

MENTAL HEALTH

& SUBSTANCE USE INFO

Most public mental health/substance use services require AHCCCS (state public health insurance program).

Private Insurance: Contact member services to see what is offered.

If you are not on AHCCCS, or are not sure if you are eligible - contact

Mercy Care at:
602-586-1841

Want to apply for Medicaid/AHCCCS?

Visit: www.healthearizonaplus.gov or call 855-432-7587

You can also search online for a community assistor.

MENTAL HEALTH & SUBSTANCE

USE SERVICES

St. Luke's Behavioral Health Center (Phoenix)

602-251-8535

Touchstone Health Services (Youth) (Phoenix & Mesa)

866-207-3882

Terras Health (Glendale)

602-685-6000

Trumpet Behavioral Health (Peoria)

602-535-8341

Copper Springs (Avondale)

480-565-3035

Aurora Behavioral Health (Tempe)

480-345-5400

Banner Behavioral Health Hospital (Scottsdale)

480-244-4949

Marc Center Outpatient Clinic (Mesa)

480-218-6569

Center for Behavioral Health (Tempe)

480-897-7044

For more information about publicly-

funded behavioral health services in

Maricopa County contact: Mercy Care

Customer Service at 602-586-1841.

Resource Directories

Find Help Phx - www.findhelpphx.org

Mercy Maricopa Community Resource

Guide-

[www.merzymaricopa.org/community-](http://www.merzymaricopa.org/community-guide)

guide

Southwest Network Help Book-

www.southwestnetwork.org/nt19rg/

HSAG Resource Guide-

www.hsag.com/community-bh-resources

Simply dial 211 to access a

comprehensive information and referral

directory for all sorts of health and

SUPPORT & RECOVERY

CHEERS Recovery Center

602-246-7607

Stand Together and Recover Centers

(S.T.A.R.)

602-231-0071

Recovery Empowerment Network

602-248-0368

RI International

602-650-1212

Hope Lives- Vive La Esperanza

1-855-747-6522

---Mental Health Guild's list of free Peer

Support Groups

[www.mentalhealthaz.org/support-](http://www.mentalhealthaz.org/support-groups/)

groups/

---National Alliance on Mental Illness' list

of free Family Support Groups

www.namiaz.com/page13/index.html

DOMESTIC AND/OR SEXUAL VIOLENCE

Arizona Coalition to End Sexual and Domestic Violence Services Helpline
602-279-2900 or 800-782-6400

Maricopa County Shelter Line
480-890-3039

National 24-hour Domestic Violence Hotline
800-799-7233

National Sexual Assault Hotline RAINN
800-656-4673

National Teen Dating Abuse Hotline
866-331-9474

STRONGHEARTS Native Helpline
844-762-8483

National Human Trafficking Hotline
888-373-7888

Visit www.acesdv.org for a complete list of Arizona DV/SV resources

What to do in a Mental Health Crisis or Emergency:

Call 911 if experiencing a life-threatening emergency.

Tell them it is a mental health crisis, who is in crisis, and ask that a Crisis Intervention Team officer be provided.

Central Arizona Crisis Line

24 hours, 7 days a week

800-631-1314

602-222-9444

TTY 800-327-9254

Mobile Acute Crisis services may be coordinated through the Crisis Line.

Non-Crisis Warm Line

(602) 347-1100



2020 POCKET GUIDE

**Mental Health,
Substance Abuse,
Support Groups, and
Recovery Services**

Maricopa County

Copa Health, Powered by Marc Community Resources and Partners In Recovery can provide additional mental and behavioral health information and resources. **The Info & Resources Coordinator, Andy Arnowitz,** can be reached at **480-994-4407.**

Pocket Guide compliments of:

Mental Health America of Arizona

www.mhaarizona.org

MHA Info 602-576-4828
Info & Referrals 480-994-4407