

Mid-Michigan Regional Sobriety Court

Gratiot, Clinton, & Montcalm Counties

Participant Handbook

First Edition- October 2014

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Helpful Resources

Andrew Smith- Program Coordinator.....	(989)875-5339
Erik Schafer – Case Manager.....	(989)875-5383
Addiction Solutions Counseling Center- Alma.....	(989)968-4048
Gratiot County Community Mental Health.....	(989)463-4971
Clinton County Community Mental Health.....	(517)346-8200
Montcalm County Community Mental Health.....	(989)831-7520

Introduction

The Mid-Michigan Sobriety Court Program is a specialty court program primarily designed for individuals with multiple drunk driving convictions who are committed to making lifestyle changes to assist with their continued sobriety and recovery. While in the program participants should read this handbook thoroughly and present any questions to their case manager to ensure compliance.

Program Rules

Along with abiding by the program agreement, following these three simple rules will lead to program success:

1. **Be Honest:** Of all the rules, this is often the most difficult. The program staff and the court expect participants to be honest in all areas of their life. Participants are not to falsify records, conceal alcohol/drug use, or dilute their urine. Dishonest participants will get caught, and be sanctioned in accordance to the program policy manual.
2. **Don't Whine:** Effort is necessary to complete this program. It will be necessary for participants to make sacrifices in order to be fully engaged in recovery and to successfully complete the program.
3. **Show Up:** Be on time to meetings, groups, and court.

Program Costs

Participants will be required to pay a participation fee of \$300 to the Mid-Michigan Regional Sobriety Court Program in addition to all court ordered costs associated with the offense including court fines, costs, treatment fees, and jail fees. These fees are to be paid in full before completion of the program. Participants will be required to pay a minimum of \$25 a month along with paying drug testing fees in full. Participants must be in financial good standing with all facets of the program before advancing phases. Unless approved by grant funding, participants will be responsible for the costs of electronic alcohol monitoring and drug testing. If participants become eligible for a restricted license, they will be responsible for the costs associated with their ignition interlock and all other fees the interlock company may impose. Treatment costs will vary depending on the agency providing treatment and participants insurance. At a minimum, participants will be responsible for co-pays required by their treatment provider.

Treatment

Sobriety Court Participants must have a substance abuse assessment before entering the program. The assessment determines eligibility and required treatment. There is very little tolerance for missed counseling appointments. Participants who don't believe they need treatment are not appropriate for the Sobriety Court program. The court will communicate on a regular basis with the participant's substance abuse treatment providers to discuss progress and attendance. The Sobriety court and treatment providers reserve the right to alter participant's treatment to better suit recovery needs. Participants will be required to sign release documents to allow effective communication between the substance abuse treatment provider and the Sobriety Court team on the participants treatment.

Sobriety Court Team

The Mid-Michigan Regional Sobriety Court program is a team based program. The team consists of a judge from each of the participating counties with one acting as the chief Sobriety Court judge, a program coordinator, assisting case managers, prosecuting attorneys representing each participating county, substance abuse treatment providers, law enforcement officials, district court and MDOC probation officers, and a defense attorney. The team works together for the common goal of helping participants recover from substance abuse dependency and reduce recidivism among participants. As a result, many of the participating agencies must rethink their traditional roles and redefine their definitions of successful case outcomes. It is through this team base approach that maximum benefits will ensue for substance-dependent offenders.

Program Phases

The Mid Michigan Sobriety Court is a 12-24 month program, consisting of four phases with various requirements (e.g. treatment, testing, 12-step meetings, community service work, random home visits, etc.). Included in these phases will be in-depth weekly meetings with a case manager and monthly review meetings with the Sobriety Court Judge.

Phase I

(Minimum 12 weeks)

- Attend Sobriety Court review hearings and meet with Judge biweekly, following all rules and conditions set forth in the program contract.
- Meet with a case manager a minimum of once weekly and additional times, as ordered.
- Attend 90 12-step meetings within 90 days of admission to the Sobriety Court Program and continue with 12-step meetings four times a week thereafter, providing verification of attendance to the case manager. Participants may not count more than two 12-step meetings a day for this requirement.
- Attend counseling for substance abuse as recommended by the substance abuse treatment provider.
- Submit to daily PBT's
- Submit to urine screens for substances of abuse weekly upon request of the Sobriety Court staff.
- Continue or maintain employment, education, and/or a combination of employment and educational programs (GED, college, vocational training), or be engaged in positive community activity on the equivalent of a full time basis. (Positive activity will be left to the discretion of the Sobriety Court Team.)
- Abide by any curfew that may be implemented by the Sobriety Court Judge or Sobriety Court staff. (10pm)
- Allow random home visits by law enforcement officials, Sobriety Court Case Managers, and/or other representatives of the Sobriety Court Team.
- Shall pay \$300 program fee (\$25 a month). These fees must be paid in full before advancement to the next phase.

Requirements for Advancement into Phase II

- Participants MUST have 90 days of continued drug and alcohol free sobriety before advancement to Phase II.
- Participants must be current with their program fees and have paid the \$25 a month fee in full.

- Attended the required number of 12-step meetings and have submitted verification of attendance to the case manager.
- Must be in good standing with the substance abuse treatment provider regarding progress, attendance, and payment at counseling.
- Must be sanction free for at least 30 days.

Phase II

(Minimum 12 weeks)

- Attend Sobriety Court review hearings and meet with Judge once a month, following all rules and conditions set forth in the program contract.
- Meet with the case manager a minimum of biweekly and additional times, as ordered.
- Submit to random PBT's.
- Submit to random urine screens.
- Continue to attend all substance abuse counseling and any other required counseling and/or treatment that have been deemed necessary.
- Attend 12-step meetings three times weekly and submit verification of attendance.
- Secure a sponsor and regularly meet with him/her.
- Continue or maintain employment, education, and/or a combination of employment and educational programs (GED, college, vocational training), or be engaged in positive community activity on the equivalent of a full time basis.
- Complete Community Service as coordinated by the Sobriety Court staff and submit verification. (Felony Offense: 40 hours / Misdemeanor Offense: 20 hours)
- Abide by any curfew that may be implemented by the Sobriety Court Judge or Sobriety Court Staff (11pm)
- Allow random home visits by law enforcement officials, the Sobriety Court case managers, and/or other Sobriety Court Team representatives.
- Shall pay \$300 program fee (\$25 a month). These fees must be paid in full before advancement to the next phase.

Requirements for Advancement into Phase III

- Participants must have 90 days of continued drug and alcohol sobriety before phase advancement.
- Participants must be current with their program fees and have paid the \$25 a month fee in full.
- Attended the required number of 12-step meetings and have submitted verification of attendance to the case manager.
- Completed required community service hours.
- Must be in good standing with the substance abuse treatment provider in regards to progress, attendance, and payment at counseling.
- Have obtained a 12-step sponsor.
- Must be sanction free for at least 30 days.

Phase III

(Minimum 12 Weeks)

- Attend Sobriety Court review hearings and meet with Judge once a month, following all rules and conditions set forth in the program contract.
- Meet with the case manager a minimum of once monthly and additional times, as ordered.
- Continue any substance abuse counseling and/or aftercare as recommended by the substance abuse treatment provider, as well as any other counseling deemed necessary.

- Submit to random PBTs/Urine Screens as ordered.
- Attend 12-step meetings three times weekly and submit verification of attendance.
- Continue to meet with secured sponsor regularly.
- Complete Community Service as coordinated by the Sobriety Court staff and submit verification. (Felony Offense: 20 hours / Misdemeanor Offense: 10 hours)
- Continue or maintain employment, education, and/or a combination of employment and educational programs (GED, college, vocational training), or be engaged in positive community activity on the equivalent of a full time basis.
- Allow random home visits by law enforcement officials, the Sobriety Court case managers, and/or other Sobriety Court Team representatives.
- Abide by any curfew that may be implemented by the Sobriety Court Judge or Sobriety Court Staff. (12am)
- Shall pay \$300 program fee (\$25 a month). These fees must be paid in full before advancement to the next phase.

Requirements of Advancement into Phase IV

- All participants must have a full 6 months of continued drug and alcohol sobriety before phase advancement.
- Participants must be current with their program fees and have paid their \$25 a month fee in full.
- Must be in good standing with the substance abuse treatment provider in regards to progress, attendance, and payment at counseling.
- Attended the required number of 12-step meetings and have submitted verification of attendance.
- Completed required community service hours.
- Must be sanction free for at least 30 days.

Phase IV- Transition (Minimum 12 Weeks)

- Attend Sobriety Court review hearings and meet with Judge once a month prior to Graduation.
- Continue to meet with the case manager once monthly and additional times, as ordered.
- Submit to Random PBTs/Urine Screens as ordered.
- Attend 12-step meetings four times a week and submit verification of attendance.
- Continue or maintain employment, education, and/or a combination of employment and educational programs (GED, College, vocational training), or be engaged in positive community activity on the equivalent of a full time basis.
- Complete Community Service as coordinated by the Sobriety Court staff and submit verification. (Felony Offense: 20 hours / Misdemeanor Offense: 10 hours)
- Allow random home visits by law enforcement officials, the Sobriety Court case managers, and/or other Sobriety Court Team representatives.
- Abide by any curfew that may be implemented by the Sobriety Court Judge or Sobriety Court Staff. (12am)
- Participant must be clean and sober for at least six straight months and must have all court-ordered amounts paid in full to graduate.
- Shall pay \$300 program fee (\$25 a month). These fees must be paid in full before advancement to the next phase.

Requirements for Graduations

- Participants must demonstrate the ability to be fully responsible for themselves and their choices and behaviors.

- Participants must be aware of the impact of their choices and behavior on their family, friends, and society.
- Participants must make a written and/or oral report to the Sobriety Court on the impact the Sobriety Court has had on their life.
- Participant must be a role model of productive behavior and provide support and encouragement to other Sobriety Court clients.
- Participant must have made payment in full of all fees and treatment costs including probation fees.
- Participant must be clean and sober for at least 90 days.
- Participant must successfully complete Phases I, II, III, and IV.
- Participant must be fully enrolled in school, maintain full time employment, or be fully engaged in positive community activity as to be determined by the Sobriety Court Team.
- Participants must have completed an outtake meeting with their case manager.

Post-Graduation

- 3-12 months non-reporting probation.
- Submit to urine screens and PBT's as directed by the probation department.

Discharge

The following may result in formal violation proceedings which could result in significant periods of incarceration and/or termination from the program:

- Voluntary termination.
- Violent behavior or threats of violent behavior toward self or others.
- Continued program non-compliance as determined by team case review.
- Criminal Behavior
- Sabotaging another individual's sobriety.
- Public safety issue
- Driving while under the influence of alcohol/drugs while in the program

Review Hearings

Participants in the Sobriety Court program are required to attend Review Hearings every two to four weeks depending on what phase of the program they are in. The program judge, prosecutors, attorneys, probation officers/case managers, law enforcement officials, treatment providers, other sobriety court participants, family members, and friends are all invited to attend these hearings. Judges will review participant's progress with the participants and the team to determine what rewards, sanctions or adjustments may be appropriate.

Attendance at review hearings with the judge is mandatory in Sobriety Court. Participant's dress should be appropriate and should not include hats or sunglasses. Additionally, clothes displaying offensive language or advertising alcohol or other drugs is not permitted. Loud and disruptive behavior is unacceptable. No cell phones are allowed in court and participants are required to stay for the entire court hearing session. Participants are encouraged to ask the judge pertinent questions and voice any concerns they may have about their treatment program. Participants will be given notice of their next report day and review hearing. It is the participant's responsibility to keep track of their court dates.

Report Days

Participants of the Sobriety Court are expected to report to their case manager/probation officer on their assigned report day and time. Participants should come prepared with proof of 12 step meeting attendance and any other verification that is requested. Any changes in address, employment, phone number, living situation etc. should be discussed with the case manager/ probation officer on report day.

Employment, School, and Positive Community Activity

Participants in the program will be expected to maintain employment, be enrolled in an educational program, or participate in positive community activity on an equivalent of a full time basis. Participants will be expected to provide their case manager with verification of employment, education, and, positive activity upon request. Unemployed participants will have 90 days to secure employment. After 90 days of unemployment, participants will be required to participate in 20 hours positive community activity per week at an approved community organization. Participants who lose their job while in the program will be given a time frame to secure new employment. While searching for employment, participants may be required to participate in job training or community service. All community service locations must be approved by the program coordinator or case managers. Community service that is not approved may not be counted towards required hours. Participants will be provided with community service locations and contact information upon request.

Zero Tolerance of Alcohol and Drugs

Participants in the program are not to use or possess alcohol or illegal drugs while participating in the program. Participants are also not to be around anyone who is using, consuming, or selling alcohol or illegal drugs. Participants are not to enter premises where alcohol is served by the glass including, but not limited to: bars, casinos, sporting/concert venues, reception halls, adult entertainment establishments, or any other place minors are excluded. If a participant is in question to where he/she is allowed, they should check with their case manager to make sure they maintain program compliance. The consumption of non-alcoholic beer, non-alcoholic wine, cold medicine containing alcohol, mouthwash containing alcohol, or any other product containing alcohol is prohibited. (See incidental alcohol exposure pg. 15)

Drug and Alcohol Testing

Program participants will be expected to maintain sobriety through the entirety of the program. This will be monitored by alcohol and drug testing. The Sobriety Court program will utilize electronic monitoring as well as urine tests to monitor compliance. Participants who attempt to dilute or falsify urine or breath samples will be sanctioned in accordance to the program's guidelines. Since the program expects honesty from all participants, attempts to falsify or dilute testing samples may lead to harsher sanctions than a positive test. Please refer to the programs drug testing policy on page 14 for more information.

Participants will be required to submit breath tests one to four times a day throughout the program into an electronic monitoring device. Participants will be required to provide these breath tests at a scheduled time. Participants who provide late breath tests or miss breath tests will be sanctioned in accordance to program guidelines. Participants are to contact their case manager in any instance they will be late or will miss a breath test. This contact should be made before the established test time.

Prescription Drugs

Participants in the Sobriety Court program will be expected to maintain a clean and sober lifestyle though the duration of the program. This will be achieved by abstaining not only from alcohol, but from the use of any illegal or prescribed controlled substances that would be counterintuitive to the goals of the program. Any prescriptions for controlled substances will be ceased immediately upon program entry. Any medication must be approved by program case managers or program coordinator before consumption. All prescriptions must be approved by the program staff before being filled. If a participant fills a prescription without permission, they will be required to surrender the medication to their case manager. Failure to provide the case manager with the medication upon request will lead to program sanctioning. Proper documentation must be provided to the case manager on all prescriptions. Qualified participants may be referred for further evaluation by an addiction specialist and will be responsible for costs of any future evaluation and/ or additional screenings for substance abuse.

Restricted Licensing

According to Michigan legislature, individuals may be eligible for a restricted license after 45 days in a sobriety court program. Installation of an ignition interlock system on the participant's vehicle is required for this license. Retaining a restricted license by involvement in the Sobriety Court Program will be a privilege, not a guarantee. Participants must have 45 days of continued compliance before being considered for a restricted license. Participants should not expect to obtain a restricted license on their 45th day of the program.

Participants driving will be monitored by case managers to verify they are complying with licensing restrictions. Once obtaining the restricted license, it is the participant's responsibility to provide their case manager with any documentation supporting their driving destinations, upon request. Participants who violate restrictions of the license while in the program will be sanctioned in accordance to the programs policies and may lose this privilege.

Residence

Participants are required to reside in Gratiot, Montcalm, or Clinton County. Participants have 48 hours to notify their case manager of any physical address change. Participants may not leave the state or stay overnight anywhere other than their residence on file without permission from the court (see travel policy page 10). Alcohol and illegal substances are not to be present in the participant's residence.

Home Checks

While in the program, participants will be subject to random home visits for compliance monitoring purposes. These compliance checks will be carried out by a representative of the program (i.e. coordinator, case manager, compliance officer, probation officer), accompanied with a law enforcement officer. The representative will be looking for the following items:

- Alcohol (beer, liquor, and wine)
 - Includes: empty beer, liquor and wine bottles
- Drugs
 - Includes: narcotics, non-prescribed medication, any medication containing alcohol
- Paraphernalia:
 - Includes shot glasses, beer mugs, wine glasses, hookahs, home decorations/clothing with beer, liquor or wine logo's, drug paraphernalia
- Illegal Weapons

If any of the previously listed items are found by the representative, the participant will be sanctioned in accordance to the program policy manual. During the visit, the representative will be allowed to search the home, outbuildings, and vehicles. Along with the search of property, participants will be required to submit to alcohol/drug testing upon request.

Participants should be prompt when answering the door. Participants are expected to be courteous and respectful to the representative, as well as the accompanying law enforcement officer. If there are animals in the residence, please make sure that they are restrained.

Participants are expected to be home by curfew. If the representative arrives at a residence after curfew, and the participant is not present, they will be sanctioned in accordance to the policy manual. Participants who fail to answer the door will be assumed in violation. Participants should speak with their case manager before traveling or staying overnight, adhering to the program's travel policy. Spending the night away from the residence on record without permission is a violation of the Recovery Court Program and participants will be sanctioned accordingly.

Travel

The following are conditions for travel and overnight stays for participants in the program:

- Permission from the case manager must be obtained at least 2 weeks prior to any traveling.
- All Permission to travel will be left to the case manager's discretion.
- Travel to destinations that may be detrimental to a program participant's sobriety may be disallowed. This will be left to the discretion of the MMRSC team.
- Traveling includes any overnight stays away from participant's residence.
- Name and address of destination, as well as travel dates and times is required before being granted permission to travel. This information is to be submitted to the case manager IN WRITING. Participants should ask their case manager for a travel request form and fill it out completely.

- During the time between asking permission and actual travel, participants must be violation free. If the participant commits any program violations during the two week period, the participant's permission to travel will be revoked.
- If permission is granted to travel, participants must uphold required Soberlink/Intoxalock blow times and all other program requirements including curfew.
- If the participant is called for a random drug test during travel, the participant is responsible for finding a testing facility to complete testing as directed. Failure to complete the appropriate test will lead to program sanctions.
- Testing positive for any substance during travel or directly after traveling will result in revocation of all travel privileges through the duration of the program.
- Participants must be in the program 90 days before requesting permission to travel.
- Participants may receive 12 total travel nights for the entirety of the program based on the program discretion. Participants may stay up to 4 nights per travel period. (Does not include business trips or immediate family funerals)
- Participants are disqualified for travel for the duration of the program if they are ever sanctioned to jail for any violation OR sanctioned more than once for any other type of non-compliance.

Honesty

One of the key concepts to Sobriety Court is honesty and personal accountability. Dishonesty will only impede the goal of a clean and sober lifestyle and will result in termination for the program. Dishonesty in any form including lying, adulterated drug screens, fraudulent signatures on documents, and fraudulent documents will not be tolerated and will be severely sanctioned in Sobriety Court. Participant's honesty is essential to their participation in the program. Participants are to honestly and completely answer any questions from the Judge and case managers/probation officers. Participants must truthfully and fully report any program or probation violation the case manager within 24 hours of the violation. Deceptive and dishonest behavior, as determined by the case manager and Sobriety Court Team, will lead to program sanctions.

Sanctions

Sobriety court participants will be held accountable for program requirements. If a participant does not meet requirements or relapses, they will be held accountable via program sanctions. Progressive sanctions demonstrate immediate and swift consequences to negative and inappropriate behavior. Sanctions will increase as the violations increase in severity or quality. Sanctions are predetermined and will be made known to participants at entry of the program. Participants will be notified in writing of any program violation. Participants should refer to the sanction grid on pg. 12 with questions on sanctioning and should be aware the sanction grid is subject to change as the program evolves.

Level 1	First Non-Compliance	Second Non-Compliance	Third Non-Compliance	Fourth Non-Compliance
Any missed (unexcused) Treatment, Case Management or Probation Meeting	Verbal Reprimand from judge	1 day court observation from jury box	24 hours in jail	48 hours or more in jail. Team case review
Any Missed (unexcused) 12-Step Meeting or unsigned meeting sheet	Verbal Reprimand/ Make up-or additional meetings	Make up or additional meetings: 1 day court observation from jury box	Make up or additional meetings, 24 hours in jail	48 hours or more in jail, make up additional meetings team case review
Forged 12-step signatures	1 day court observation from jury box, additional 12-step meetings	24 hours in jail, additional 12-step meetings	48 hours in jail, additional 12 step meetings	Team Case Review
Late to Court	Verbal reprimand; Last to go in review hearings	Letter of apology, 1 observation from jury box	24 hours in jail	48 hours in Jail, Team Case Review
Failure to Pay fees or restitution	Verbal reprimand from case manager	Verbal reprimand from Judge	Failure to advance phases	Financial Review, Team Case Review
Level 2	First Non- Compliance	Second Non- Compliance	Thlrd Non- Compliance	Fourth Non-Compliance
Late PBT's (up to 2 hours late)	Verbal reprimand	Verbal reprimand, ETG within 12 hours	Increased Blow Times, ETG within 12 hours	Missed PBT, move forward to Missed PBT sanctions
Missed UA's/PBT's	Time clean starts at 0, extra UA's x3 weeks	24 hours in Jail plus extra UA's x3 weeks	48 hours or more in jail plus extra UA's x6 weeks.	Team Case Review
Missed Curfews/No answer at home checks	More Restrictive Curfew	24 hours in Jail	48 hours or more in jail	Team Case Review
Missed Community Service	Verbal Reprimand, Additional 10 hours of CS	Additional 24 hours of CS, 1 day court observation from jury box	24-48 hours in jail, Additional 24 hours of CS	Team Case Review
Violation of Restricted License	Verbal reprimand from case manager	30 day vehicle immobilization	60 day vehicle immobilization	Revocation of Restricted License
Level 3	First Non- Compliance	Second Non- Compliance	Third Non-Compliance	Fourth Non-Compliance
Missed (unexcused) Court Session	Bench Warrant Issued Minimum 24 hours in jail	Minimum 48 hours in jail	Team Case Review	Team Case Review
Deceptive/Dishonest Behavior*	24 Hours in Jail	48 Hours in Jail	Team Case Review	Team Case Review
Entering Establishment Where Alcohol is Served By the Glass	1 day court observation from jury box	24 Hours in Jail	48 Hours in Jail	Team Case Review
Positive/Dilute UAs and PBTs	Increased UAs/PBTs, 12-step meetings. Time Clean Starts at 0.	24 hours in jail Increased UAs/PBTs, 12-step meetings. Time Clean Starts at 0.	48 hours in jail, Team Case Review, possible phase digression. Time Clean Starts at 0.	Team Case Review, possible phase digression
False UA's	24 hours in jail Increased UAs/PBTs	48 hours in jail Increased UAs/PBTs	Team Case Review	Team Case Review
Drugs or Alcohol Present at Random Home Checks	24 hours in jail	48 hours in jail	Team Case Review	Team Case Review
Use of Controlled substances	48 hours in jail	96 hours in jail	Team Case Review	Team Case Review

- *Deceptive/ Dishonest behavior will be left to the discretion of the case manager and the Sobriety Court Team.
- * Unlisted program violations may lead to sanctions left to the discretion of the Recovery Court Team.
- *Team Case Reviews may lead to unlisted sanctions as well as possible program termination.
- * New criminal charges will result in a team review and sanctions will be left to the discretion of the Recovery Court Team.

Program Agreement

I agree to abide by the terms and conditions of the Mid-Michigan Sobriety Court Program set forth below:

I agree to:

1. Not use, possess, or consume alcohol and/or other illegal or controlled substances, including but not limited to marijuana, nor be in the presence of any person using, possessing, or consuming said substances; nor enter premises where alcohol is served.
2. Not violate any criminal law of any unit of government.
3. Be employed or enrolled in an educational program.
4. Submit to PBT's and/or drug screening as requested.
5. Immediately notify the Sobriety Court of any changes in address and/or phone number.
6. Attend 12-step support groups as required by the Sobriety Court and submit verification of attendance as requested.
7. Notify the Sobriety Court of any police contact, arrest or criminal charge within 24 hours. I acknowledge I may be prosecuted for any of my new offenses and terminated from the Sobriety Court Program.
8. Complete community service as directed by the Sobriety Court case manager.
9. Make full and truthful reports to the Sobriety Court.
10. Not engage in an assaultive, threatening, or aggressive behavior.
11. Comply with all terms and conditions of my probation and treatment recommendations of my treatment provider including after and continuing care recommendations.
12. Attend all appointments/meetings on time.
13. Not leave the state without the prior consent of the Sobriety Court team.
14. Authorize the Sobriety Court Program to contact all parties involved in the reconciliation of restitution, if any.
15. Pay all outstanding monies resulting from my conviction and participation in the Sobriety Court including but not limited to: program fees, drug testing fees, counseling fees, court fines and costs, and county jail fees. I understand these must be paid in full to successfully complete the program.
16. Allow the Sobriety Court case manager, together with law enforcement officials, into my home any time for supervision.

Also, I understand that:

17. I must have prior permission from the Sobriety Court Team before consuming any medication.

18. I must have prior permission from the Sobriety Court Team before entering any establishment that dispenses alcohol for consumption on the premises.
19. Court proceedings are open to the public and are videotaped and/or recorded. Additionally, the Court files are open and accessible to the public. To the extent that the public, including the media, may view the Court proceedings and /or view my Court file and/or view a videotape or audiotape or any transcript or them, I waive my rights to confidentiality statues and regulations, including 42 C.F.R. That the confidentiality statues and regulations prohibit specified disclosures, by way of example only, my eligibility and/or acceptability for substance abuse treatment services and my treatment attendance, prognosis, compliance and progress. I waive all such rights as long as I am participating in the Sobriety Court Program.
20. The data in my public and confidential file may be used for research, data analysis and program evaluation by the Sobriety Court, the District Court staff, or individuals or others independent of Sobriety/District Court.
21. Failure to fully comply with all the terms and conditions of the program listed above will result in the following:
 - a) Notification to the judge that I am in violation
 - b) Sanctions as determined by Judge with input from the Sobriety Court Team and/or
 - c) Termination from the program

The Recovery Court Coordinator agrees to:

1. Meet with program participants as needed to help assure my successful completion in the program.
2. Monitor all tests to be certain the results are accurate.
3. Report participant's progress and tests results to the Court.
4. Refer participants to any community agency at the Sobriety Court's disposal which may assist in participant's Recovery.

I have received a copy of the Mid-Michigan Regional Sobriety Court Participant Handbook and agree to comply with the program's policies and conditions discussed within. I understand that the Sobriety Court may amend these conditions and/or add new conditions. I understand that if changed, I must comply with the amended or added condition(s), or be terminated from the program, and if terminated, I may be confined in the County Jail.

Drug Test Policy and Procedure

As a participant in the Mid-Michigan Regional Sobriety Court, you will be required to submit to urine screens and PBT's as directed by the Recovery Court Coordinator. The following are guidelines for alcohol and substance abuse testing:

1. You will be called by the case manager and instructed to complete a urine screen or PBT within two hours of the call. You must provide a phone number where you may be reached. This number must be one where a message may be left if no one answers the phone (voice mail, answering machine, etc.). **YOU MUST KEEP THE SOBRIETY COURT NOTIFIED OF ANY PHONE NUMBER CHANGES.** If you are at work or school, you may complete the test after work/school is done for the day. Failure to complete a test as directed by the court may lead to program sanctions.

2. Testing for substances of abuse will be conducted by the case manager. If the case manager is not available to collect a breath or urine sample, tests will be administered by a representative of the Sobriety Court (probation officer, OCC Coordinator, intern probation officer, etc.) The probation office is open from 8am-12pm and 1pm-4:00 pm Monday - Friday. If testing at a different facility, permission will be required from the case manager. Results must be faxed or mailed and received by the Sobriety Court no later than two weeks after the administration of the test. Results may be faxed to (989) 875-5290. See Sobriety Court Case Manager for testing facilities. Please be aware that outside facilities require a picture ID as well as payment at time of testing.
3. Sobriety Court Participants are responsible for the costs of substance abuse testing. These tests cost anywhere from \$4 to \$25 depending on the test. Drug testing fees must be paid in full before advancing to the next phase.
4. Program participants who provide a sample that shows an attempt to flush their system (a Creatinine level below 20), or attempts to falsify or adulterate the specimen, will be sanctioned in accordance to the Sobriety Court Policy Manual. One dilute test will result in a warning from the case manager. Any dilute results after will be viewed as positive test. 2 dilute tests will reset a participants sobriety days to 0.
5. Program participants will be tested for alcohol and drug consumption. Any positive will result in program sanctions in accordance to MMRSC Policy Manual. Any prescription medication must be immediately reported to the case manager upon admission to the program. Failure to do so may result in program sanctions. Any medication prescribed to a participant MUST be reported to the Sobriety Court and approved before consumption.

I have received a copy of this policy sheet. I understand and agree to comply with the above. I have also received a copy of the Unified Drug Testing Policy and agree to adhere to all drug testing protocol discussed in that policy.

Urine Abstinence Testing and Incidental Alcohol Exposure

Recent advances in the science of alcohol detection in urine have greatly increased the ability to detect even trace amounts of alcohol consumption. In addition, these tests are capable of detecting alcohol ingestion for significantly longer periods of time after a drinking episode. Because these tests are sensitive, in rare circumstances, exposure to non-beverage alcohol sources can result in detectible levels of alcohol (or its breakdown products). In order to preserve the integrity of the Sobriety Court testing program, it has become necessary for us to restrict and/or advise Sobriety Court participants regarding the use of certain alcohol-containing products.

It is **YOUR** responsibility to limit your exposure to the products and substances detailed below that contain ethyl alcohol. It is **YOUR** responsibility to read product labels, to know what is contained in the products you use and consume and to stop and inspect these products **BEFORE** you use them. **Use of the products detailed below in violation of this contract will NOT be allowed as an excuse for a positive test result. When in doubt, don't use, consume or apply.**

Cough syrups and other liquid medications: Recovery Court participants have always been prohibited from using alcohol-containing cough/cold syrups, such as Nyquil®. Other cough syrup brands and numerous other liquid medications, rely upon ethyl alcohol as a solvent. Recovery Court participants are required to read product labels carefully to determine if they contain ethyl alcohol (ethanol). All prescription and over-the-counter medications should be reviewed with your case manager before use. Information on the composition of prescription medications should be available upon request from your pharmacist. Non-alcohol containing cough and cold remedies are readily available at most pharmacies and major retail stores.

Non-Alcoholic Beer and Wine: Although legally considered non-alcoholic, NA beers (e.g. O’Douls®, Sharps®) do contain a residual amount of alcohol that may result in a positive test result for alcohol, if consumed. Recovery Court participants are not permitted to ingest NA beer or NA wine.

Food and Other Ingestible Products: There are numerous other consumable products that contain ethyl alcohol that could result in a positive test for alcohol. Flavoring extracts, such as vanilla or almond extract, and liquid herbal extracts (such as Ginko Biloba), could result in a positive screen for alcohol or its breakdown products. Communion wine, food cooked with wine, and flambé dishes (alcohol poured over a food and ignited such as cherries jubilee, baked Alaska) must be avoided. Read carefully the labels on any liquid herbal or homeopathic remedy and do not ingest without approval from your case manager.

Mouthwash and Breath Strips: Most mouthwashes (Listermint®, Cepacol®, etc.) and other breath cleansing products contain ethyl alcohol. The use of mouthwashes containing ethyl alcohol can produce a positive test result. Recovery Court participants are required to read product labels and educate themselves as to whether a mouthwash product contains ethyl alcohol. Use of ethyl alcohol-containing mouthwashes and breath strips by Recovery Court participants is not permitted. Non-alcohol mouthwashes are readily available and are an acceptable alternative. If you have questions about a particular product, bring it in to discuss with your case manager.

Hand sanitizers: Hand sanitizers (e.g. Purell®, Germex®, etc.) and other antiseptic gels and foams used to disinfect hands contain up to 70% ethyl alcohol. Excessive, unnecessary or repeated use of these products could result in a positive urine test. Hand washing with soap and water are just as effective for killing germs.

Hygiene Products: Aftershave and colognes, hair sprays and mousse, astringents, insecticides (bug sprays such as Off®) and some body washes contain ethyl alcohol. While it is unlikely that limited use of these products would result in a positive test for alcohol (or its breakdown products) excessive, unnecessary or repeated use of these products could affect test results. Participants must use such products sparingly to avoid reaching detection levels. Just as the court requires Recovery Court participants to regulate their fluid intake to avoid dilute urine samples, it is likewise incumbent upon each participant to limit their use of topically applied (on the skin) products containing ethyl alcohol.

Solvents and Lacquers. Many solvents, lacquers and surface preparation products used in industry, construction, and the home, contain ethyl alcohol. Both excessive inhalation of vapors, and topical exposure to such products, can potentially cause a positive test result for alcohol. As with the products noted above, Recovery Court participants must educate themselves as to the ingredients in the products they are using. There are alternatives to nearly any item containing ethyl alcohol. Frequency of use and duration of exposure to such products should be kept to a minimum. A positive test result will not be excused by reference to use of an alcohol-based solvent. If you are in employment where contact with such products cannot be avoided, you need to discuss this with your Case Manager. Do not wait for a positive test result to do so.

Remember! When in doubt, don’t use, consume or apply.

I HAVE READ AND UNDERSTAND MY RESPONSIBILITIES

Positive Blow Procedure

Participants in the Mid-Michigan Sobriety Court are required to maintain sobriety throughout the entire length of the program. Proof of sobriety is maintained by electronic monitoring such as SoberLink, and Ignition Interlock technologies. Although the Sobriety Court Program has full confidence in the reliability of its electronic testing, in some instances participants may disagree with the results of their provided breath sample. In such cases

immediately notify the Sobriety Court staff and follow the program procedure. The following outlines procedure for any positive blow or questioned result with electronic device testing:

1. Participant blows a positive breath sample into electronic monitoring device (SoberLink, Ignition Interlock, SmartStart).
2. Participant washes mouth out with water and provides sample into the device according to the parameters of the device. **IMPORTANT: Continue testing until you blow 0's.**
 - a. SoberLink: Provide a breath sample every 15 minutes until a passing sample is provided.
 - b. Ignition Interlock: Follow the device's prompts in providing breath samples. Usually the device will clear after the second blow that occurs minutes after the failing sample. If a passing sample is provided within 15 minutes, it will not be necessary to continue through this procedure.
3. Participants who believe that breath test results were inaccurate, or a "false positive" was provided into the electronic monitoring device, will be required to complete a urine analysis test within 12 hours of the positive blow for EtG testing. EtG testing can be administered through the Sobriety Court Coordinator, District Court Probation Office or Office of Community Corrections. Office hours for these departments are Monday-Friday 8am-4:30pm. Offices are closed from 12pm-1pm for the lunch hour. If a participant is unable to make it to the Gratiot County Courthouse during these hours, or the event occurs over the weekend or holiday, EtG testing can be done at other testing facilities including Occupational Health at 321 East Warwick Drive, Alma, MI. 48801 (989)466-3296. Hours of operation for this facility are Monday-Friday 8am-7pm and Saturday-Sunday 8am-3pm. If testing at Occupational Health, the test **MUST BE AN OBSERVED URINE TEST** and payment of the \$49 testing cost will be required upon testing. It is the participant's responsibility to inform Occupational Health staff which type of test is to be administered and that the specimen collection is to be observed. Results from an un-observed test will be null and void. Results of this test must be received by the case manager no later than two weeks after testing.

Failure to complete this procedure will result in the MMRSC team moving forward with possible program sanctions in accordance to the MMRSC Policy Manual based on test results provided into the electronic device. This procedure is set up to act as a safe guard to protect participants from device malfunctions and is not to be abused by individuals who have consumed alcohol. Each positive breath test result as well as all test results will be looked at on a case by case basis. Completing the procedure does not guarantee a participant won't be sanctioned in accordance to program guidelines.

I have read and gone over this policy with the case manager and understand my responsibilities in regards to electronic monitoring. I have also received a copy of this policy.

***The Mid-Michigan Regional Sobriety Court Program is continuously changing policy and procedure to enhance outcomes for program participants and ensure public safety. With program entry, participants agree to adhere to any policy and procedural changes that may occur during their participation in the program.**