



**Practitioner Education Associates, LLC**

**Suturing Skills Procedure Conference (\$299)**

**Newport Beach, CA**

**Saturday, June 8, 2019**

**Sat June 8, 2019**

7:30 AM - 8:00 AM – Sign in at Registration

8:00 AM - 11:00 AM – Conference – Suturing Procedures: The Basics

Includes wound evaluation & preparation, length and depth of lacerations needing repair, Clean versus contaminated, Foreign body identification methods, Wound cleansing and irrigation, Practical Suture Hints, Instruments, Positioning, Lighting, Comfort for you and patient, Local anesthesia, Types of local anesthetics, Topical anesthesia, Reducing pain with infiltration, Epinephrine considerations, Alternative strategies; allergies, Vapocoolant spray, Digital Blocks – Traditional & Transthecal methods, Field blocks, Suture material choices and selection, Absorbable & Non-absorbable, Size & type, Tensile strength, Needle size and selection, Suturing techniques, Wound eversion, Best cosmetic results, Skin tension lines, Knot security, Surgeon's knot, Suturing instruments & instrument tying, Simple interrupted suturing, Other methods of closure, Staples insertion and removal, Tissue adhesives, Steri-strips, Special considerations, Dog bite lacerations, Through and through lacerations of mouth, Charting templates, Simple interrupted sutures, Demonstration & practice

11:00 AM – 12 Noon – Box Lunch provided by PEA

12:00 Noon – 3:00 PM – Conference – Suturing Procedures: Beyond the Basics

Includes assessment of more complex lacerations, Regional blocks, Forehead Anesthesia, Infraorbital nerve block, Mental nerve block, Ear block, Beyond Basic Suturing Techniques, Vertical mattress, Horizontal mattress, Corner stitch, Simple continuous/running suture, Buried knot, Nail bed lacerations, Dog ear lacerations, Suturing through nail, Nail bed removal, After care, Suture removal, Demonstration and practice

**Conference Center, Building 44, Hoag Hospital**

One Hoag Drive, Newport Beach, CA 92658-6100

**Coordinating Instructor:** Denise Ramponi, DNP, FNP-C, ENP-BC, FAANP, FAEN

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“This activity is submitted for **6.0 contact hour(s) of continuing education** by the American Association of Nurse Practitioners. This activity was planned in accordance with AANP CE Standards and Policies.”