

# Newsome High School - Lady Wolves Volleyball's

# LAST BLAST CAMP 2023

**JULY 24-27**

## VOLLEYBALL SKILLS AND ENDURANCE

Join the Newsome High School volleyball team and staff for an end of summer opportunity to learn and improve your general volleyball skills in an environment of inclusion, sportsmanship, and fun. Participants will learn, and then apply the basic techniques of volleyball in game-like situations while also employing methods to condition and strengthen themselves for athletics in general. All campers receive an exclusive Last Blast Camp t-shirt.

**BOTH GIRLS & BOYS ENTERING GRADES FOUR THROUGH NINE MAY PARTICIPATE**

This Monday through Thursday camp will be conducted in the Newsome High School Gymnasium for players entering 4th through 9th grades this August. Campers will be organized by skill level and frequently evaluated to ensure placement in an age/skill group that best fosters their learning.

**THE COST IS \$95 PER CAMPER**

**REGISTER ONLINE!** Registration can be completed online by visiting **[vbcamp.rocks/register](http://vbcamp.rocks/register)** to register and pay via Zelle or Venmo.

Alternatively, the registration form below can be completed and, along with check payment, dropped off or mailed to the school at:

**Newsome High School  
ATTN: Volleyball Camp  
16550 Fishhawk Blvd  
Lithia, FL 33547**

Be sure to include your email address to receive confirmation of registration. Questions can be emailed to [CoachMike@NewsomeVolleyball.com](mailto:CoachMike@NewsomeVolleyball.com) and additional information can be found on our team website or by visiting [vbcamp.rocks/info](http://vbcamp.rocks/info).

REGISTRATION AND PAYMENT CAN BE COMPLETED ELECTRONICALLY BY VISITING:

**[vbcamp.rocks/register](http://vbcamp.rocks/register)**

Camper Name:	Entering Grade:	Entering School:				
Parent Name:	Parent Email:					
Parent Cell #:	T-Shirt Size (circle):    YM    YL    S    M    L    XL					
Camp Dates and Times:	July 24-27    1pm-5pm    Campers Entering 4 <sup>th</sup> through 9 <sup>th</sup> grades					

### Medical Release

*The camp instructors will take every precaution necessary to prevent injuries, however, there is a possibility that campers can be injured during drills or game situations. By signing below, I understand that as the parent/guardian I will be responsible for injuries sustained during camp.*

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date