

TWO DAY BASEBALL HITTING CLINIC



LOCATION:

PerformFit 10880 Railroad Ave., Cockeysville, MD 21030

DATES:

July 25th & 26th

TIMES:

11:00am - 1:00pm

AGES:

8-12 years old

COST:

\$60 for one day \$110 for both days Call 410.785.2600 to register. Cash or check only. Payable at the door.

This is a 2 day baseball hitting clinic directed by Tim Bishop, President of the Redbirds Youth Baseball Association, along with College Baseball Instructors from Virginia Tech, Wake Forest, Maryland, and other Division 1 Baseball Programs. PerformFit has partnered with the Redbirds Youth Baseball Organization to bring you this unique hitting camp to all area players. Your son will work on all aspects of the swing including load, balance, and pitch selection. We will also discuss the mental side of hitting.

*Individual Hitting, Pitching, and Catching Lessons are also available at other times. Please visit www.performfit.com for more details.

For more information, please visit our website at www.performfit.com