

Connections

A Newsletter For Teachers Working With Autism
Educational Equity For All



December 2018



educating | coaching | connecting

Tool Kits

Milestones Autism Resources develops Tool Kits in response to some of our most frequently asked questions. Tool Kits are a great way to pinpoint more detailed answers and additional suggested resources, and have been developed to assist with your personal planning and navigation of common challenges on the following topics:

- Afterschool Activities & Independent Leisure Skills Tool Kit
- Camp, Social & Recreation Tool Kit
- Challenging Behaviors Tool Kit
- First Diagnosis Tool Kit
- Guardianship Tool Kit
- Homework Tool Kit
- Legal Resources Tool Kit
- Mental Health Tool Kit
- School Tool Kit
- Toilet Training Tool Kit
- Travel Tips Tool Kit
- Visual Supports Tool Kit

<https://milestones.org/online-resources/tool-kits/>



Don't miss the next Sensory Friendly Film!

There are no films on the schedule for November



Movie Showings for Guests & Families Living with Autism or Other Special Needs

AMC is proud to partner with the Autism Society to bring you unique movie showings where you can feel free to be you! We turn the lights up, and turn the sound down, so you can get up, dance, walk, shout or sing!

We are now expanding our Sensory Friendly Film program to four showings per month.

- The second and fourth Tuesday and Saturday.
- Family-friendly movies will continue to show Saturdays, starting at 10am local time
- We've added Tuesday showings at 7pm local time that may appeal to others on the autism spectrum.

Tickets are \$4-6 depending on location and can be purchased on the day of the event. To find a participating theater:

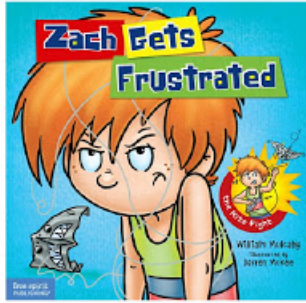
<https://www.amctheatres.com/programs/sensory-friendly-films>

EDUCATIONAL
EQUITY FOR ALL
..... Giving kids what they need to succeed.

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<http://www.educationalequity4all.com/>

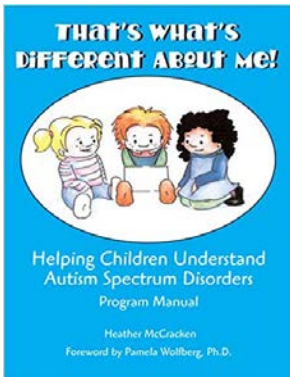
FEATURED IDEA OF THE MONTH

The Zach Rules Series: Zach Apologizes & Zach Gets Frustrated



Author: William Mulcahy

<https://goo.gl/YMUWaf>



That's What's Different About Me! Helping Children Understand Autism Spectrum Disorders

This kit contains "That's What's Different About Me!" DVD. This interactive DVD contains a brief introduction for teachers and parents, the puppet play, a review of the learning goals and friendship tips, and frequently asked questions. It also contains "That's What's Different About Me! Program Manual". This manual is designed to assist in implementing the That's What's Different About Me! program at home or at school. Four main sections include the philosophy of the Friend 2 Friend program, the teaching model, how to implement the program, which includes lesson plans, follow-up activities, resources, and materials, and an overview of the Integrated Play Group model. It features "That's What's Different About Me! Children's Story and Coloring Book". This story and coloring book tells the story of Crystal and how she and Freddie learned to be better friends. It is adapted from the Friend 2 Friend puppet play (as seen on the DVD) into a readable story and coloring book for classroom use.

<https://www.amazon.com/Different-Children-Understand-Spectrum-Disorders/dp/193128296X>

Alternatives To The Phrase "Calm Down"

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|---|---|
| 1. I SEE THAT YOU ARE HAVING A DIFFICULT TIME, LET ME HELP YOU. | 6. COUNT TO 10. |
| 2. TAKE A DEEP BREATH. | 7. WANT TO SQUEEZE MY HAND? |
| 3. IF YOU NEED TO HIT SOMETHING, HIT THIS PILLOW. | 8. HOW ABOUT A BIG HUG. |
| 4. THAT CAN BE SO FRUSTRATING, LET'S FIGURE THIS OUT TOGETHER. | 9. LET'S FOCUS ON FIXING THE PROBLEM TOGETHER. |
| 5. I SEE THAT YOU ARE MAD, HOW DOES THAT FEEL IN YOUR BODY? | 10. IF YOU ARE FEELING SAD, YOU CAN TELL ME ABOUT IT. |

WEBSITES AND RESOURCES

<https://goo.gl/CyVpva>

<https://goo.gl/ErP6Uh>

<https://goo.gl/bpvK7e>



PROFESSIONAL DEVELOPMENT



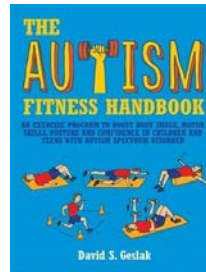
TEACCH Webinars

Online Course – Structured TEACCHing:

Individualized Schedules

<https://teacch.com/trainings/online-learning-opportunities/>

RECOMMENDED READING & VIDEO



The Autism Fitness Handbook : An Exercise Program to Boost Body Image, Motor Skills, Posture and Confidence in Children and Teens with Autism Spectrum Disorder

difficulty for child autism spectrum disorder (ASD), the 46 exercises in this comprehensive program are proven to improve body image, motor coordination, posture, muscular and cardiovascular fitness.



Chuck E. Cheese's is proud to support families who have children with autism and special needs. We now offer a sensory-friendly experience on the first Sunday of every month. Our trained and caring staff is there to make sure each guest has a fun filled visit.

The Sensory Sensitive Sundays experience includes:

1. Less crowding and noise
2. Dimmed lighting
3. Show and music turned off or down
4. Limited appearances by Chuck E.
5. Food and games are offered

<https://www.chuckecheese.com/deals-offers/sensory-sensitive-sundays>