



Crusader Volleyball Camp

July 23, 24, 26 & 27, 2018

Ages: 8-18

4:30pm – 7:00 pm

Cost per Participant

\$65.00

Head Coach - free*

Cost will cover registration, equipment, prizes, camp t-shirt, etc. for campers. Participants need to be registered by June 1st. Fees are fully refundable before June 1st; after this date, a refund may be issued for \$35.00. We cannot guarantee a t-shirt for a camper registered after June 1st.

Meet Our Trainer: Mrs. Barbara Beckelhimer

Barb played high school volleyball at Seton High School where her team won the Ohio State Championship two years in a row (runner-up Sophomore year). She went on to play at the University of Tennessee for one year, then transferred to the University of Cincinnati and played three more years. She was team MVP for two seasons as a Bearcat. Barb coached at Seton High School from 1990-1995, taking her team to the Regional finals two years in a row. She has coached CYO volleyball teams at St. Susanna and St. Margaret of York. Barb has also coached Club Hawk 10's and 11's club team. She is also an OHSAA volleyball official. Barb has been our Crusader Volleyball Camp trainer for the past three years.

Our Objective:

To receive solid instruction and to improve basic skills needed for volleyball through training in a fun, uplifting, Christian environment. Participants will be evaluated and grouped according to their skill level and/or positions. Coaches will be able to take notes and assist the trainer in drills and exercises which they can implement in their upcoming season.

Girls Dress Code

- Loose-fitting athletic shorts (must be knee length)
- T-shirt (high necklines, no tank tops)
- Athletic shoes

All players must go by EBCS dress code.



Crusader Basketball Camp

July 9, 10, 12 & 13

Ages: 7-18

4:30pm – 7:00 pm

What to Bring:

Participants

- Knee Pads
- Water Bottle or Sports Drink (1 liter is preferred)
- Insurance card (first night only – for registration purposes)

Coaches

- Notepad
- Pen
- Medical Forms for participants
- Copies of Registration papers

There will be no seating available during camp, because of this, anyone other than participants and coaches will not be permitted in the gymnasium. Parents may drop-off students at the camp 15 minutes before camp to begin warming up and may pick up students at the camp ending time.

Due to religious convictions, if a camper must wear a skirt, we ask that they wear shorts or spandex underneath their skirts. By doing this, all girls will remain modest while doing drills.

*Coaches are required to have all students fill out a medical history form. Coaches are responsible for keeping these forms throughout the week in case of an emergency situation during camp. One head coach per team is free during camp; any additional coaches or assistant coaches must pay the participant fee.