



SOON AFTER THEY HAD SETTLED into their first suburban cave, Mrs. Thuk allowed her husband a night out with his buddy, Nuk. During their evening, Nuk became enthralled with a pretty little cave girl (appropriately named Loana) & began talking her up. Thuk suddenly saw a saber-tooth tiger, looking for a midnight snack. Lacking language, Thuk's grunts were dismissed by his friend, who thought Thuk just wanted to go home. A panicked Thuk grabbed his club & thwacked his buddy on the head. Nuk saw the tiger, swept the future Mrs. Nuk into his arms & raced to safety. Thuk realized his club was a form of communication, because first you have to get their attention!

COMMUNICATION TOOLS: Effective communication is an art! There are dozens of theories (with names like bow-wow, ding-dong, cuckoo, pooh-pooh, ta-ta, etc.) as to how language developed. Most theorists feel language developed when humans attempted to imitate the sounds of animals & nature, learning the resonance of their own 'voice.' Written cuneiform & hieroglyphics developed in Mesopotamia & Egypt in the 4th millennium B.C. The first alphabets appeared in 1800 B.C. in Egypt & 1200 B.C. in China. From that point forward, with the development of paper to the printing press, telegraphs & telephones to mass communication with radio, television & the internet, effective communication has been the basis for the formation of our societies & communities. Psychologist Rollo May wrote, "Communication leads to community, that is, to understanding, intimacy & mutual valuing." And while it took 600K words to write classic novels such as Les Misérables, Atlas Shrugged & War & Peace; two of the most important, brilliant & significant documents in the history of humankind were short, sweet & to the point. Our Declaration of Independence is a mere 1320 words long & Lincoln's Gettysburg Address only 275 words! This would please Pythagoras, who said, "Do not say a little in many words but a great deal in a few." Social media & texting force us to be concise. Emerging young brands, to tell their story to consumers & especially to potential investors, need to be concise while still building that 'mutual valuing' Dr. May describes! Emerging brands need their own club, a tool that gets investors' attention. Then they need to thoughtfully communicate the right words, pictures, presentations & data to begin to build relationships. Mark Twain said, "The difference between the right word & the almost right word is the difference between lightning & a lightning bug." Choose the right words & methods to communicate your message, for as George Bernard Shaw said, "The single biggest problem in communication is the illusion that it has taken place!"

INDUSTRY NEWS: Olipop raised \$10M from current investors Monogram Capital Partners, Rocana Capital, Finn Capital Partners, Boulder Food Group, Collaborative Fund & first-time investor Döhler Ventures. AgTech food company Cooks Ventures raised \$4M from Golden West Food Group. Thistle, who makes & delivers fresh, plant-based meals, completed a \$5.65M round led by PowerPlant Ventures. Personalized guided healthy meal app Kaigo raised \$3M that included the founder of MyFitnessPal & Micromanagement Ventures. Lakeview Capital acquired Mochi Ice Cream from Century Park Capital Partners. GrubMarket acquired Organic Harvest Network, helping farmers with crop planning, sales, marketing, logistics & distribution connections. The Alkaline Water Company terminated the proposed acquisition of bottled water maker AQUAhydrate. Unilever is considering selling its tea business, including Lipton, Tazo & Pukka teas, due to sliding demand. Animal-free dairy protein company Perfect Day is expanding its product reach & may be considering an IPO.

Coca-Cola met 4th QTR earnings expectations on strong sales of its core products. Hershey finished a strong year with small increases in sales & adjusted EPS during 4th QTR. J&J Snack Foods saw a 3% net income drop on a 4% sales increase in 4th QTR. Mondelez finished 4th QTR on flat adjusted earnings as sales grew 2.1%. Lancaster Colony will focus on its core businesses & cost management as net income fell 9% & sales rose 1.5% in 2nd QTR. Amazon beat 4th QTR estimates with net income up 8% to \$3.3B & net sales up 21% to \$87.4.B. Whole Foods grocery sales dropped 1% but online grocery orders doubled. Grocery Outlet saw sales, comps & earnings rise in 4th QTR.

Kroger is piloting a program for physicians to write food prescriptions that patients fill. Albertsons is relaunching it Plated meal-kits. Amazon Go will begin to offer hot foods & a soda fountain. Earth Fare, unable to refinance its debt, will close all of its stores & its corporate office while looking to sell its remaining assets. Filing for bankruptcy, Lucky's Market's founders will buy 7 Lucky's stores as Aldi's, Publix, Southeastern Grocers & others will purchase the remaining stores. Instacart employees in Chicago have voted to unionize. KeHE Distributors will launch an incubator program to help grow promising, earlystage brands. Chipotle is launching a farmer focused accelerator program to support ventures that provide solutions to challenges faced by young farmers, including access to land, finance & labor. General Mills is collaborating with two dozen central Kansas winter wheat producers for a holistic, regenerative farming pilot program to improve water & soil quality. Motif FoodWorks & the University of Massachusetts Amherst will partner to improve the formulation process for plant-based proteins. Trader Joe's is launching plant-based Protein Patties burgers. Beyond Meat is testing a new more chicken-like KFC nugget, but Tim Horton's dropped the brand due to poor sales. Beyond Meat may be liable for \$628K of unpaid invoices to its former co-packer Don Lee Farms & several executives may be named in a food safety claim. Comments from the International Dairy Foods Association's annual conference suggests dairy manufacturers may be ready to add CBD to their products, ahead of FDA guidelines. Informa Markets has launched digital media Food & Beverage Insider to lead food & beverage brands through ideation, manufacturing & creating clean labels.

FMI & Nielsen raised their predictions for online food & beverage sales from \$100B to \$143B by 2025, which will be 30% of all omnichannel food & beverage sales. Eating one egg a day or less does not increase the risk of heart disease, according to researchers from Canada's Population Health Research Institute of McMaster University. A Gallup poll suggests 25% of Americans are eating less meat, opting for smaller portions of higher quality meat. In an IFIC study, consumers try plant-based meats out of curiosity, find it appealing because of its taste & 45% believe it is healthier than meat. Ireland-based Safefood found that a wide majority of gluten-free snacks were high in fat & sugar, quite different than customer expectations.

MARKET NEWS: Markets hit all-time records mid-week on positive economic & political news. The USMCA was signed into law, with expectation that Canada will soon follow. China reduced tariffs on \$75B worth of USA goods. Post Brexit, the UK announced it will slash tariffs on USA goods. ADP reported January private job creation in the USA was 291K, almost double expectations, while non-farm payrolls came in at 225K, blowing by estimates. Wages grew 3.1%. Manufacturing & service industry indexes, consumer confidence & home sales, all rose. Productivity came in at a 9-year high. In a 41-year annual poll from *Gallup*, a record high 90% of Americans are satisfied with their personal lives! A record 59% of people are optimistic about their personal finances while a record low of 20% are pessimistic.

SEEDS, SPROUTS, GROW, HARVEST!

THE LITCHFIELD FUND — Tom Malengo

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