



Workers'  
Compensation  
Board

Commission  
des accidents  
du travail

Document  
Number 02-03-03

Operational  
Policy

Section  
Claim Classification

Subject  
Lost Time Claims

**General Usual  
Healing Times**

**Soft Tissue Injuries**

All soft tissue injuries 3 months  
Menisceal damage - knee 3 months  
Herniated disc - conservative treatment 3 months

**Fractures**

Complex facial fractures 4-6 months  
Upper limb 3-6 months  
Hand fractures 3-6 months  
Simple, vertebral, body compression all levels 3-6 months  
Spine fractures/dislocations 6 months  
Pelvis - no reduction 3 months  
Pelvis - with reduction 12 months  
Femur and hip fractures 6-12 months  
Tibial fractures 6-9 months  
Other lower limb and foot fractures 3-6 months  
Complex and/or complicated fractures 6 months  
Fractures dislocations of major joints  
(including wrist and ankle) 6 months

**Infections**

Osteomyelitis 4-8 months

**Injuries to Nervous System**

Peripheral nerve injuries 3-12 months  
Minor head injuries 3 months  
Brain injuries with persisting neurological deficit 1 year  
Spinal cord and cauda equina injuries 1 year

**Post-Surgical  
Recovery Times**

**Shoulder**

Acromioplasty 3-6 months  
Rotator cuff repair 6 months

**Knee**

Arthroscopy -diagnostic 1 week  
-operative 6 weeks  
Arthrotomy 3 months  
Ligament repair 3-6 months

**Ankle**

Ligament repair 3-6 months

**Spine**

Herniated disc -operative 3 months  
Spinal fusion -single level 3 months  
-multiple 6 months  
Spinal stenosis decompression -single level 3 months  
-multiple level 6 months

**Nervous System**

Major nerve repair 6-12 months  
Minor nerve repair 4-5 months  
Carpel tunnel or other nerve release 3 months

**Tendon**

Flexor tendon repair or tendon transfer 3-6 months  
Extensor tendon repair 3 months  
Tendon release 3 months

**Amputations**

**Reconstruction**

Digital re-implantation 6-9 months