

October 2018

Loyalist Skating Club



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Check out our website</p> <p>www.loyalistskatingclub.com</p>		<p>Like us on</p> <p>www.facebook.com</p>	<p>facebook </p>	<p>Email us</p> <p>loyalistskatingclub@gmail.com</p>		<p>Follow us on</p> <p></p> <p>@loyalistskatingclub</p>
	<p>1</p> <p>SR 5pm – 6:40pm</p> <p>S/F 6:40 – 6:50</p>	<p>2</p> <p>SR 5pm – 6:50</p> <p>Time Change</p>	<p>3</p> <p>Can Skate News</p>	<p>4</p> <p>PA Training 5 - 7</p>	<p>5</p> <p>SR 4pm – 5:40</p> <p>S/F 5:40 – 5:50</p>	<p>6</p>
<p>7</p>	<p>8</p> <p>NO SKATNG</p> <p></p> <p>Happy Thanksgiving</p>	<p>9</p> <p>CAN 5:05 – 5:50</p> <p>SR 6 – 7:50</p>	<p>10</p> <p>First week of Canskate</p>	<p>11</p> <p>CAN 5:05 – 5:50</p>	<p>12</p> <p>SR 4pm – 5:40</p> <p>S/F 5:40 – 5:50</p>	<p>13</p>
<p>14</p>	<p>15</p> <p>SR 5pm – 6:40pm</p> <p>S/F 6:40 – 6:50</p>	<p>16</p> <p>CAN 5:05 – 5:50</p> <p>SR 6 – 7:50</p>	<p>17</p>	<p>18</p> <p>CAN 5:05 – 5:50</p>	<p>19</p> <p>SR 4pm – 5:40</p> <p>S/F 5:40 – 5:50</p>	<p>20</p>
<p>21</p>	<p>22</p> <p>SR 5pm – 6:40pm</p> <p>S/F 6:40 – 6:50</p>	<p>23</p> <p>CAN 5:05 – 5:50</p> <p>SR 6 – 7:50</p>	<p>24</p> <p>Wear your Halloween Costume to Canskate this week</p> <p></p>	<p>25</p> <p>CAN 5:05 – 5:50</p>	<p>26</p> <p>SR 4pm – 5:40</p> <p>S/F 5:40 – 5:50</p>	<p>27</p>
<p>28</p>	<p>29</p> <p>SR 5pm – 6:40pm</p> <p>S/F 6:40 – 6:50</p>	<p>30</p>	<p>31</p> <p></p>			

LEGEND S/F - stroking and fundamentals

CAN-Canskate

SR – Senior

*** Please note ***

Tuesday time change starting October 9th