




Updated March - April 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	March 2017		1	2	3	4 (Hi 5 Team)
5	6	7	8	9	10 (Hi 5 Team)	11 1st Competition Clinic: Poomsae—1:00 PM Kyoruki—3:00 PM
12	13	14	15 Nunchuck Class	16	17 (Hi 5 Team)	18 American Open Championships
19	20	21	22	23	24 (Hi 5 Team)	25 PNO 5-9 PM (Hi 5 Team)
26 BBC Training 10-11 AM	27	28	29	30	31 (Hi 5 Team)	
			*Every Friday and Saturday Friday 6pm-7:30pm (Hi5 Competition Kyoruki Training) Saturday 1pm- 2:30pm (Hi5 Competition Poomsae Training) **** Please see the front desk for details!			

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	April 2017					1 (Hi 5 Team)
2	3	4	5	6	7 Tidy Tiger Belt Testing - 4PM Adult Belt Test- ing - 6:15 PM	8 Children Belt Testing 10 AM: (White Belt) 11 AM: (Yellow-Green Stripe) 12 PM: (Blue - Red Belt) Black Belt Testing 2:00-6:00 PM
9	10	11	12 NUNCHUCK CLASS	13	14 (Hi 5 Team)	15 2nd Competition Clinic: Poomsae—1:00 PM Kyoruki—3:00 PM
16 	17	18	19	20	21 STUDIO CLOSED	22 2017 Capitol Cup Taekwondo Champion-
23/30	24	25	26	27	28 (Hi 5 Team)	29 (Hi 5 Team)