CASE Events Calendar - November 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5 Exercise Program Volleyball 3:45 Aerobic/Stretch 4:45	6	7 Exercise Program Volleyball 3:45 Aerobic/Stretch 4:45	8	9
10	11 Remembrance Day	12 Exercise Program Volleyball 3:45 Aerobic/Stretch 4:45	13	14 Exercise Program Volleyball 3:45 Aerobic/Stretch 4:45	15	16
17	Education Evening Live Safely and Longer in Your Home TFRC 7:00 PM	19 Exercise Program Volleyball 3:45 Aerobic/Stretch 4:45	20	21 Exercise Program Volleyball 3:45 Aerobic/Stretch 4:45	22	23
24	25 Board Meeting Bonnie Doon 9 a.m.	26 Exercise Program Volleyball 3:45 Aerobic/Stretch 4:45	27 Social Breakfast SEESA 9 a.m.	28 Exercise Program Volleyball 3:45 Aerobic/Stretch 4:45	29	30