

# Welcome Dancers!

We are excited to have you as part of our dance program! This welcome packet is laid out in question and answer format to provide you with the information necessary for you and your dancer(s) to have a successful and enjoyable time with us at North Crest! If you have additional questions, please do not hesitate to ask one of our staff members. We want your dancer to love being in their class at North Crest!

## General Information:

### **What is North Crest Kids Activity Center's purpose?**

We exist to inspire kids to achieve their full potential in the disciplines of dance and gymnastics by providing quality programming, because we believe that kids can do amazing things when they have someone who believes in them unconditionally!

### **What is North Crest Kids Activity Center's goal?**

To promote physical, emotional, and social skills supporting the discovery of one's personal excellence.

### **What is Recreational Dance?**

Recreational dance at North Crest consists of our Ballet/Tap (Co-Ed), Jazz/Hip Hop (Co-Ed) & Tap/Hip Hop (Boy's only) classes. Recreational Dance is for dance students who enjoy dancing one or two times per week as an athletic or artistic hobby. It is a great opportunity for young students to develop listening and attention skills for school readiness while being active and engaged as well as an additional social outlet for your child.

### **What do I do if the class I am registered for is too easy or too hard?**

If you find that your child is in a class that doesn't compliment their needs, please let us know at our front desk or via email. We have several options and want to see your dancer(s) placed in the correct class!

### **Where do I go and who do I talk to if I have a question?**

**When you are at North Crest:** Our staff at the front desk would be happy to answer your questions about classes, payments, scheduling, facility closures and special events.

**If you are out and about:** The best way to reach us is by emailing us at [office@northcrestkids.com](mailto:office@northcrestkids.com). This allows our staff the time to get the most accurate answer for you. You can also call us at 320-251-3416.

**If you have questions specific to the Recreational Dance Program:** You can email our recreational Dance Director, Olivia at [dance@northcrestkids.com](mailto:dance@northcrestkids.com) or always feel free to bring questions to our front desk as well.

## **Dance Class Specific Information:**

### **What does my child need for dance class?**

Your dancer will need a small bin or bag of your choice to store their dance shoes in. This could be a plastic or cardboard box, a small backpack, sling sack or small duffel bag. They will also need a labeled plastic or metal water bottle (no glass please). We have a drinking fountain the kids can use, however this does take away from class time and is not recommended.

### **What clothing should my dancer wear to class each day?**

Please note for both boys and girls: tighter fitting athletic apparel that stretches with your dancer is always best. This allows the instructor to see a dancer's form and body position so that proper corrections can be made.

The following are all appropriate class-wear options: Leotard, compression/tight fitting t-shirt, tight-fitting tank top, shorts, leggings, ballet skirt, and convertible tights.

Please understand: We ask that midriff or tummies are always covered.

An annually themed class apparel (male & female options) will be available for a limited time with limited supply, so be sure to watch for communication as this is often a highlight for our students.

### **What shoes should my dancer wear to class?**

Ballet/Tap: Pink ballet shoes for girls, black ballet shoes for boys, and black tap shoes for both boys and girls.

Jazz/Hip Hop: Black jazz shoes and solid black tennis shoes with white soles.

Tap/Hip Hop: Black Tap Shoes and Black tennis shoes with white soles.

### **Where can I purchase dance attire?**

Our pro-shop sells a variety of shoes, clothing and other apparel items that will meet all of your class needs. This includes tights, leotards, shorts, compression shirts, athletic shorts, dance skirts, ballet shoes, jazz shoes, tap shoes and hip hop shoes. If you are in a Jazz/Hip Hop class, black tennis shoes with white soles can be purchased at many local and online stores. Please avoid shoes with any color on them as we want the shoes to be completely neutral. If you do not find what you need in our proshop, all shoes and many apparel options are available for order at very reasonable prices.

### **How should I prepare for class each day?**

Please bring your child to class in the proper attire, with a smiling face, and a pre-practice bathroom break. Please explain to your child that they can ask if they need to go to the bathroom, but it is best if they can go before or after their class, so they don't miss out on the fun or the instruction time!

### **Where can we put our shoes, coats, extra clothing, etc.?**

Street shoes are not allowed. Please make sure your belongings are together and with a parent or in the cubbies by the bathrooms. Please do not leave belongings in the main lobby or by the studio door.

### **How is dance class structured?**

All of our instructors follow a monthly lesson plan that includes stretching, technique, games, skills, and routines. Instructors will engage with all students in a positive and affirmative manner while giving them a quality dance education. The class will always begin with attendance, so please be on time. The class will always end with encouraging words, stickers, and parent communication (whenever possible)

### **I have a young dancer. What if they are nervous to leave me during class time?**

We handle this often. Do not be embarrassed; many children go through anxiety of some sort in a new environment. Let us help you! If you need to come inside the studio during the first or second week of class, please know you are welcome to sit by the back door and allow your child to sit near you or on your lap. We will include them gently until they are ready to fully participate. Don't feel you are wasting your time, our time or your child's time, we know that children still learn a great deal through observation. If you take the time to help ease your child into class, the benefits will be well worth it and your child will feel great about their accomplishment! Please note; we do ask that you remove street shoes prior to entering the studio.

### **What is my role as a parent or guardian to a dancer?**

To be their cheerleader! Encourage and support them through the process of learning to become a dancer. Watch their "shows" when they are eager to perform what they have learned in classes. Remember to join us on TeamApp, check your child's bin/bag for important handouts each week and keep an eye on your email for important announcements frequently; these are our primary sources of communication with parents and families.

## **Dance Performances:**

### **How many performances are there?**

At North Crest, dancers are encouraged to participate in two performances\*, one in the winter and one in the spring. Although, dancers are only expected to participate in the Spring Performance. All dances for the winter show are included in the curriculum we cover. Even if your dancer doesn't participate in the winter show they will learn the dances being performed. The spring performance rehearsal takes the place of your final class for the month of May and choreography is again included in the curriculum. All dancers should participate in the spring recital. Performance is a large part of dancing and many students thrive off of the idea of putting on a costume and getting in front of an audience.

\*It Takes 2 Pea dancers are only asked to participate in the spring recital. An adult over 18 is required to join them on stage.

### **What is the difference between the Winter and Spring performances?**

**The Winter Performance** is a dance production that features our Company North Crest Dancers. All recreational dance students are invited to perform as guests in two dances. All dancers in each style & level will dance together.

**Ex.** All Ballet/ Tap 1 classes will combine and dance on stage together for a separate ballet dance and a tap dance.

**The Spring Performance** is a dance show that highlights and showcases our Recreational Dancers. They will perform in three dance numbers at this show. We keep group numbers on stage to 12 so that all dancers are able to show off how special they are! Company North Crest will also perform several numbers; however, this show is focused on our recreational performers.

## **Additional Expenses:**

### **Costumes:**

**Winter Performance:** Should you choose to participate in the Winter Performance we will cover the cost. Our recreational dancers receive a colored leotard that is theirs to keep. North Crest has a set of tutus that the dancers wear while onstage. As we try to make this performance opportunity affordable for you, performance apparel is kept to something your dancer can continue to wear for dance or gymnastics.

**Spring Performance:** The price of the Spring Performance Costume and the Spring Performance t-shirt are not included in tuition. These are an additional cost paid for by you. Costumes are necessary to participate in the spring performance as well as to join your dance class for spring pictures. Costumes cost \$40 for It Takes 2 Pea's and \$60 for ballet/tap, jazz/hip hop and Boy's dancers. The Spring Performance shirt includes a show logo on the front, as well as the names of all participants on the back. Shirts cost \$15 to \$20 and order forms will be sent home as we approach the spring recital. These shirts will become treasured memories in your dancer's experience. If a dance show t-shirt is not purchased, you will be required to provide a blank shirt in the base color of the show t-shirts for the year.

### **Winter Performance Tickets:**

Tickets can be ordered at [www.paramountarts.org](http://www.paramountarts.org), prices and ticketing fees are determined by the Paramount Theater, however, they normally run between \$15 and \$18. Due to fire code, a ticket must be purchased for anyone entering the theater, this includes small children. Lap seating is not permitted per Paramount policy. No outside food or beverages are allowed. Flowers will be for sale (cash only) by the North Crest Performance Dance Club and the Paramount will be selling snacks and beverages.

### **Spring Performance Tickets:**

Information regarding the Spring Performance tickets will be released at a later date. Tickets for this performance typically run around \$15 depending on performance venue.

### **How do I order a copy of my dancer's performance?**

We do not allow flash photography or videography at either of our dance performances. Instead, we offer a professional recording on a flash drive. These usually run between \$25 and \$30 each. Prior to the show, you will receive an email and/or handout with ordering information.

## **Other Information**

### **When are dance pictures and what are our responsibilities?**

Dance pictures for the 2022-2023 season are April 17th-20th, 2022. Dancers will be taking class pictures in their spring performance costumes and will have the option for individual photos as well. Our pictures are done by The Camera Shop during your regular class, day and time. You will receive more information and order forms as the date gets closer. Please plan on arriving with your dancer in their costume at the beginning of your scheduled dance class time with hair and makeup as you feel appropriate. Dance classes will continue as normal following pictures.

### **What is awards week and why do we do it?**

It is our mission to have your family be a part of North Crest from the beginning of your child's dance career until the end. We like to recognize and celebrate each dancer for their completion of each season with us during the last week of class in May. Dancer's who are with us for 5, 10 and 15 years receive a commemorative trophy in lieu of their ribbon for the year.

## **What is Company North Crest?**

Pre-Company: Our preparation program that teaches the skills and techniques need to be successful future Company dancers. These dancers are selected by our instructors through our spring session as they participate in recreational classes. Recommendations are made based on talent, dedication, listening skills and a love for the art of dance. They are asked to do a trial audition class in late May to ensure that they will be a good fit for the program. Dancers are evaluated on their skills and attitude. They are then placed in groups accordingly. Placements of dancers are dependent upon the ability, desire, and age of the dancer. Pre-Company is made up of dancers age 5-8. Pre-Company groups are Broadway babies, who practice once a week and Showstoppers, who practice twice a week. Pre-Company dancers will have core class time weekly, which consists of ballet, tap, lyrical, hip hop and acrobatic dance.

Company North Crest: Our version of a performance-based, competitive dance program. Company is comprised of dancers age 7-18. These dancers have been selected through instructor recommendation &/or an audition process because of their talent, dedication, and love for the art of dance. Our dance year begins with placement auditions, for current Company dancers as well as for incoming Company prospects. These are held at the end of May. Dancers are evaluated on their skills, current technique level, listening skills and attitude. They are then placed in groups accordingly. Placements of dancer(s) are dependent upon the ability, desire, and age of the dancer.

Company core (Ballet) group names in progressive order are Debut, Premier, Junior, Senior and Elite. Pre-Pointe and Pointe are offered as an invite-only class. Company dancers have opportunities to train with us in a wide range of styles including, but not limited to; Jazz, Lyrical, Contemporary, Tap, Hip Hop and acrobatic dance. In progressive order these styles are split up into Novice, Intermediate, Advanced and Superior. Ballet and jazz classes are required at all levels and Tap is required through the Intermediate Level.

All Company dancers (not including Pre-Company) will participate in one group competition. Competition routines are usually announced in the fall. Advanced and Superior groups will participate in one additional group regional competition through the season. Solos, duets and trios are available to Company dancers who have been with us for 2+ years. These dancers have the option to compete in two or three competitions, dependent on placement level.

## **Important Dates for Recreational Dance 2022-2023**

**September 11th-** First day of school session recreational classes.

**October 20th-** MEA; classes will remain in session.

**October 29th-** North Crest Trunk or Treat & Open Gym, 1:00-3:00pm

**October 31st-** Halloween; classes will remain in session.

**November 11th-** Final Day for Winter Performance commitment.

**November 24th & 25th-** Thanksgiving; North Crest closed.

**November 25th-** Shop 'Til You Drop, A specialty PNO, 4:30-9:00pm  
Visit our website for more details.

**December 16th-** Recreational Winter Performance Rehearsal @ 5:00pm at North Crest

**December 23rd through January 1st-** Christmas & New Years; North Crest closed.

**January 2nd-** Classes resume.

**January 8th-** Recreational Winter Performance rehearsal @ 5:00pm at Paramount.

**January 9th-** Winter Performance at the Paramount.  
3:00pm Arrival time  
4:00pm Show time, Doors open at 3:30pm.

**April 7th through 9th-** Easter; North Crest closed.

**April 17th through 20th-** Picture Week; during regularly scheduled class times.

**May 8th through 11th-** Awards Week- Last Week of rec. Dance classes.

**May 19th-** Spring Performance Rehearsal. Venue and Times TBA.

**May 20th-** Spring Performance. Venue and Times TBA.

\*Be sure to look at TeamApp for inclement weather closings, updates to the above important dates as well as when our special events such as Parent's Night Out and Open Gyms are happening.

# **2023 Winter Dance Show Rehearsals- Due NOV. 11th**

Hello parents, this is the information regarding the winter dance performance.

Commitment for this show is required by November 11th.

We will be holding rehearsals for recreational dancers;

December 16th at North Crest,

As well as January 8th at the Paramount.

The performance will take place January 9th at the Paramount at 2:00pm

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## **December 16th: 5:00-7:00 PM at North Crest**

This rehearsal is MANDATORY.

They will need ballet & tap, jazz & hip hop or tap & hip hop shoes.

Dancers should come in athletic apparel that follows our dance dress code.

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## **Final Rehearsal January 8th:**

**Paramount Theater 5:00-7:00pm**

All dancers will be here from 10:30-2:30pm

This IS NOT a dress rehearsal.

They will need ballet & tap, jazz & hip hop or tap & hip hop shoes.

Dancers should come in athletic apparel that follows our dance dress code.

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## **Performance January 9th:**

**St Cloud Tech High School 4:00pm Show**

All dancers will arrive at 3:00pm

More info about costumes, hair, makeup and tickets  
will be released as we get closer to show day.

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**ATTENTION:** We are in search of parent volunteers for the show. As a volunteer you are asked to attend AT LEAST two of the three upcoming rehearsals at NorthCrest and the rehearsal at the venue, as well as show day. Show volunteers are asked to stay with the dancers through the entire performance, however they are able to watch their dancer from the side of the stage and should not purchase a ticket for the show.

Please let the front desk know if you are interested.

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## **2023 Recreational Winter Show Participation Form**

PLEASE DETACH AND TURN INTO THE FRONT DESK BY NOVEMBER 11TH.

Dancer's Name: \_\_\_\_\_

Class, Day & Time: \_\_\_\_\_

(if unsure of class name, please write down your dance teacher's name and day of the week)

\_\_\_ Yes, my dancer will be participating in the Winter Performance on January, 9th 2023

\_\_\_ No, my dancer will not be participating in the Winter Performance on January, 9th 2023

**\*\*The cost of costumes for this performance will be covered by North Crest.**

## **NORTH CREST DANCE STUDIO RULES:**

1. Dancer's need to wear tight fitting apparel with no midriiffs showing keeping in mind proper clothing if they are also attending gym classes.
2. Dancers need to stay with their instructors during class.
3. If a dancer's ride is not here when class is over, they should find their instructor to call their ride or to wait with until their ride arrives.
4. Be sure to use the restroom before class starts. If you do have to use the restroom, let your instructor know.
5. Only one dancer can leave the studio at a time, except in case of emergencies.
6. Please keep your hands to yourself.
7. No disrespectful or hurtful words are allowed in the studio.
8. It is best for the dancers when parents view class from outside of the studio.
9. We recommend bringing a water bottle to class.
10. Proper dance shoes should be brought into the studio in a bag or bin at the start of class. Instructors will help dancers change shoes (when applicable).
11. Only water is allowed in the dance studio. Food and other beverages need to stay with a Parent/Guardian.

## **Discipline Policy**

**1st Warning-** Verbal reminder will be given to the dancer.

**2nd Warning-** Dancer will be asked to sit out for 3 minutes, instructor will communicate with a parent/guardian after class.

**3rd Warning\*-** Dancer will be asked to take a break outside of the studio and will be welcomed back after they are able to reset their behavior.

They may be asked to sit behind our front desk if a parent/guardian is not in the lobby.

\* Reoccurring issues will result in an email communication with a request for

a parent/guardian to remain in the building for the next 30 days during classes.

## North Crest Recreational Dance Shoe Order Form 2022-2023

**Student Name:** \_\_\_\_\_ **Student Street Shoe Size:** \_\_\_\_\_

Phone: \_\_\_\_\_ Date of Order: \_\_\_\_\_

Class Day & Time: \_\_\_\_\_

Class Type:                      Ballet/Tap      Jazz/Hip Hop

<u>Shoe Type</u>	<u>Shoe Size to Order</u>	<u>Cost</u>
Pink Leather Ballet Shoe(girls) _____ (Child 5.5 - Adult 11)		\$16.00
Black Leather Ballet Shoe (boys) _____ (Child 5.5 - Adult 11)		\$16.00
Black Tie Tap Shoe _____ (Child 5.5 - Adult 10)		\$22.50
Black Jazz Shoe _____ (Child 10 - Adult 13)		\$27.50
Black Sequin Low-Top Sneaker _____ (Child 9 - 3, Adult 4 - 12) **NO HALF SIZES**		\$32.00
Convertible Tights (no tax) _____ Sizes: SC, IC, MC, LC, SA, MA, LA, XLA, XXLA, XXXLA Colors: Pink (Ballet/Tap) or Tan (Jazz/Hip Hop)		\$5.50
Short Sleeve Leotard (no tax) _____ Sizes: Toddler, XXSC, XSC, SC, IC, MC, LC, XLC, XSA, SA, MA, LA, XLA, XXLA Black, Ballet Pink, Baby Blue		\$15.00
Mid Length Spandex Shorts (no tax) _____ Sizes: XSC, SC, IC, MC, LC, XLC, XSA, SA, MA, LA, XLA, XXLA Black, Gray, Electric Purple		\$12.00
Child Georgette Skirt with Bow (no tax) _____ Sizes: XXSC, XSC, SC, IC, MC, LC, XLC Black, White, Ballet Pink, Baby Blue		\$14.00
Adult Skirt with Bow (no tax) _____ Sizes: XSA, SA, MA, LA, XLA Black, Ballet Pink		\$18.00

\*All Shoe pricing includes sales tax

\*\*All orders must be prepaid at the front desk.

\*\*\*Returns or exchanges within 14 days on unworn items only.

**Subtotal:** \_\_\_\_\_

Shipping:            \$5.00

**Grand Total:** \_\_\_\_\_

