



BITS O' NEWS

Straight from the Horse's Mouth

August 2016

HERITAGE Equestrian Center Events

**Aug 9 - Board of Directors
Mtg
7pm
Heritage Park**

**Aug 13 - Hot August Nights
5pm
Heritage Park**

**Aug 16 - Membership Mtg
7pm
Heritage Park**

**Aug 27 - Evening of the Horse
5pm
Heritage Park**

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Meet ALRC's New President

By John Sanchez
ALRC Member

The Alta Loma Riding Club has a newly elected president for this year. He is Joe Cowan. Joe has been a resident of Rancho Cucamonga for 50 years. He is married to Martha and they have three children, Brian, Justin and Brenna. Joe and his family recently became horse owners, although they have been horse lovers for years. Their family horse is a dark bay Thoroughbred named 'Charlie'.

Joe is a retired Lieutenant from the Baldwin Park Police Department, with thirty years of service. He received his B.A. from Cal State University at Long Beach.

In asking why he became involved with the Riding Club, he stated, "I think it's important to maintain the equestrian community in the Alta Loma/Rancho Cucamonga area. I remember, as a child, when Alta Loma was a true equestrian town offering beauty and value to our community."

Mr. Cowan's leadership goals for the club are to foster more of an appreciation for the wonderfully unique equestrian neighborhoods

we have. He would like to educate the rest of the area as to the importance of the equestrian community's contribution that it offers everyone.

He hopes to open awareness of the value of membership in the ALRC and to offer a variety of activities for all horse owners and riders as well as non-horse owners and horse lovers. He hopes the club can continue to become an outlet for solutions to potential problems and concerns of equestrians.

Joe promises, "I will continue the club's efforts to work with the city to ensure the continuation and appreciation of the equestrian way of life in Rancho Cucamonga."



Mini Clinics To Be A Big Event

Hot August Nights



Come join the fun!

Mini Clinics

presented by the

Alta Loma Riding Club

Saturday, August 13, 2016, 5:00 in the evening
Heritage Park, Alta Loma

Bring your horse and participate in one mini clinic:

Trail - Christina Willard, clinician

Jumping - Karen Petrcek, clinician

Natural Horsemanship/Ground Games - Ned Murphy, clinician

Clinics will run simultaneously and be an hour long.

A schooling show will follow,
and each clinician will judge their participants.

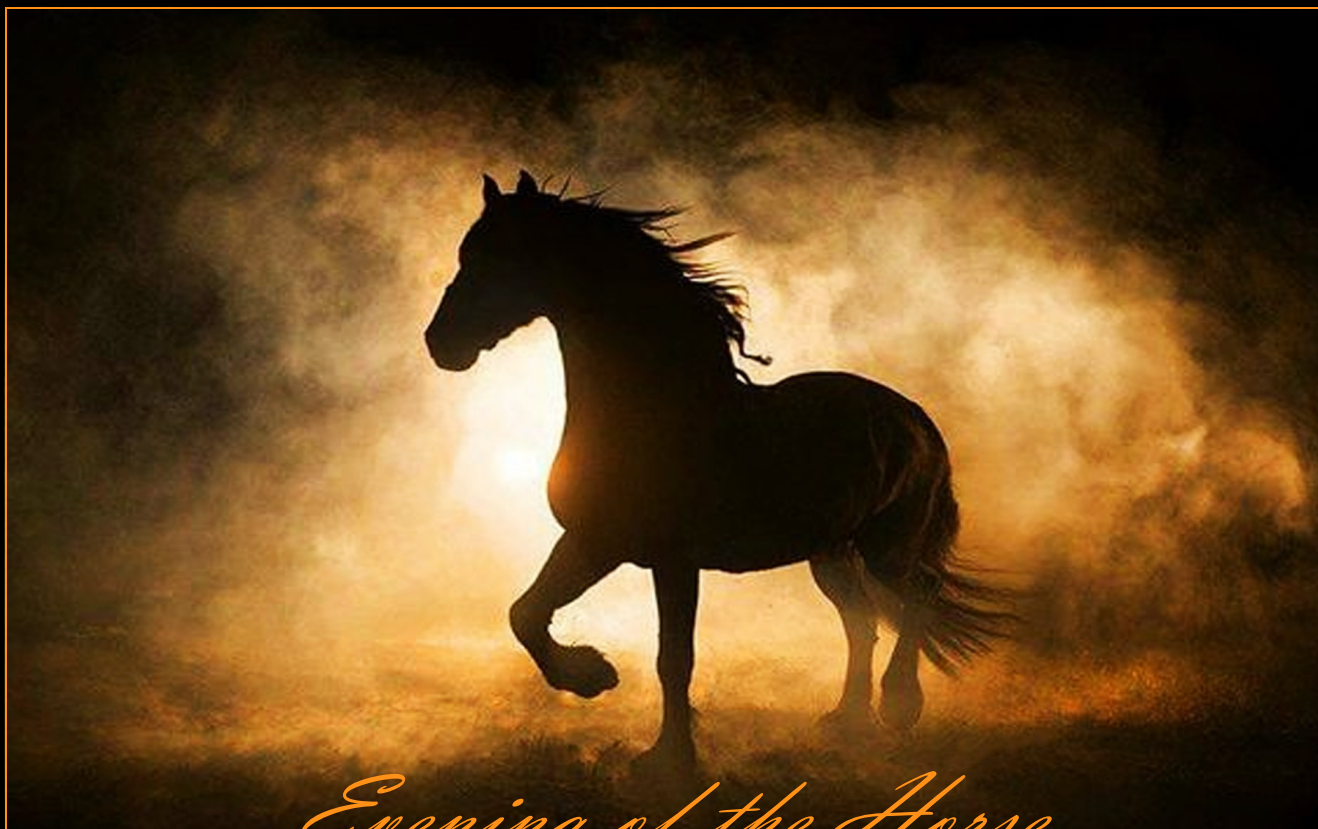
Awards will be given.

Fee: \$20/participant (includes \$5 grounds fee)

To register, call or text Cassie Sanchez @ 909-560-2822.

Snack Bar BBQ will be available for purchase.

Evening Of The Horse



Evening of the Horse

Presented By

RISING STARS and the City of RANCHO CUCAMONGA

August 27th, 5pm

Heritage Park Equestrian Center

Beryl Avenue

Join Us!

For a catered taco buffet dinner and raffle of beautiful gift baskets followed by a show displaying the wonders of the horse for all to enjoy. A tribute will be made to the various breeds of horses and their variety of uses and for the pleasure of everyone. Enjoy the beauty and majesty of the horse!

Reservations Required

Dinner: \$8.00/person

RSVP by August 20th

Call: (909) 987-9403

Don't miss this annual event for all equestrian lovers!

Rancho Cucamonga Equestrian Patrol

By Larry Henderson
Liaison Director

Do you like horseback trail riding, meeting people and want to help keep your community safe? Perhaps you should consider joining the Rancho Cucamonga Equestrian Patrol (RCEP). The equestrian patrols are members of the Rancho Cucamonga Sheriff's Department Citizen Patrol. RCEP members are unpaid volunteers who receive 52 hours of Sheriff's Department training and an additional bi-annual training and certification in Horse and Rider Minimum Standards (HARMS) training. Patrol members provide their own uniform, horse and equipment and donate a minimum of 8 hours per month.



Equipped with department provided radios and saddle bags containing basic patrol response equipment and supplies, the mounted two-person teams act as eyes and ears for the police in areas that are not readily accessible to car patrol units. The RCEP members render a variety of assistance to park facility and trail users. The job involves positive public relations and reporting incidents of vandalism, hazards, graffiti and maintenance problems to the appropriate city departments. RCEP members also participate in some special events including community events at parks and the Victoria Gardens Regional Commercial Center.



Equestrian Volunteers who care about keeping our community safe

If you are interested in learning more about the RCEP or applying for a volunteer position, please contact the Rancho Cucamonga Police Station Volunteer Forces Office at 477-2800. Applications are also available online at http://cms.sbcounty.gov/Portals/34/Volunteers/volforcesapp_2013new.pdf?ver=2015-08-25-130741-613. The number of positions is limited and a new training academy is being scheduled soon. Applicants will be interviewed and background check performed prior to acceptance to the Unit. **Recruitment is ongoing.**

Be 'ALERT'

Br Larry Henderson
ALERT Director

With the wild land fire season clearly upon us please remember we are updating our ALERT roster. If we did not contact you to see if you want to participate in the ALERT Program please contact me via email at lhenderson25@Charter.net or call or text (909) 226-3956 and let me know how you want to help, the best way to reach you in an emergency and whether you have a horse trailer. The ALRC – ALERT Program has had 15 years of successful service to our members and the City. ALERT has established and published a set of training and operational procedures that have been in use successfully for the last 15 years. Our goal is to update our roster to include those members who want to participate in horse or large animal evacuations or assist in trapped large animal situations. Survey information will include who will serve as an evacuation team member and/or rescue assistant.

The ALRC Board of Directors has determined we will continue the State recognized ALERT Program and continue to improve it. Also, we will continue to make ourselves available to the RCFD and SBCSD for training assistance and in times of emergency if requested.

I attended the City's LART (Large Animal Response Team) meeting on July 12, 2016. They are still in the formative process and it was acknowledged the ALERT Program should stay involved and prepared during this severe fire season. I will continue to keep the ALRC Membership posted.

We Love Our Volunteers

By Larry Henderson
Liaison Director

WE HAVE A NEW VOLUNTEER! Our newest member and ALRC President, Joe Cowan, has been out helping and we are most grateful. Thank you, Joe!

Are you interested in helping maintain the Heritage Park Equestrian Center? All interested Alta Loma Riding Club members are urged to help make and keep this unique community amenity a facility we can all be proud of for generations to come. Volunteers, if desired, will be trained on City equipment to handle arena and round pen maintenance. Other opportunities include building maintenance and repair, grounds clean-up and dumping of trash. If you have a desire to help, have skills, or want to learn new ones (like operate a tractor) please complete the following steps:

1. Be a member of the Alta Loma Riding Club.
2. Complete the ReadyRC volunteer application at <https://www.volgistics.com/ex/portal.dll/ap?AP=401740201&OR=1>

Thank you for your continued support. Please let me know via email (lhenderson25@charter.net) or text me at (909) 226-3956 when you have submitted a Volunteer Application so I can monitor the status of the team.

Equipment Donations Needed

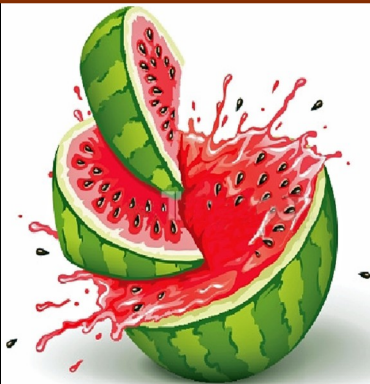
Please consider an individual or company donation for the following new or used equipment that would help our equestrian center volunteers keep the facility in good condition.

- Small tractor with bucket and blade.
- Utility vehicle similar to Artic Cat or Gator types.
- The Rascal LGR™
- 1 – 33 gal. rough neck trash container



Rascal 1

You can also support our efforts to maintain the Heritage Park Equestrian Center by making a monetary tax deductible donation in any amount to the ALRC.
Thank You.



Snake Bit!

By Alice Waters
Co-Editor

This article is an excerpt from the American Association of Equine Practitioners, <http://www.aaep.org/info/horse-health?publication=775>

Snakes commonly found in the United States can cause serious injury to a horse. Horses are at the top of the list of sensitivity to snakebites and are followed in order by sheep, cows, goats, dogs, pigs, and cats. However, because a lethal dose of venom is based on body weight, most horses and cows are simply too large for snakes to kill. Other factors that affect the severity of the bite are:

- Type of venom. Some snakes are deadlier than others.
- Location of bite. Bites to the head, face, and other areas of major blood supply are far more serious than bites to limbs and the body. Fatalities in horses and cattle have been reported when the snakebite is on the muzzle, head, or neck.
- Size and species of the victim and its age and general health and condition. Dogs are most commonly bitten because of their aggressive and inquisitive nature. Most dogs, like horses, are bitten on the muzzle or face as they sniff to investigate. Given the relatively small size of the dog compared to that of the horse, many snakebites in dogs are fatal.

Poisonous snakes fall into two categories:

- The elapine snakes, which include the cobra, mamba and coral snake. Elapine snakes have short fangs and tend to chew their victims. Their venom is mainly *neurotoxic* in that it affects the nervous system and kills its target by paralyzing the respiratory system.
- The viperine snakes, which include the pit vipers, such as rattlesnakes, copperheads, cottonmouths, and moccasins. Viperine snakes, located throughout the Americas, have long, hinged fangs that strike, penetrate, and withdraw. The venom of these snakes is mainly *hemotoxic* and causes massive damage to blood vessels and tissue loss even if the victim recovers. The main ingredients of snake venom consist of potent enzymes, peptides, and neurotoxins.

Poisonous snakes can be differentiated from nonpoisonous snakes in some generally easy-to-remember ways:

- Poisonous snakes have elliptical pupils. They have a triangular head that is somewhat larger than their bodies and will have single scales under their tail and a pit or hole above the mouth and under the nose. The most common snakes encountered in the U.S. are the copperhead and various types of rattlers. Rattlesnakes have both day and night vision and give birth to live, poisonous young.
- Nonpoisonous snakes have round pupils. They have small teeth rather than fangs, and they will have a rounded head that is about the same size as their bodies.

The Eastern diamondback rattler is the most dangerous American snake. It can grow up to eight feet long and weigh as much as 15 pounds. The fangs of this snake can be three-quarters of an inch long and capable of penetrating thick hides. The Western diamondback is a similar cousin but smaller in size. It is responsible for the majority of recorded deaths in the U.S. The prairie rattler and sidewinder are found in the Western states, and the timber or banded rattlesnake is a Northeastern snake often camouflaged in forested areas.

Rattles are usually startled when they attack, such as when a horse steps over a log in the trail to find a snake dozing in the shade on the other side. Rattles coil before striking with a strike distance of one-third to one-half of their overall length. The sound a rattler makes is caused by the clicking together of rattle segments when the tail is vibrated. The sound has been described as similar to the crackling sound of frying fat.

Perhaps the most interesting fact about snakes is that the decision to inject venom into a bite is a voluntary action and totally under the reptile's control. Current theories are that the snake makes a decision whether the bite is protective, such as when a larger predator startles it, or whether it is aggressive and meant to kill its victim.





Many bites in horses are thought to be nonvenomous because the snake has to put a lot of biological work into making its poison and does not seek to waste it. Because the snake can sense the size of the horse, it bites only to get away. This is perhaps another reason why equine deaths from snakebites are not common.

If a horse is bitten, there are a few steps to take. If riding, prevent the horse from looking down and slowly back away. Most snakes will give larger animals a few seconds to get out of the way. The snake is trying to avoid confrontation, and you want to avoid further strikes. Try to confirm the bite and attempt to identify the snake—it may be important later in trying to determine the correct antiserum, but do not waste time looking for the snake. The primary concern is the horse.

Snakebites can be difficult to locate on the body because of hair, bleeding, or swelling, but a close examination should reveal fang marks. Viperine snake venom causes immediate swelling. Horses bitten on the nose or muzzle can swell so much that their nostrils almost close and breathing can be difficult or impossible. Seasoned trail riders and ranch hands **carry two six-inch pieces of old garden hose that can be lubricated and inserted into the nostrils of a snake bitten horse**; more than one animal has been saved with this simple procedure. The hose allows the horse to breathe until the swelling subsides with treatment.

Intense pain, nausea, muscular weakness, and shock follow a typical snakebite. If the horse has become excited or was exercising heavily prior to the bite, it is important to quiet him down. Increased heart rate causes higher blood flow and the dispersal of the poison to larger areas of the body. If possible, trailer the horse to its stall. If you have to travel, walk the horse slowly to the nearest trailer.

A wide constricting band (handkerchief or shredded clothing) should be placed about two inches above the bite if it is on the leg. Obviously, tourniquets on the face are not indicated. The band should only be tight enough to compress the veins and lymphatic vessels and not the arteries. Your goal is to keep the venom in the bite area. This band should be as tight as the band a nurse applies when drawing blood.



Wash the bite with soap and water. Do not cut the bite area. Recent research shows that this old practice actually may contribute to further damage. Also, never suck venom from a bite by mouth; you can use the rubber suction cup in a snakebite kit if one is available but this rarely does much good and usually only serves to give you something to do until help arrives. **Do not apply cold or hot compresses. Recent research positively shows this to worsen the damage.**

Antivenin has proved useful in horses even when given 24 hours after a head bite. There are some potential problems with antivenin, however, because it is produced in horses and therefore anaphylactic shock can occur. A veterinarian may use epinephrine to help lessen the threat of reactive shock to the serum. Corticosteroids and fluids may be necessary to counteract the effects of shock, and good management will be required to treat the tissue damage that may result. The appropriate antivenin must be used for individual snakes. Many states have Hotline numbers in your area. **[Calif. Poison Control 800-222-1222. Hotline available 24/7.]**

Shock is the most common problem following snakebites. The aims of treatment for shock is to maintain cardiorespiratory function. To this end, fluid therapy to maintain blood volume is tempered with the desire to limit the spread of venom through the body. Corticosteroids should be utilized to counter the shock and to minimize tissue destruction. Broad-spectrum antibiotics should be given and since many snakes' mouths contain *Pseudomonas* bacteria, Gentacin and Penicillin are the drugs of choice. Intravenous fluids containing dextrose and DMSO (a potent antioxidant) can be given if needed.

Skin and tissue loss is managed as it would be in any other traumatic case, but the actions taken in the first hour following a snakebite will ultimately do more for the outcome than almost anything else. A compression wrap will limit the venom to the immediate area. Reducing activity will slow down the pumping of the horse's heart and limit the spread of the venom. Tetanus protection should be given as well. Wrapping a severely swollen leg will also limit the edema that develops after a bite and may actually reduce the amount of fibrous tissue formed in the leg. ■

ALRC Board Of Directors

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Membership News

By Ali Smilgis
Membership Chairman

It sure is the lazy, hazy days of summer! Although I ride in the mornings it still gets a bit warm so those of you who also ride, please be sure to have water with you and stay in the shade as much as you can.

WELCOME BACK TO:

Tonya Arehart
Gill Jones & Susan Arehart
Natalie & Ken Beechler
Larry & Ora Berg
Julie Bessert
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Lynne & Mike Cofield
Patricia Friedenbach
David & Debbie Grossberg
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Megan & Tom Mosier (**New Members**)
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Curtis & Wendy Pitts (CW Feed)
Debbie Roberts & Joe Santoro
Joe Snider
Gus Turner
Donna & Darreld Vanwestriener
Stacey Venable
Drs. Scott Vrono & Samantha Jo Abair
(equine veterinarians)
Cary & Ginger Westcott
Debbie & Nathan Yoshimura

We sure do hope that those of you who haven't quite gotten around to that renewal check, please consider lookin' around for that form and sending it back for the 2016-2017 year. If you are having problems finding your renewal form, just give me a call or an email and I'll get it off to you right away. All of you are important to us and we aim to keep Equestrian-keeping a way of life in our community. Ride Safe - Ride Fun - Ride Often!

ACROSS

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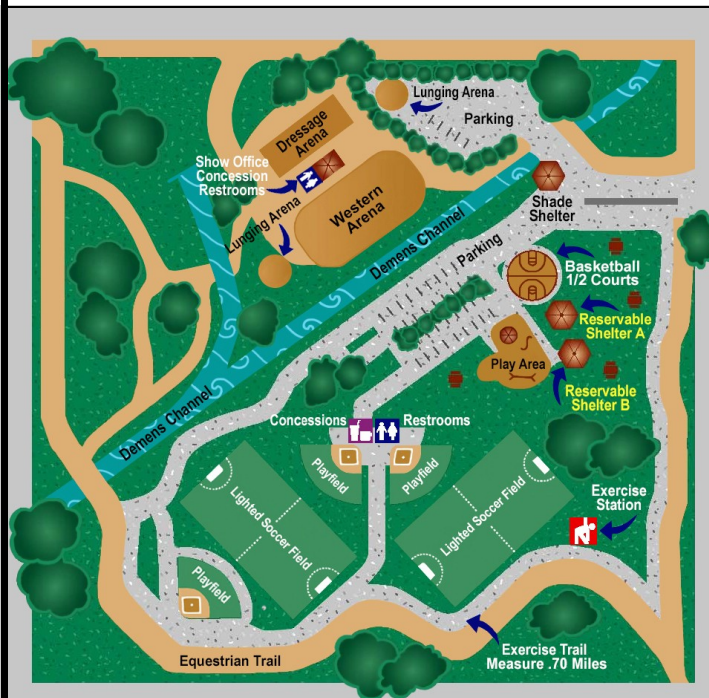
44. Avenues: Abbr.
45. Like most Tel Aviv residents
46. "Lawrence of Arabia" star Peter
47. Trade
49. "____ here!"
("Poltergeist" catchphrase)
50. Enjoyed the waves of summer
55. High school class, for short
56. Not diamonds, hearts of spades
58. Schoolboys
59. Walk heavily
61. Jay Leno's prominent facial feature
62. "The Avengers" co-star Thurman
63. Use the oars
64. Prefix meaning "three"
65. 65 Sewing line

Heritage Park Equestrian Center

Heritage Park Equestrian Center is located at 5546 Beryl Street, Rancho Cucamonga, at the base of the San Bernardino Mountains. Operated by the Alta Loma Riding Club, this beautiful equine facility is available for drop-in use and for reservation for horse shows, clinics, training, lessons and equine club events. The facility is well maintained and offers a beautiful setting beneath the mountains. Available facility amenities include:

**For rental details or more information,
please call the Alta Loma Riding Club
(909) 222-3956**

- Show Office
- Concession Stand
- Restrooms
- 2 Lunging Round Pens
- 1 Western Arena (295' x 150')
- 1 Dressage Arena (220' x 90')
- PA System
- Lighting
- Permanent Trail Course in Nature Trail Area (West of Equestrian Center)
- Equestrian Trail Access
- Hitching Posts
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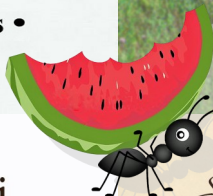
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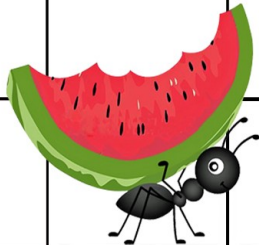
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August 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9 BOD Mtg 7pm Heritage Pk	10	11	12	13 Hot August Nights 3pm Heritage Pk
14	15	16 Membership Mtg 7pm Heritage Pk	17	18	19	20
21	22	23	24	25	26	27 Evening of the Horse 5pm Heritage Pk
28	29	30	31			



Alta Loma Riding Club

P.O. Box 8116

Alta Loma, CA 91701

www.altalomaridingclub.com

Community organization dedicated to the interest, lifestyle and continued preservation of owning and riding horses in Alta Loma and Rancho Cucamonga, CA