

The Country Pool Club
PO Box 173 Crosswicks, NJ 08515

RULES AND REGULATIONS

The following rules have been established to ensure safety and sanitary operation of the pool facilities in accordance with NJ Public Recreational Bathing Statute N.J.A.C. 8:26.

THE GOLDEN RULE

The lifeguard is in charge. Everyone at the pool must obey their instructions without argument. This is for the safety of every member and guest. If you have a disagreement with a guard, please contact the Board of Trustees.

SECTION A: POOL USE

1. Hours of operation will be posted on the front bulletin board and are subject to change.
2. No one is permitted in the pools unless a lifeguard is on duty.
3. Half of the pool will be open when one lifeguard is on duty. The whole pool will be open when two lifeguards are on duty. When one lifeguard is on duty, the diving well will be closed.
4. Members cannot use the main pool, or wading pool, during swim team practice or swim meets.
5. The pool may be closed by the CPO or a Board Member at his/her discretion due to water quality, water clarity, or weather conditions.
 - a. The closure will be posted on social media. Best effort will be made to promptly email/text members to alert them of the closure.
 - b. The pools will be closed for a minimum of 30 minutes after each occurrence of lightning or thunder.

SECTION B: MEMBER OBLIGATIONS

1. The club is a family establishment. All members and their children must be kind and respectful of other people and their property.
 - a. Spitting, loud, foul, vile, or abusive language is prohibited. Offenders may be asked to leave the pool grounds at the discretion of the lifeguard.
2. Members are expected to clean up after themselves and take pride in the property.
3. The cost of property damage will be charged to the responsible member.

SECTION C: RULES OF CONDUCT

1. ENTERING & EXITING THE PROPERTY

- a. Parking is permitted between the clubhouse and the road. Please drive slowly upon entering/exiting the property.
- b. Adult members, at all times, **MUST** sign the register prior to admittance and must indicate the number of guests with them. When signing in, the member's name must be clearly written. Members **MUST** also sign out.

2. GUESTS:

- a. Every member must sign in him/herself along with the number of all sponsored guests.

- b. The sponsoring member is responsible for the guest and they must abide by all club rules. The sponsoring member is liable for their guests and any damages they may cause.
- c. Members are restricted to no more than 5 guests per visit.
- d. If you would like to bring more guests than the maximum number, you may complete a party request form and/or contact the board to receive approval on a case-by-case basis.
- e. Members must remain at the club at all times while their guests are present.

3. CHILDREN

- a. Adults must be completely in the water at arm's reach with any child who cannot stand in the 3-foot area or who requires the use of "swimmies" or other floatation device.
- b. Even when lifeguards are on duty, parents must watch their children and be responsible for them at all times.
- c. Qualified swimmers, as defined in Section C.3.f, over the age of 15 years but less than 18 years of age, may be unaccompanied to the pool provided written permission by the parents submitted to the board.
- d. All member/non-member children under the age of 15 years must be accompanied to the pool at all times by a responsible adult or a duly qualified sitter. A sitter must be 16 years of age, a responsible person, and present written notification of employment for the consent of the board.
- e. All parents dropping off or sending children are required to make sure that there is a lifeguard on duty and that there is no objection of the lifeguard to the children.
- f. Qualified swimmers must:
 - Be able to swim the length of the pool without the use of a flotation device.
 - Remain afloat for a period of three minutes.

4. FOOD AND DRINKING

- a. Members are permitted to bring their own food to the club or order food to be delivered to the club.
- b. Food and refreshments may be consumed only in the grass areas or in the clubhouse. NO FOOD IS ALLOWED IN THE LARGE POOL OR WADING POOL INCLUDING CONCRETE APRON AREAS AROUND THE POOLS
- c. NO GLASS on the property. With the exception of eyeglasses, glass is prohibited in any shape or form including baby bottles. If broken glass gets into the pool, the entire pool will need to be drained.
- d. The refrigerator is for member convenience. If you use the refrigerator, please label your items and only consume what is yours. Do not leave food in the refrigerator longer than 24 hours.
- e. The grill is for member convenience. Please clean up after you use it. Never leave a hot grill unattended.
- f. Dispose of all garbage and recyclables into their proper receptacles. If needed, empty full trash cans into the large garbage receptacles.

5. ALCOHOL & DRUG USE:

- a. Controlled substances, narcotics, vaporizers, and e-cigarettes are prohibited from the club property (with the exception of prescription medications.)

- b. No one is permitted on the club property while under the influence of narcotics or controlled substances.
- c. No visible alcohol containers are permitted.
- d. Visibly intoxicated individuals are not permitted in the pool and will be asked to leave the property.

6. BATHROOMS & SHOWERS

- a. Members are expected to maintain proper hygiene in the use of the bathrooms.
- b. Disposing of paper towels or feminine products in the toilets is prohibited.

7. WADING POOL:

- a. The use of the wading pool is limited to children under 5 years old, attended by an adult.
- b. The wading pool is not under the supervision of the lifeguard.
- c. Parents must always accompany children in the wading pool area and are solely responsible for the safety of their children.

8. POOL BEHAVIOR:

- a. The pool is for everyone to use. Please be aware of your surroundings when playing games in the pool. Be cognizant of our very young members and our older members.
- b. Running, pushing, wrestling, dunking, sitting on another person's shoulders in or about the pool area is prohibited.
- c. Water toys and ball playing is strictly limited to times when few members are present. The lifeguard may restrict water toys or ball playing at any time to ensure the safety of members and members' enjoyment of the facility.
- d. WATER GUNS AND SQUIRTING TOYS ARE STRICTLY PROHIBITED.
- e. Rafts and floating devices may be used in the shallow end only. The lifeguard may restrict the use of rafts and floating devices during times when many swimmers are present if it impedes their ability to properly view the pool and pool floor.
- f. The pool deck/concrete apron around the pool must be clear at all times.

9. LIFEGUARDS:

- a. The lifeguard may clear the pool, as needed, to check water quality, attend to an injured member, or to take a legally mandated employment break.
- b. The Lifeguard Chair is to be used only by the lifeguard.
- c. Do not distract or socialize with lifeguards while they are on duty.

10. DEEP END & DIVING BOARD:

- a. Only qualified swimmers are allowed in the deep end. Lifeguards have the right to perform a swimming qualification test with any member or guest.
 - Qualified swimmers must:
 - 1. Be able to swim across the shallow end of the pool without the use of a flotation device without stopping or standing.
 - 2. Remain afloat, or tread water, for a period of one minute.
- b. No running on the diving board.
- c. No flotation devices are allowed in the deep end or on the diving board.
- d. The diving board/deep end may be closed by the lifeguard on crowded days or when the safety of members is impacted.
- e. Only one diver on the board at all times.
- f. The diver must wait until the diving area is clear before jumping.
- g. Only one bounce per dive is permitted.

- h. Diver must jump straight off the board, not off to the side and must swim to the side of the pool or ladder.
- i. Tossing a ball to a diver while they jump straight off the board is allowed.
- j. No hanging on any part of the diving board.

11. HYGIENE & ATTIRE

- a. Disposable diapers are not allowed in the large or baby pool. Infants must wear swim diapers.
- b. Persons suffering communicable illnesses, skin diseases, fungus infections, sore or inflamed eyes, excessive sunburn, open blisters, cuts, bandages, nasal or ear discharges, eye, ear, nose or throat infections are prohibited from using the pool or locker room facilities.
- c. Spitting and blowing of nose in the pool is prohibited.
- d. No animals, except for service animals, shall be allowed in the facility or pools.
- e. Proper bathing attire is required. Cutoff type garments with loose fibers are not permitted.
- f. Wetsuits are prohibited unless authorized by the board for repairs and maintenance.

12. POOL PARTIES

- a. Bond members are permitted to host pool parties at the club. Alumni members may get permission to host pool parties, but may incur an additional fee.
- b. An application must be submitted at least 2 weeks in advance of the party. Each application must be approved by the board.
- c. No parties will be permitted during peak hours when many members are using the club.
- d. For children's parties, adult supervision must be provided at a rate of one adult for every five children.
- e. The party guest fees will be charge to you by the end of the season. The party guest fees will be stated on the party request form.
- f. The member hosting the party is responsible and liable for all guests and damages they may cause.
- g. Members are responsible for cleaning up the party area after the party.

13. INFRACTIONS & VIOLATIONS:

- a. Rules and regulation violations will subject the member to disciplinary action in accordance with the By-Laws.
- b. Potential consequences that may be imposed due to minor infractions of rules:
 - Warning and review of rules.
 - Five minute break on the side of the pool for the first infraction.
 - 10 minute break on the side of the pool for the second infraction
 - Suspension of pool privileges for the day for the third infraction.

14. MISCELLANEOUS

- a. The club will not be responsible for the loss or damage to personal property.
- b. All complaints should be made in writing and/or emailed to thecountrypool@gmail.com or mailed to The Country Pool Club, PO Box 173, Crosswicks, NJ 08515.
- c. The rules and regulations will be posted on the pool bulletin board.
- d. The rules may be revised or the board may establish additional rules at any time.
- e. Any rule herein as shall cause any shareholder undue hardship by strict enforcement, may be relaxed by the Board of Trustees upon application for such

consideration. The Board shall give consideration to the circumstances of the hardship and shall specifically set forth in writing the extent and duration of any rule to be relaxed for the applying shareholder.

15. **BATHER RULES ADOPTED BY THE STATE OF NEW JERSEY:** The following rules have been adopted by the State of NJ. We are required to post, include, and adopt these rules into the Country Pool Club Official "Rules and Regulations" documentation.

§ 8:26-5.4 Bather rules for swimming pools, wading pools, hot tubs and spas

(a) The owner or operator shall conspicuously post rules governing admission, bathing, hours of operation, and conduct of patrons. The posting shall include the following language:

1. Any person showing evidence of any communicable skin disease, sore or inflamed eyes, cold, nasal or ear discharges, or any other communicable disease shall be denied admission.
2. Any person with excessive sunburn, open blisters, cuts, or bandages shall be denied admission.
3. Do not enter the water if you are experiencing or recovering from diarrhea or have had any signs or symptoms of a gastrointestinal (stomach) disease in the past seven days.
4. All children in diapers must wear diapers specially designed for immersion in water (such as swimming diapers). Do not wash out soiled diapers in the bathing water.
5. Children should be encouraged to use the restroom before entering the water. Immediately report any "accidents" you observe in the bathing waters to a lifeguard.
6. No animals, except for service animals, shall be allowed in the swimming pool, wading pool, hot tub, or spa area, dressing rooms, or other parts of the enclosure.
7. Glass containers shall be prohibited in food and drink areas.
8. All persons shall shower before entering the water.
9. Conduct which endangers the safety and comfort of others shall be prohibited.
10. Outdoor bathing shall be prohibited during an electrical storm.
11. Persons suspected of being under the influence of drugs or alcohol shall be prohibited from entering the water."

(b) Policies and procedures regarding water toys and floating devices shall be established to ensure a safe bathing environment and shall be included in the Aquatics Facility Plan.

Originally adopted: August 28, 1959

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