## SAFE WATER TIPS FROM HOUSTON COUNTY RESCUE

## Be the one to save a life this summer!

Remember these simple tips and share them with your friends,

Learn to swim, and swim well. A doggie paddle is just a start, and won't keep you afloat for long.		Always swim with a buddy. (It's safer and much more fun that way.)	
Stay within your skill level. And say, "No" when friends try to tease you into doing something that is dangerous.	ET Contra	Check the water before jumping inwatch for currents, rocks, and deep holes that might not be so easily seen from the surface.	
Never jump from unauthorized places: Bridges XXX Overpasses XXX		Going tubing or rafting? Go with a group; make sure folks on shore know where and when you are expected to exit the water; and take a phone (the waterproof kind ©)	
Identify marine life before jumping in. Be respectful, and avoid touching fish, mammals, rocks, and reefs.		Red flags at the beach mean <b>STOP</b> . NO SWIMMING! Rip currents can hurt the strongest swimmers.	

At HCRU, we know that things happen quickly on the water. Remember these tips, be safe, and have a great time!

