

# NIKISKI SENIOR CENTER

## August 2018 LUNCH MENU

Mon	Tue	Wed	Thu	Fri
		1 Fried Chicken Mashed Potatoes Veggies  Split the Pot	2 Lasagna Garlic Bread Veggies	3 Sub Sandwiches Chips
6 Breakfast Scrambled Eggs Home Fries Bacon/Sausage Oatmeal/Grits	7 Taco Bar Spanish Rice Refried Beans	8 Fried Chicken Mashed Potatoes Veggies  Split the Pot	9 Pork Chops Rice Cabbage & Bacon	10 Monte Cristo Fries
13 Biscuits & Gravy Scrambled Eggs Bacon/Sausage Oatmeal/Grits	14 Taco Bar Spanish Rice Refried Beans	15 Fried Chicken Mashed Potatoes Veggies  Split the Pot	16 Ribs Potatoes Veggies	17 Chili Dogs Onion Rings
20 French Toast Scrambled Eggs Bacon/Sausage Oatmeal/Grits Hashbrowns	21 Taco Bar Spanish Rice Refried Beans	22 Fried Chicken Mashed Potatoes Veggies  Split the Pot	23 Beef Stroganoff Veggies	24 Hamburgers Fries
27 Waffles Home fries Bacon/Sausage Scrambled Eggs Oatmeal/Grits	28 Taco Bar Spanish Rice Refried Beans	29 Fried Chicken Mashed Potatoes Veggies  Split the Pot	30 Roast Potatoes Veggies	31 Hot Roast Beef Sandwich Onion Rings

**SOUP OF THE DAY/SALAD BAR AVAILABLE DAILY**

**Monday –Thursday: Salad Bar starts at 11:30 am—Main Meal starts at 12 pm and ends at 1pm**

**Friday: Salad Bar and Main Meal start at 11:30 am and ends at 12:30 pm**

**MENU SUBJECT TO CHANGE WITHOUT NOTICE and Friday Salad bar is limited**