

Walking Seat Equitation 3 Gait Adult and Youth

1. Cone A: Begin. Flatwalk down center line.
Midway between cone A and B
transition to running walk.
2. Halt at cone B. 90 degree turn to the left.
3. Execute a 4 loop serpentine back to cone A as follows:
*Canter Left lead first loop
*Flatwalk 2nd and 3rd loops
*Canter right lead 4th loop.
4. Flatwalk to cone C. Halt.
5. Back 5 steps. Wait to be
excused.

* Halt with shoulder at
cones

Canter left lead

Flatwalk

Running Walk

Flatwalk

Flatwalk

Canter right lead

