

Join us for our  
**OPEN HOUSE!**

**May 19 from 8a to 11a**

10350 Iron Bridge Rd. Chester, VA 23831

**COME CHECK IT OUT!**

**Mini Classes:**

- XTreme Fitness
- Yoga
- Barre

**Chair Massages**

**Running Clinic Q&A**

**Lunchbox HQ Samples**

**RAFFLE PRIZES  
INCLUDED!**



**SEE YOU AT 8A SHARP!**