

FAMILIES:

We are so excited to be hosting “Spirit of the North” again this year for you and your athletes! Because every venue has its own rules this year, we have tried to include everything that you might need to know so that you can prepare accordingly for this meet.

There will be a T-Shirt Vendor, “Majestic Creations” on site. We have additionally created an online store that you can complete pre-orders until Sunday evening, Feb. 14th. All preorders will be given to coaches so that you can avoid any cross contact situations and waiting in line. On site orders will be taken as well. The link for the [online store](https://spiritofthenorth.itemorder.com) is <https://spiritofthenorth.itemorder.com>

Spectators: One spectator will be allowed entry into the meet.
Wristbands will be provided to your gym ahead of the event for early distribution.

Host hotel: Best Western Plus/Kelly Inn
100 4th Ave S., St. Cloud, MN 56301
Call 320-253-0606 or email kellyinns.com
Mention “Spirit of the North”. All available rooms will be \$109. + tax.

Co-Vid Requirements: Masks will be required of ALL spectators, athletes, judges and coaches. Everyone in attendance is required to social distance.
Each spectator and athlete will be required to complete a health questionnaire prior to entering the meet.
Athletes must provide their own chalk and containers, water, and hand sanitizer.

Entrance: Spectators and Athletes are required to enter the “Main Entry Door B”. Due to Covid restrictions and the limitations we face to reduce cross contact, spectators and athletes will be required to separate immediately upon entry. Athletes will be escorted to their coaches. Please be prepared to take all extra belongings upon arriving. You will not be allowed entry into the facility until your session's registration time. Consult the first floor map enclosed for details. A preliminary schedule is also included.

Parking: Attached you will find a street map indicating the 2 pay ramps available for parking, the WEST ramp and Grand Central. At this time, those ramps charge \$7.00. Street parking is free on weekends but will require outdoor walking.

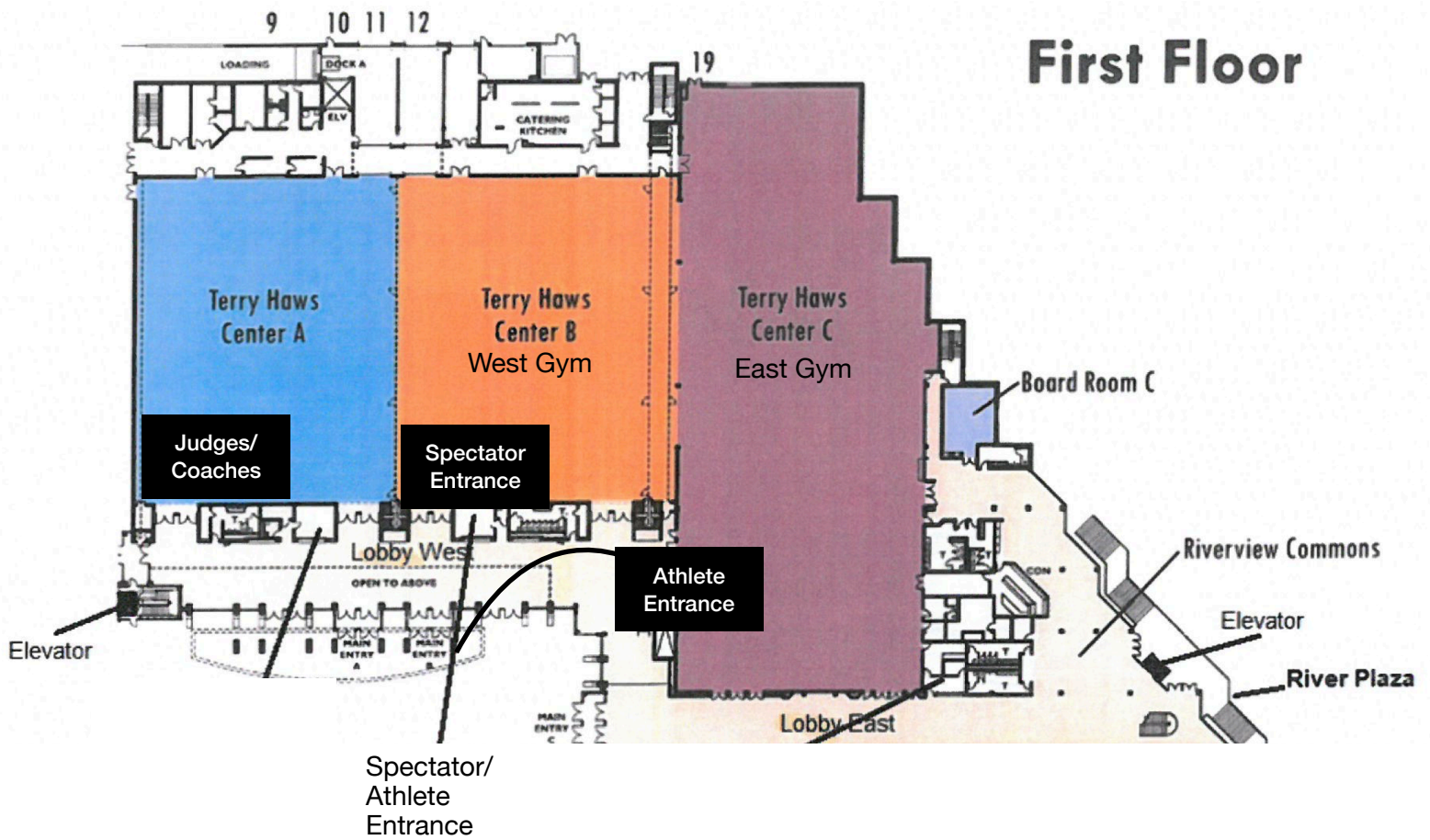
There will be no concessions. No food or beverage are allowed in the gyms.
It is recommended that athletes bring a water bottle.

Open Stretch will be held at the athletes first competitive event.

Awards will be held on the competition floor immediately following the session. Athletes will be dismissed to parents at that time and asked to exit immediately following.



First Floor



A - Coach/Judges Entrance
B - Spectator/Athlete Entrance
Parking

