

RAE-LYNN ARMSTRONG

Trick Riding School

Equipment List

- Layered clothes - ie. Turtleneck, long & short sleeve t-shirts, sweatshirts, sweatpants or biking/running pants (made of stretchy bathing suit type material) * NO TIGHT JEANS*
- Good socks to cover and protect your ankles
- Wrestling shoes, high top lightweight tennis shoes, or water shoes. Not Basketball type or thick soles. You must be able to point your toes.
- Weight lifting gloveves or you can cut off top of the fingers of gloves that fit your hands. Many students have found these helpful. We have a few pair available if needed.
- Warm jacket, gloves, cap, earmuffs and/or headband (Winter)
- Sunscreen, water chapstick, bug spray (Summer)
- Long hair must be fastened back
- Rain gear advised. Mud boots or overshoes are especially helpful
- Cameras and video cameras are welcome if you have someone to run them
