

## How You Can Help

Contribute non-perishable food, including:

- |                   |          |
|-------------------|----------|
| Mac & Cheese      | Noodles  |
| Peanut Butter     | Soup     |
| Tuna Fish         | Cereal   |
| Instant Potatoes  | Rice     |
| Canned Fruit      | Jell-O   |
| Canned Vegetables | Sugar    |
| Spaghetti Sauce   | Coffee   |
| Hamburger Helper  | Crackers |

We also accept paper products (toilet paper, paper towels) and personal care products (toothpaste, shampoo, bar soap, deodorant, etc).

Contact Information:

Phone: (815) 875-6064

[www.tcochelps.org](http://www.tcochelps.org)



Tri-County Opportunities Council

## BUREAU COUNTY FOD PANTRY

*Meeting The Food Needs Of Our Community*

**1019 N. MAIN STREET  
PRINCETON, ILLINOIS**



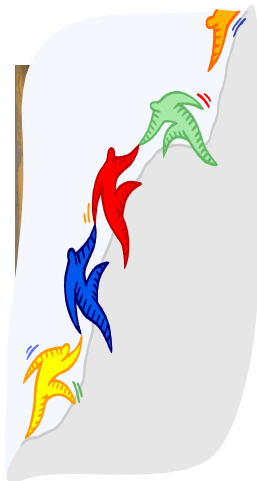
# Food Pantry Purpose

The Bureau County Food Pantry has been in existence for many years. In the past, the food pantry was managed through local church congregations.

About 11 years ago, management of the food pantry was turned over to Tri-County Opportunities Council.

The pantry now helps a monthly average of 127 households or 315 individuals living in 10 cities in Bureau County.

The purpose of the pantry is to provide emergency food assistance to people who are experiencing emergency circumstances and do not have enough money to meet their basic food needs.



Food is provided once per month with special holiday baskets provided at Thanksgiving and Easter. Christmas baskets are provided by the Elks with referral from the food pantry.

Potential clients are required to complete basic intake information. Emergency Food Program Income Guidelines from the State of Illinois Dept. Of Human Services are shared with all families and individuals. Income is not verified.

## FOOD PANTRY HOURS

Food Pick-Up Hours:

Monday, Wednesday, & Friday 9:00-11:30

## TOWNS SERVED

Dover, Kasbeer, Malden, Manlius, New Bedford, Ohio, Princeton, Tampico, Tiskilwa, Van Orin

**DONATIONS ACCEPTED  
MONDAY-FRIDAY  
8:00 a.m.-4:30 p.m.**

Financial contributions can be mailed to:

Bureau County Food Pantry  
1019 N. Main St.  
Princeton, IL 61356

