

River Falls Gymnastics Club Winter Session 2015

Monday, January 26, 2015- Saturday, April 4, 2015 {9 weeks}
No Classes or Regularly Scheduled Open Gyms March 14-March 20
*No Classes: Sunday, April 5 Make-up: Friday, April 3 (Class Times TBD)

River Falls Gymnastics Club Gym (RFGC Gym N8234 945th St.)

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|--|------------------|------------------|-------------------|------------------|--|---------|--|-------|--|--|--|
| Class Classes meet once per week | Mon | Tue | Wed | Thurs | Fri | Sat | *Sun | Fee | | | |
| Koalas (30min) 18 months-2 years old Parent/Child Class | 6:15PM | | 10:00AM | | 9:45AM | | 4:20PM | \$72 | | | |
| Monkeys (45 min) 3-4 year olds | 4:30PM | 5:20PM | 10:35AM 6:10PM | 5:20PM | 9:30AM | 9:00AM | 3:30PM | \$93 | | | |
| Monkeys 4+ (45 min) Completed one session of Monkeys & 4-5 year old | | 4:30PM | 4:30PM | 6:10PM | | | | \$93 | | | |
| Boys Only (45 min) Boys 4-6 years old | | 5:20PM | | | | | | \$93 | | | |
| Tigers (45 min) 5-6 year olds | 5:20PM | 6:10PM | 5:20PM | 4:30PM 5:20PM | | 9:55AM | 4:55PM | \$93 | | | |
| Boys Tumbling & Trampoline (55 min) Boys 7-10 years old | | | | | 5:00PM | | | \$98 | | | |
| Boys Intermediate (55 min) Boys 6-10 years old Completed at least one session of Boys Tumbling/Trampoline | | | | 4:35PM | | | | \$98 | | | |
| Beginner 1 (55 min) Beginners 7 years & up or advanced from Tigers | 5:00PM 6:00PM | 4:30PM 5:30PM | 4:30PM | 4:30PM 5:30PM | | 10:45AM | 4:25PM 5:45PM | \$98 | | | |
| Beginner 1 9+ (55min) Beginners 9 years & up | | | 6:05PM | | | | | \$98 | | | |
| Beginner 2 (75 min) Advanced from Beg.1 | 4:30PM 6:20PM | 4:45PM 6:10PM | 4:45PM | 6:30PM | | 10:45AM | 4:55PM 5:25PM | \$106 | | | |
| Intermediate 1 (90 min) Advanced from Beg. 2 | 4:45PM | 6:05PM | 5:30PM | 4:25PM | | 9:00AM | 5:25PM 5:35PM | \$126 | | | |
| Intermediate 2 (90 min) Advanced from Int.1 | 4:30PM | | 4:30PM 6:10PM | 5:30PM | 4:30PM Add on class (attend twice/week) \$63 | | 4:00PM 5:35PM | \$126 | | | |
| Intermediate 3 (2 hrs) Invitation Only | | 5:30PM | 5:30PM | | | 9:50AM | 5:35PM Add on class (attend twice/week) \$74 | \$141 | | | |
| Training Team (2hrs twice per week, invite only) Payment Agreement Required | 6:00PM | | | 6:00PM | | | | \$210 | | | |
| Beginner Cheer (45 min) Beginners ages 5-8 years old | | | | | | 10:30AM | | \$93 | | | |
| Beginner 9+ Cheer (55 min) Beginners ages 9 & up | | | | | | 9:05AM | | \$98 | | | |

RFGC GYM OPEN GYMS: FRIDAYS PRE-K 10:30-11:30AM, K-12 6-7:30PM, ADVANCED 7:30-8:30PM. SATURDAYS ALL AGES 12:00PM-1:30PM. OPEN GYMS \$5/CHILD. PRE-REGISTRATION NOT REQUIRED. OPEN TO THE PUBLIC!

| Meyer Middle School Gym (MMS Gym 230 N 9th St.) TEAM will follow schedule provided by their coach. | | | | | | | | |
|--|--------|--------|--|--------|--|--|--|----------------------------------|
| Team (2.5 hrs twice per week, invite only) | 6:15PM | | | 6:15PM | | | | Payment Agreement Required |
| Team Optional Practice (2 hrs once per week .Class not required. Class meets 8 xs | | 6:15PM | | | | | | \$100 |