Thomson          | 27501         | 10: 40-49       | 2:15:26     |
| 47             | Valerie Haines         | 26350         | 11: 40-49       | 2:15:34     |

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## Overall Finish List

**21.1k**

**Female**

| <u>Overall</u> | <u>Name</u>       | <u>Bib No</u> | <u>AG Place</u> | <u>Time</u> |
|----------------|-------------------|---------------|-----------------|-------------|
| 48             | Jennifer Lee      | 26855         | 16: 30-39       | 2:15:58     |
| 49             | Sherry Mahoney    | 26871         | 6: 50-59        | 2:15:59     |
| 50             | Samantha Rogers   | 27407         | 14: 20-29       | 2:17:43     |
| 51             | Danielle Collyer  | 15574         | 15: 20-29       | 2:17:44     |
| 52             | Joanne Turnbull   | 27505         | 7: 50-59        | 2:17:46     |
| 53             | Pam Kirby         | 27518         | 8: 50-59        | 2:18:22     |
| 54             | Melissa Chapko    | 15544         | 17: 30-39       | 2:18:56     |
| 55             | Nicole Cuthbert   | 25907         | 1: 99-99        | 2:19:18     |
| 56             | Lindsay Lanigan   | 26848         | 18: 30-39       | 2:19:57     |
| 57             | Soraya Spier      | 27492         | 9: 50-59        | 2:20:47     |
| 58             | Cheryl Moore      | 26920         | 10: 50-59       | 2:21:11     |
| 59             | Kathy Potter      | 26971         | 11: 50-59       | 2:21:55     |
| 60             | Amanda Templeman  | 27497         | 12: 40-49       | 2:22:42     |
| 61             | Courtney Wedemire | 27523         | 19: 30-39       | 2:22:58     |
| 62             | Jasmine Shi       | 27487         | 16: 20-29       | 2:23:31     |
| 63             | Teresa Nicolson   | 26935         | 3: 60-69        | 2:24:22     |
| 64             | Stephanie Lovick  | 26862         | 20: 30-39       | 2:26:44     |
| 65             | Deborah Gillette  | 26307         | 12: 50-59       | 2:29:31     |
| 66             | bronwyn masson    | 26890         | 13: 50-59       | 2:29:32     |
| 67             | Tracy Tanizawa    | 27495         | 13: 40-49       | 2:30:20     |
| 68             | Lauren Tietze     | 27502         | 17: 20-29       | 2:30:35     |
| 69             | Sandra Sayer      | 27426         | 14: 40-49       | 2:32:03     |
| 70             | Amanda Esteves    | 25982         | 18: 20-29       | 2:39:57     |
| 71             | Maureen Gibson    | 26293         | 14: 50-59       | 2:41:59     |
| 72             | Vanice Wilson     | 27525         | 15: 50-59       | 2:42:27     |
| 73             | Maria Castro      | 15541         | 15: 40-49       | 2:43:31     |
| 74             | Charlene Samaroo  | 27419         | 16: 40-49       | 2:45:55     |
| 75             | Pamela Labrum     | 26839         | 21: 30-39       | 2:45:55     |
| 76             | Jamie Dunlop      | 25942         | 22: 30-39       | 2:51:16     |
| 77             | Simona Brown      | 12598         | 23: 30-39       | 2:55:41     |
| 78             | Lisa Brodowski    | 12572         | 16: 50-59       | 3:06:19     |

Overall Finish List**21.1k****Male**

| <u>Overall</u> | <u>Name</u>         | <u>Bib No</u> | <u>AG Place</u> | <u>Time</u> |
|----------------|---------------------|---------------|-----------------|-------------|
| 1              | Brady Faught        | 25985         | 1: 99-99        | 1:28:30     |
| 2              | Andrew Payne        | 26954         | 1: 30-39        | 1:28:36     |
| 3              | Joe Byrne           | 15538         | 2: 30-39        | 1:29:31     |
| 4              | Christopher Poenaru | 26965         | 1: 20-29        | 1:31:57     |
| 5              | Daniel Smith        | 27489         | 3: 30-39        | 1:34:15     |
| 6              | wiliam Irwin        | 26813         | 1: 40-49        | 1:34:30     |
| 7              | Scott Vandenbrink   | 27509         | 4: 30-39        | 1:34:53     |
| 8              | Mike Ivison         | 26817         | 2: 40-49        | 1:34:58     |
| 9              | Thomas Davies       | 25930         | 5: 30-39        | 1:35:19     |
| 10             | Bryan Stolth        | 27530         | 3: 40-49        | 1:36:08     |
| 11             | Sebastian Rakowski  | 26980         | 2: 20-29        | 1:36:25     |
| 12             | Stephen Melendy     | 26904         | 6: 30-39        | 1:36:47     |
| 13             | Jason Fluckiger     | 25997         | 4: 40-49        | 1:37:29     |
| 14             | James Carroll       | 15539         | 3: 20-29        | 1:38:56     |
| 15             | Alexander Bains     | 11781         | 4: 20-29        | 1:39:59     |
| 16             | Bruce Gerry         | 26222         | 1: 50-59        | 1:40:00     |
| 17             | Vicking Yau         | 27527         | 7: 30-39        | 1:40:40     |
| 18             | Vincent Selina      | 27436         | 5: 20-29        | 1:41:03     |
| 19             | Owen Tanizawa       | 27496         | 6: 20-29        | 1:42:00     |
| 20             | Jason Rogalski      | 27406         | 5: 40-49        | 1:42:34     |
| 21             | Ben Mortenson       | 26924         | 2: 50-59        | 1:43:16     |
| 22             | Brian Banfill       | 11788         | 3: 50-59        | 1:43:30     |
| 23             | Lacklan Smith       | 27533         | 7: 20-29        | 1:43:55     |
| 24             | Andrei Karniaichuk  | 26824         | 8: 30-39        | 1:43:57     |
| 25             | Colin Chan          | 15543         | 9: 30-39        | 1:44:27     |
| 26             | Cameron Ferrell     | 27535         | 4: 50-59        | 1:44:54     |
| 27             | Scott Karsen        | 27531         | 5: 50-59        | 1:45:21     |
| 28             | Brett Templeman     | 27498         | 6: 40-49        | 1:47:56     |
| 29             | Arthur Davidson     | 27536         | 8: 20-29        | 1:48:12     |
| 30             | Lawrence Bernales   | 12442         | 10: 30-39       | 1:48:18     |
| 31             | Michael Hainke      | 26357         | 7: 40-49        | 1:48:41     |
| 32             | Lance Verhoeff      | 27512         | 11: 30-39       | 1:48:58     |
| 33             | Kevin Kidd          | 26827         | 6: 50-59        | 1:50:04     |
| 34             | Nicolas Gamba       | 26167         | 9: 20-29        | 1:50:38     |
| 35             | JP Bourget          | 12570         | 12: 30-39       | 1:50:46     |
| 36             | Connor Schellenberg | 27431         | 10: 20-29       | 1:51:40     |
| 37             | Paul Towne          | 27503         | 8: 40-49        | 1:52:08     |
| 38             | Joseph Choi         | 15550         | 11: 20-29       | 1:52:28     |
| 39             | Jamie Paterson      | 26949         | 12: 20-29       | 1:52:30     |
| 40             | John McMahon        | 26895         | 9: 40-49        | 1:52:38     |
| 41             | Sean Stewart        | 27494         | 13: 30-39       | 1:52:40     |
| 42             | Emil Zerkowitz      | 27529         | 13: 20-29       | 1:52:57     |
| 43             | Juan Sanchez        | 27420         | 14: 20-29       | 1:53:10     |
| 44             | Simon Hoang         | 26804         | 10: 40-49       | 1:54:28     |
| 45             | Ryan Visscher       | 27513         | 11: 40-49       | 1:54:32     |
| 46             | Bruce Jackson       | 26818         | 15: 20-29       | 1:54:51     |
| 47             | Tom Sherlock        | 27486         | 1: 60-69        | 1:55:00     |

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## Overall Finish List

**21.1k**

**Male**

| <u>Overall</u> | <u>Name</u>        | <u>Bib No</u> | <u>AG Place</u> | <u>Time</u> |
|----------------|--------------------|---------------|-----------------|-------------|
| 48             | Josh Oliveira      | 26939         | 14: 30-39       | 1:56:21     |
| 49             | Elliott Rowe       | 27410         | 2: 60-69        | 1:57:11     |
| 50             | Aaron Ng           | 26929         | 15: 30-39       | 1:58:02     |
| 51             | James Li           | 26857         | 16: 20-29       | 1:58:16     |
| 52             | Nathan Paurini     | 26953         | 16: 30-39       | 1:58:19     |
| 53             | Kerry Mittleman    | 26915         | 3: 60-69        | 1:59:00     |
| 54             | Mark Raymond       | 26986         | 17: 30-39       | 1:59:49     |
| 55             | Marinus Waterberg  | 27522         | 7: 50-59        | 2:00:03     |
| 56             | Sergio Garcia      | 26172         | 18: 30-39       | 2:00:04     |
| 57             | Kevin Hanson       | 26801         | 8: 50-59        | 2:00:07     |
| 58             | Raymond Tsan       | 27504         | 17: 20-29       | 2:00:44     |
| 59             | Chris Manore       | 26883         | 4: 60-69        | 2:01:15     |
| 60             | Nikolas Oliveira   | 26940         | 18: 20-29       | 2:02:20     |
| 61             | Phil Cookson       | 15579         | 9: 50-59        | 2:03:20     |
| 62             | Juan Sarmiento     | 27425         | 12: 40-49       | 2:03:21     |
| 63             | Mark Russell       | 27414         | 13: 40-49       | 2:03:56     |
| 64             | Derek Raine        | 26979         | 19: 30-39       | 2:07:43     |
| 65             | Trevor Friesen     | 26125         | 14: 40-49       | 2:08:42     |
| 66             | Chris Johnson      | 26821         | 10: 50-59       | 2:10:40     |
| 67             | George Earl        | 25978         | 11: 50-59       | 2:11:01     |
| 68             | Bill Cooper        | 15580         | 15: 40-49       | 2:11:43     |
| 69             | Thomas Robinson    | 26997         | 19: 20-29       | 2:11:56     |
| 70             | Mark Teolis        | 27499         | 16: 40-49       | 2:17:38     |
| 71             | Luke Burkholder    | 15537         | 20: 30-39       | 2:18:19     |
| 72             | Glenn Rideout      | 26991         | 12: 50-59       | 2:20:47     |
| 73             | Fidel Castro       | 15540         | 17: 40-49       | 2:21:02     |
| 74             | IAN COLLETT        | 15567         | 13: 50-59       | 2:24:17     |
| 75             | Justin MacDonald   | 27534         | 21: 30-39       | 2:25:00     |
| 76             | De Wet van Niekerk | 27508         | 20: 20-29       | 2:26:29     |
| 77             | Nelson Gillette    | 26301         | 14: 50-59       | 2:29:32     |
| 78             | Webber Chen        | 15548         | 21: 20-29       | 2:33:01     |
| 79             | Woosuk Kwon        | 26838         | 22: 20-29       | 2:38:09     |
| 80             | Jon Mahoney        | 26867         | 5: 60-69        | 2:54:27     |
| 81             | Rich Brodowski     | 12594         | 15: 50-59       | 3:06:18     |