

MEC LANGLEY RACE FOUR: 5K/10K/21.1K

Race Date

October 14, 2018

Overall Finish List**10 k Run****Female**

<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Time</u>
1	Jaylene Mennen	2698	44:02
2	Sandy Merkel	2699	44:26
3	Karen de Montigny	638	45:53
4	Mariah Marshall	4679	46:29
5	Alyssa De Schiffart	640	46:45
6	Alexandra Lay	2654	48:28
7	Katie Anderson	413	48:42
8	Emily Seto	4807	48:42
9	Nicole Kolstad	2636	48:43
10	Nicole De Giushi	4808	48:51
11	lindy drope	657	48:58
12	Claire Cahill	473	49:11
13	Delicia JACKSON	2610	49:11
14	Melissa LeBlanc	2660	50:14
15	Karla Leighton	2664	50:25
16	Tamara Marshall	2689	51:44
17	Janice Keller	2626	51:58
18	Tina Todorovic	2782	52:45
19	Elizabeth Kroeker	2642	53:04
20	Georgine Chung	499	53:05
21	Suzy Kim	2631	53:19
22	Jaime Sahota	2756	53:20
23	Charis Verkaik	2789	53:21
24	Brenda Sierpina	2766	54:31
25	Teri Parker	5098	55:16
26	Mariko Baerg	426	55:25
27	Cheryl Mosby	2703	55:46
28	Holly Friesen	690	55:59
29	Sachiko Ouchi	2729	56:09
30	Kim Lawlor	2652	56:15
31	Jillian Legault	2663	56:16
32	Crista Santos	4661	56:26
33	Brenda Pasichnyk	5100	56:30
34	soraya spier	2771	56:57
35	Shelby Hancock	2447	56:58
36	Marg Caravetta	4662	56:59
37	Aimee Leung	4699	57:06
38	Emma Grenkie	2423	57:21
39	Gail Hamm	2441	58:46
40	Marcie Flamand	685	59:15
41	Bethea Shute	4810	59:29
42	Tarah Pike	2732	1:00:25
43	Tereza Wagnerova	2791	1:01:11
44	Kristi Wiebe	2794	1:01:16
45	Maria Neis	2716	1:01:48
46	Sarah van Wermeskerken	2787	1:01:52
47	Gemma Disher	646	1:02:56

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October 14, 2018

Overall Finish List**10 k Run****Female**

<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Time</u>
48	Teresa Tanner	2779	1:02:57
49	Melissa Mungall	2707	1:03:00
50	Eve Ojea	2722	1:03:06
51	Stephanie Ridd	2749	1:03:11
52	Preet Gill	2408	1:04:01
53	Amy Grey	2428	1:04:49
54	Anna Butz	471	1:04:51
55	Nicole Harstone	2455	1:05:09
56	Cathy Colbeck	618	1:05:40
57	Tina Anherth	4816	1:05:42
58	Stephanie Demidas	642	1:05:44
59	Elmira Nazar	2715	1:05:46
60	Kulwant Gill	2415	1:06:36
61	Janine Magaw	2681	1:06:45
62	Victoria Wilkinson	2798	1:06:48
63	Debbie Bates	432	1:07:05
64	Georgia Hardy	5093	1:07:14
65	Sarah Hardy	5094	1:07:26
66	Kasia Talma	2778	1:08:10
67	Sharon Pauwels	2733	1:08:25
68	Lynne De Forest	4653	1:08:30
69	Shirley Hewko	2461	1:09:01
70	Rita Long	2670	1:09:46
71	Wanda Nyvall	2721	1:10:23
72	Zoe Butchart	468	1:10:38
73	Dawn Paul	4656	1:10:47
74	Julie Adams	4702	1:11:17
75	Thea Ledenko	2662	1:11:29
76	Santina Nuccio	2719	1:12:12
77	Sunita Gill	2411	1:13:00
78	Jennife Love	4815	1:13:36
79	Jessica Hill	2465	1:13:36
80	Heidi Rampfl	2744	1:14:05
81	Julie Swift	2775	1:14:35
82	Lauren Malks	2684	1:15:20
83	Angela Haig-Greenwood	2431	1:15:20
84	Lisa Croucher	627	1:15:32
85	Joann Khor	2627	1:16:08
86	Hayley Vandale	2788	1:16:14
87	Lori Pare	2731	1:16:15
88	Winne Lui	2677	1:16:38
89	Merul Hamdill	4811	1:17:44
90	Verna Campbell	488	1:17:52
91	Angie Gaull	2402	1:18:16
92	Alyson Bola	444	1:25:10
93	Tatiana Sean	2764	1:28:06
94	Carol Sliziak	2767	1:28:09

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October 14, 2018

MEC LANGLEY RACE FOUR: 5K/10K/21.1K

Overall Finish List

10 k Run

Female

<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Time</u>
95	Pamela Labrum	2648	1:28:42
96	Charlene Samaroo	2759	1:28:42
97	Tina Antunes	420	1:28:55
98	Jecel Austria	423	1:29:26
99	Kirsten Anonby	417	1:29:45
100	Debbie Elloitt	682	1:35:41
101	Sherrie Fraser	689	1:35:58
DQ	Paula Naylor	2712	---

MEC LANGLEY RACE FOUR: 5K/10K/21.1K

Race Date

October 14, 2018

Overall Finish List**10 k Run****Male**

<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Time</u>
1	Adrian Lucanu	2676	39:55
2	Kashtin Bogart	443	39:58
3	Tobiasz Kobielski	2632	40:09
4	Lee Fenyoe	4802	40:31
5	Robert Durrant	667	41:25
6	Jeff Watts	5096	41:43
7	Ethan Wilkinson	2797	42:01
8	Chris Dalhuisen	4812	42:35
9	Geoff Thiessen	4665	42:55
10	Roger Baker Kenny	4696	43:36
11	Bruce Gerry	4805	43:56
12	scott wotherspoon	2800	44:10
13	Scott Karsen	2621	44:23
14	Robin Hiet-Block	2463	44:28
15	Ronald Libunao	2668	44:33
16	Phill Vermette	4809	44:35
17	Chris Pauwels	2736	45:07
18	Taurean Sheehan	2765	46:23
19	Denis Casey	4813	46:35
20	Jason ELLIS	668	46:58
21	Chris Vipler	2790	48:20
22	Tony Pentland	5092	49:06
23	Joseph Takenaka	2777	49:18
24	Mark Gahan	698	49:30
25	Randy Kolarcik	2635	50:19
26	Anvar Amangoulov	411	50:55
27	PJ Dawies	4814	50:59
28	Mike Parker	5097	51:06
29	Charlie Beirne	4691	51:30
30	Edward Tung	2786	51:37
31	Matthew Baird	427	51:42
32	Pavel Kukuliac	2646	52:04
33	James Ellis	677	52:11
34	Chris Wiens	2796	52:21
35	Bill Russell	2755	52:39
36	Lucian Scobercia	2763	52:46
37	Efren Barrato	431	52:57
38	Phil Materi	2690	53:16
39	Keith Whitter	2793	53:27
40	Chris Worsnup	2799	53:29
41	Ted Field	683	53:53
42	Jason Cho	498	54:08
43	Brenden Graham	2422	54:17
44	Simon Nadeau	2711	54:20
45	Joshua Marshall	2688	54:43
46	Keith Adkin	4806	55:05
47	Radner Reyes	2747	55:20

MEC LANGLEY RACE FOUR: 5K/10K/21.1K

Race Date

October 14, 2018

Overall Finish List**10 k Run****Male**

<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Time</u>
48	Andrew Gardiner	4714	55:26
49	Dan Cochrane	616	55:57
50	Joel MacDonald	2680	56:18
51	Rory Morgan	2702	56:35
52	Nathan Paurini	4803	56:44
53	Alex Lepoureau	2666	57:12
54	Elischa Salazar	2757	57:47
55	Raphael Cordero	619	57:58
56	Huy Nguyen	4801	58:10
57	Dean Holmwood	2601	59:07
58	Matthew Holbrook	2471	59:14
59	Rethireach Sam	2758	59:24
60	Steve Swift	2776	59:33
61	Jirka Tomsicek	2783	59:39
62	Jeff Gan	5095	1:00:10
63	Kevin Cervantes	494	1:00:51
64	Paul Helms	4655	1:00:56
65	Graham Magnusson	2683	1:00:59
66	Michael Jones	5099	1:01:29
67	Paramdeep Sandhu	2760	1:01:56
68	Javier Orozco Escobedo	2726	1:02:59
69	Yuri Goldberg	4804	1:03:45
70	Harp Bhullar	435	1:05:11
71	Chad Jorgensen	2619	1:06:35
72	Caleb Magaw	2682	1:06:45
73	Barry Monkman	2700	1:10:23
74	John Kelly	4689	1:10:43
75	Chris Brunt-Tompsett	466	1:35:58
DQ	Jose Rodriguez	2752	---

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Race Date

October 14, 2018

Overall Finish List

		5 k Run	Female
Overall	Name	Bib No	Time
1	Jocelyn Dramisino	1564	24:11
2	Shanna Walters	1535	24:18
3	Brittany Trenkel	1547	26:40
4	Annika Lofstrand	1502	26:52
5	Judy Yang	1542	26:55
6	Reagan Latham	1499	27:15
7	Liana Gaudreau	1551	27:39
8	Linda McCluskie	1549	28:41
9	Lori Kadagies	1493	29:09
10	Ashley Osborn	1517	29:14
11	Lindsey Bosma	1380	29:17
12	Jennifer Dowle	1544	30:04
13	Brenda Philip	1520	30:14
14	Lindsay Oliver	1516	30:33
15	Kate Amangoulova	852	30:53
16	Nicole Cawanough	1561	30:53
17	Kristen Ginther	1485	31:05
18	sharon tribe	1531	31:15
19	Rebecca Piffer	1554	31:29
20	Pam Kempes	1545	31:42
21	Zuzana Gaudreau	1552	31:45
22	Claire Badali	1353	32:17
23	Amber Brown	1387	32:39
24	Britt Robinson	1523	32:58
25	Celina Austin	1319	33:00
26	Lalli Neetu	1558	33:04
27	Cortnee Billon	1364	33:04
28	Rhonda Marshall	1508	33:05
29	Amy Brumby	1396	33:08
30	Heidi Hanscom	1486	33:37
31	Barbara Brine	1383	34:09
32	Clare Materi	1563	34:21
33	Stacey Lovey	1504	34:23
34	Amanda LaBoucane	1498	34:53
35	Sandra Sayer	1526	35:10
36	Hannah Deckert	1414	35:11
37	Amanda Blaquiere	1376	35:14
38	Lisa Kurenoff	1496	35:19
39	Ashleigh Hillier	1489	35:43
40	Olivia Rabb	1522	35:44
41	Maritza Lopez	1503	36:01
42	Jessica May	1509	36:03
43	Carina May	1510	36:04
44	Cori Kay	1494	36:14
45	Angela Boulton	1381	36:24
46	Julie Dippenaar	1417	36:53
47	Heather Mcleod	1512	37:25

Race Date

October 14, 2018

MEC LANGLEY RACE FOUR: 5K/10K/21.1K

Overall Finish List

	5 k Run		Female
Overall	Name	Bib No	Time
48	Amanda Stephen	1530	37:28
49	Elizabeth Cousar	1400	37:34
50	Pinita Mondgil	1559	37:51
51	Taylor Walker	1550	39:06
52	Jill Anderson	897	39:29
53	Daniella Magaw	1506	40:52
54	Heather Brown	1384	41:54
55	Tiffany Chesley	1399	42:52
56	Leah Douglas	1427	43:19
57	Lily Douglas	1425	43:20
58	Avery Douglas	1429	43:21
59	Karen Moraes	1514	46:17
60	Christina Ledenko	1501	47:09
61	Anneliese Ledenko	1500	47:10
62	Virginia Jacob	1490	47:46
63	Anna Fenyo	1557	54:24
DQ	Michelle Wootton	1538	---

Race Date

October 14, 2018

MEC LANGLEY RACE FOUR: 5K/10K/21.1K

Overall Finish List

		5 k Run	Male
Overall	Name	Bib No	Time
1	Tyler Cinther	1566	17:12
2	Brodie Elder	1443	17:27
3	Shuntao Cai	1398	19:11
4	Adam Drake	1430	19:22
5	Brian Michels	1513	19:24
6	Coborn BLACK	1372	19:35
7	Riley Rykhoff	1525	23:51
8	Niklas Davey	1410	25:54
9	Christopher Lay	1543	26:14
10	Rose Marie Kossowan	1495	27:17
11	Brad MacDonald	1548	28:41
12	Chris Walker	1562	29:07
13	Steve Roy	1524	29:07
14	Andrew Brumby	1553	29:14
15	Marcus Amangoulov	590	29:45
16	Lance Wu	1539	29:51
17	Felix Wu	1540	29:51
18	Paul Richardson	1555	29:53
19	Cameron Moraes	1560	30:41
20	Jordan Brown	1392	32:39
21	David Deckert	1416	35:09
22	Gord Kurenoff	1497	35:18
23	Brandon Morales	1515	36:02
24	Mike Magaw	1507	40:51
25	Trent Lukey	1505	45:38
26	William Fenyo	1556	54:24

MEC LANGLEY RACE FOUR: 5K/10K/21.1K

Race Date

October 14, 2018

Overall Finish List**21.1k****Female**

<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Time</u>
1	Sherilyn Swayne	27560	1:40:36
2	Sherri Todd	27565	1:44:10
3	Ali Hamilton	9453	1:45:00
4	Michelle Allaire	27580	1:45:03
5	Jessica Bryce	9411	1:45:52
6	Jessica Coultr	27583	1:47:09
7	Savannah Carate	9414	1:49:11
8	Jenelle Fenty	9436	1:49:28
9	Kirsten Thingvold	27563	1:51:08
10	Charlene Howard	9458	1:51:50
11	Heike Walker	27568	1:52:22
12	Jennifer Friesen	9440	1:53:00
13	Gillian Laing	9475	1:53:07
14	erin sandford	27554	1:55:30
15	Aimee Corrigan	27575	1:56:19
16	Leigh Kjekstad	9472	1:58:34
17	Brenie Clamer	9417	2:01:18
18	Shauna Clark	9419	2:01:30
19	Alison Green	9452	2:01:42
20	Jeannette Gehrke	9446	2:03:47
21	MAGDALENA SLAPINSKI	27557	2:04:02
22	Aman Basra	9404	2:04:05
23	Laurie Brookbank	9410	2:08:14
24	Kayla Countryman	27581	2:09:17
25	Betty Tran	27582	2:09:18
26	Kari Wiens	27571	2:11:01
27	Anju Chhokar	9416	2:13:52
28	Cheryl Butler	9413	2:14:21
29	Joanne Turnbull	27566	2:14:25
30	Monica Quinaluisa	9498	2:15:37
31	Chris Kirkpatrick	9471	2:17:12
32	Gillian Aubie Vines	9403	2:19:20
33	Heather De Forest	9425	2:19:20
34	Angie Walsh	27569	2:19:22
35	Brenna Kanski	9464	2:19:34
36	Sarah Burns	9412	2:20:19
37	Natalie Pullman	9497	2:20:58
38	Kelly DuByne	9431	2:23:14
39	Angela Hardbattle	9454	2:32:22
40	Carolyn Bennett	9405	2:57:28

MEC LANGLEY RACE FOUR: 5K/10K/21.1K

Race Date

October 14, 2018

Overall Finish List**21.1k****Male**

<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Time</u>
1	Adam Finley	9437	1:24:57
2	Wesley Aslin	9402	1:25:30
3	Joey Gabrick	9442	1:26:41
4	Ryan Partington	9490	1:31:14
5	Samuel Lazar	9476	1:31:45
6	Doug Thorpe	27564	1:31:49
7	Tristan Helms	9456	1:34:30
8	Ian Penney	9494	1:35:54
9	Bryan Stolth	27559	1:40:26
10	Stephane Gaudreau	27577	1:40:59
11	Brian Ronn	27551	1:41:24
12	Kevin Kidd	9469	1:44:24
13	Jas Gill	9448	1:44:38
14	L@wrence Bern@les	9406	1:44:40
15	Matthew Gabrick	9443	1:45:10
16	Peter Pauli	9492	1:46:52
17	dan Cook	9422	1:50:25
18	Ninder Dhaliwal	9427	1:50:39
19	Dusty Diack	9428	1:51:44
20	Vinzenz Uebelhardt	27567	1:51:52
21	Trevor Friesen	9439	1:52:59
22	Roger Antoniazzi	27574	1:53:02
23	Don Clark	9418	1:53:23
24	Manuel Garzitto	9445	1:53:24
25	lawrence sandford	27553	1:55:30
26	Harjinder Dhaliwal	9426	1:56:32
27	Kerry Mittleman	27578	1:58:59
28	Doug Young	27573	1:59:43
29	Glenn Rideout	9500	2:00:37
30	Tony Markin	9482	2:00:52
31	Sergio Garcia	9444	2:01:18
32	Gurpal Sekhon	27555	2:02:16
33	Doug Kavanagh	9465	2:02:56
34	Phillip March	9481	2:04:01
35	Chris Johnson	9462	2:04:28
36	Sarb Gill	9449	2:04:51
37	Scott Kavanagh	9466	2:06:46
38	Earl Friesen	9441	2:08:38
39	Ben Dippenaar	9429	2:14:14
40	Shiraz Kaba	9463	2:19:01
41	Dave McIntyre	9487	2:19:03
42	George Goodall	9451	2:19:27
43	Peter Wolfe	27572	2:21:29
44	Roger Roufousse	27576	2:35:14
45	Richard Maclachlan	27584	2:40:41
46	Cam Collins	9420	2:52:00
47	Guy Martel	9483	2:52:01

Race Date

October 14, 2018

MEC LANGLEY RACE FOUR: 5K/10K/21.1K

Overall Finish List

21.1k

Male

<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Time</u>
48	RAHMATH ALI BIN	9407	3:24:57