OCTOBER 2018 NEWSLETTER 614-837-3020



CENTER DIRECTOR: NANCY LEE

OFFICE SPECIALISTS:
DEANA DILLON and JAMIE NEUTZLING

TELEPHONE 614-837-3020 FAX 614-833-6471 HOURS: MON-THURS 8:30AM-4:30PM FRI-8:30AM-2:30PM

WEB PAGE: <a href="http://pickerington">http://pickerington</a> senior center.org

EMAIL: pickcenter@violet.oh.us

### **A NOTE FROM NANCY**

The count for the monthly luncheon has decreased in the last few months. If you have any suggestions or ideas on what we can do to improve the monthly lunch please feel free to contact the office and give us your input. If you know of any good entertainment please feel free to let us know. Sorry but I'm still not able to get any information on the school lunch for seniors. They have a new person in charge of student council at both schools, I have left a message at both schools, no calls back yet.

## FLU IMMUNIZATIONS WEDNESDAY, OCTOBER 3rd 9:30- 12:30

Trish Brewster & her staff from The Kroger Store on Hill Road will be coming to the center to give both Fluzone HD for those over 65 and Fluzone Quad for those preferring the regular strength. The cost for Fluzone HD is \$60.00 and Fluzone Quad is \$40.00. Checks or exact change would be preferred. Some of the most common plans include; Humana, Medigold, Aetna, United Health Care, Medicare (Red, White & Blue Card) and Blue Cross. They will need to copy your insurance card. Call your insurance to see if they cover the cost.

#### WEDNESDAY LUNCHEON - OCTOBER 3rd

Luncheon is at 11:30 am. Cost is \$6.00 per person. MENU: Cottage Cheese, Beef Stroganoff over Rice, Vegetable Medley, Pumpkin Pie, Coffee & Iced Tea. No tickets sold after Friday, September 29<sup>th</sup>.

# TITLE BOXING THURSDAY, OCTOBER 4th & 18th

Maria Manzo from Title Boxing will be here from 9:00-9:45am. Sessions are around the Rock Steady Boxing curriculum that increases the neuroplasticity of the brain aka help produce healthy brain cells. The exercises are designed to improve quality of life, have fun, and get results all at the same time. The **cost is FREE**; if you join the class she will supply the Boxing kit that includes a bag and gloves or you can purchase them from her for \$20.00

# MEDIGOLD ADVANTAGE PLAN SEMINAR THURSDAY, OCTOBER 4th 10:00AM

They will be discussing enrollment periods and all of MediGold's Plan benefits for 2019. They will touch on Part D prescription coverage as well.

### COFFEE CLUB FRIDAY, OCTOBER 5th 9:30AM

Join Mike Mitchell's Coffee Club for an informal gathering where he will discuss the economy, the financial markets, interest rates and other relevant investment topics. Be a part of the next discussion.

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#### **NEW MEMBERS**

We welcome the following new members to the senior center and hope they join us for some of our activities Stephanie Carney, Ray Creamer, Bonnie Geiser, Barbara Hawk, Elaine Hart, Marcella Hoover, MaryLou Johnson, Toni McFerin, Jane Myers, Karen North, Ken & Katie Schneider.

### **MEDICARE SEMINAR UNDERSTANDING YOUR MEDICARE OPTIONS** TUESDAY, OCTOBER 9th- 10:30-11:30A.M.

Are you turning 65 soon and not sure about your Medicare options? Are you losing your employer sponsored Medicare health insurance plan? Do you have a Medicare plan and have questions about your coverage? If you have answered yes to any of the above questions you may want to Consider attending our free Educational Presentation where your questions about your Medicare coverage will be answered. **Understand your Medicare choices:** 

- \* Medicare A, B,C,D and Medicare Supplements.
- \* Find out about recent Medicare changes.
- \*Learn about important enrollment deadlines.

### **ANNUAL SOUP DINNER AND BINGO THURSDAY, OCTOBER 11th**

You may choose either bean or vegetable soup. When you purchase your ticket let us know which soup you want, you will need to give them the ticket when you get your soup. The cost is \$7.00 for soup, dessert, coffee or iced tea, and bingo. If playing bingo only the cost is \$3.00. We will serve from 5:00-6:00pm, bingo starts at 6:30pm. Two groups will be working, one for dinner and one for bingo, if you would be willing to help out please call Annabelle Marion at 614-866-7339.

#### MEMBERSHIP INCENTIVE PROGRAM

Any member that signs up four new members will receive a \$25.00 Visa Gift Card. Tell the office staff to put your name on the form when you sign up a new member. All you need is four members!!



### HALLOWEEN LUNCHEON **TUESDAY, OCTOBER 16th**

The luncheon starts at noon. Please bring the following: A-G a vegetable, H-M a salad, N-S a dessert, and T-Z a meat. Be sure the covered dish is large enough to share. Bring your own table service. Money donated in the basket on the table will be donated to the Pickerington Food Pantry each month. Thanks to Wesley Ridge for sponsoring the pies and gift cards for the luncheon. Entertainment: Elvis Impersonator, Mike Rose.

### **VOLUNTEER OF THE MONTH**

The center would like to honor Jimmy Moore as volunteer for October. Jimmy is a big help here at the center. Jimmy is the secretary on the Board of Trustees, he helps sets up Euchre every Wednesday, helps with set up for all the Music Series, Pancake Breakfast and monthly lunches. He is willing to help us when ever we call him. He will receive a \$10.00 gift card to Steak 'n Shake. Enjoy your reserved parking space the month of October. Thanks Jimmy for all your help.

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## FOOT CARE THURSDAY, OCTOBER 18<sup>TH</sup> & 25<sup>th</sup>

Everyday Divinity provides nail and foot care services by State Certified Foot Care Nurse, Heather Wilson, RN. She will be at the center for a foot care clinic from 9:00am-2:00pm. The cost is \$30.00. It includes a 30 minute treatment, a complete foot assessment, expertly trimmed, thinned & filed nails, corns & calluses filed & buffed. All tools are sterilized for each patient. Call 614-837-3020 to sign up.

# PANCAKE BREAKFAST SATURDAY, OCTOBER 27th

It's that time again to start flipping pancakes. The breakfast is from 8:00-11:00a.m. The cost is still \$4.00 per person for adults and \$2.50 for children 5-10, under 5 is free. Come in and enjoy all the pancakes you can eat, sausage, orange juice, coffee or hot tea; we have milk for the children. October's breakfast is sponsored by Spence Funeral Home.

# BINGO TUESDAY, OCTOBER 30<sup>TH</sup> (DATE CHANGE FROM OCTOBER 23<sup>RD</sup>)

On the fourth Tuesday of every month we play Bingo!! At noon there is a potluck to include homemade ice cream. Bingo starts at 1:00p.m.



COMMUNITY TRICK OR TREAT NIGHT

TUESDAY, OCTOBER 31<sup>ST</sup>

6:00 – 8:00PM

#### **THANK YOU**

Glenda Neely from Seton Parish would like to thank the ladies for the knitting of 280 items that she received

#### WATERCOLOR CLASS IS FREE TO MEMBERS

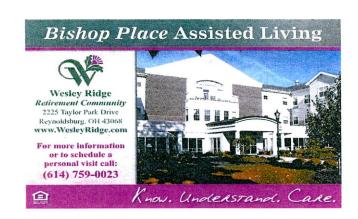
Join Lois Clark every Monday from 1:00-3:00pm here at the center for adventures in watercolor painting. Lois is a great teacher and no requirements, previous training, or talent, just the desire to express yourself with "Paints and Brushes." The class is free to members. Call Lois at 614-837-0266 for a list of supples needed.

#### **STRENGTH CLASS**

Join the strength class every Monday and Wednesday from 10:00-11:00am. The class is free to members. The class focuses on building upper and lower body strength, a good stretch and improving your balance.

### FITNESS FIRM - EVERY FRIDAY MORNING-CLASS IS FREE TO MEMBERS.

Exercise starts at 9:00am. Registration, sign up at 8:30am. It is a 45 minute class. It's a total workout; see the power you've got and make great things happen for your health and well-being. A certified instructor will guide you through a safe and effective workout.



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# IMPORTANT INFORMATION

They just implemented a new trip scheduling software (Ecolane) and they are pleased to report it is allowing them to provide more trips than they have done in the past! What does this mean for you. You will need to book your trip at least one day in advance for the cheaper fares \$1/\$2 versus a \$5.00 same-day fare). You are still able to book your trips up to two weeks in advance. They will continue to take reservations Monday thru Friday from 8:00am until 4:00pm via telephone, or you may use a new "self-service" portal that allows you to book/manage your own trips! In addition they will be adding a feature that will allow you to receive a text message alert and/or a phone call to remind you of your trip or the location of your bus. They thank you for your patience and support during this transition. They are very excited to implement this new software product that will become the backbone of Fairfield County transportation system. As always, should you have any questions regarding these changes call them at 740-681-5086 or email <a href="mailto:cwoody@ci.lancaster.oh.us">cwoody@ci.lancaster.oh.us</a>.

# UPCOMING EVENTS VOLUNTEER DINNER WEDNESDAY, NOVEMBER 8TH

Fairfield National Bank is sponsoring a dinner for all the volunteers here at the center. This is for anyone who has volunteered for anything, crafters, set up, pancake breakfast workers, noodle makers, office volunteer, kid's party, and dinners for the shut-ins, or anything else that you have helped out with. The only thing they ask is for you to sign up. If you have to cancel please let us know ahead of time, they have to pay the caterer for the guaranteed amount. Entertainment will follow after dinner.

Dinner is at 5:00p.m. Dessert, Coffee & Tea

#### **UPCOMING FESTIVAL**

Oct 14 – Groveport Apple Butter Day



### **TRIPS**



# THE WILDS TUESDAY, OCTOBER 2ND

The motorcoach will leave the center 8:30am. In addition to the tram tour it includes transportation, the Deli Buffet that includes two side's dishes, dessert & beverage and all gratuities on included items. There will be time to explore the gift shop

# LANCASTER, PA., FEATURING "JESUS" AT SIGHT & SOUND

November 13-16 – This trip is sure to put you in the spirit of the holidays. The highlight is the performance of "Jesus" at the Sight & Sound Millennium Theatre. Also, included are 3 night accommodations, 6 meals, a performance of the spectacular musical revue "The First Noel", a visit to the Kitchen Kettle Village and much more. The cost is \$519.00 per person double occupancy with Payment due on sign up. Space available.

(Trips continued on next page)

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#### **THREE NEW TRIPS ADDED**

# THE SPIRIT OF CHRISTMAS TUESDAY, DECEMBER 4<sup>TH</sup>

Join us as the Taylor Family Trio, lifts their voices in praise in this Celebration of the REASON FOR THE **SEASON.** The Taylor's ministry in music has touched the hearts of audiences everywhere. Their spirit filled message delivered through their beautiful harmonies is truly magical. Singing heartfelt Christian music and old-time Christmas favorites, the sibling trip will entertain you and lift your spirits in song...an outstanding tribute to the Reason of the Season! In addition to this Heart Warming Holiday Celebration, the cost of \$70.00 per person includes transportation, a hearty familystyle lunch at Der Dutchman with two meats and all the trimmings, dessert, beverage and a 20% off coupon to use if you choose in the Carlisie Gift Shop. Sign up starts on Monday, October 1st and payment is due before Thursday, November 1st.

# LACOMEDIA DINNER THEATRE WEDNESDAY, DECEMBER 5th "WHITE CHRISTMAS"

Returning to LaComedia for the holiday season is the most popular show of all time, the classic musical "White Christmas." The holiday film classic starring Bing Crosby, Danny Kaye and Rosemary Clooney is the inspiration for this blockbuster musical. Two veterans have a successful song-and-dance act after World War II. With romance in mind, they follow a duo of beautiful singing "Sisters" en route to their Christmas show at a Vermont Lodge. The cost is \$60.00 Sign up starts Monday, October 1<sup>st</sup>, payment due before November 1<sup>st</sup>.

## HOILDAY LIGHTS DECEMBER 12<sup>TH</sup>

Join us as we travel to Middletown, Ohio. At your first stop you will enjoy a talk by a horticulturist about the myths and misconceptions of Poinsettias. Also on display are thousands of Christmas gift ideas, trees, wreaths and so much more. When you depart you will receive a Christmas Poinsettia which will be wrapped and protected. The next stop is Beau Verre Stained Glass Studio. You will enjoy a Tea Party among the stained glass windows. Following tea party you will enjoy a tour of the oldest continually operating stained glass studio in the country- established in 1838. You can view stained glass windows as the sun cascades through and cast different hues of colors on the floor. Learn how they create stained glass windows and see the great gift shop. The last stop you will enjoy a driving tour of nearby Light Up Middletown. Enter through the tunnel of lights to enjoy a sparkling fantasyland. Light of Middletown is a driving tour through a 100 acre park. Several themed displays include a floating Sea Serpent in the reflecting lake, Santa's Workshop, American Flag, Penguin Village, Deer Leaping Over the Roadway, Helicopter, Whales and much more – all with thousands of twinkling LED animated lights. Sigh up Monday, October 1<sup>st</sup> with payment due on sign up. The cost is \$81.00.

#### **OBERAMMERGAU, GERMANY & PASSION PLAY**

June 26-July 8, 2020-Some inclusions of this once in a lifetime trip include: Vienna, Danube Cruise, Salzburg, Mozart Dinner Concert at St. Peter's Restaurant, Munich, Oberammergau Passion Play, and much more. Includes roundtrip air, 19 meals, 11 nights, all taxes & gratuities on included items. The Passion Play (the story of Jesus) only comes around every 10 years and we need to reserve seats now for 2020. Stop in for a brochure with all the details of your day by day itinerary.

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### FROM DEANA

# REMEMBERING EVERYONE WITH WARMEST THOUGHTS ON THEIR BIRTHDAY "HAPPY BIRTHDAY"

(2)Candi Moore, Russell Bailey, Melodie Reed (3) Peggie Rice, Lisa Stoklosa (4)Bonnie Miller (5) Susi Mueller (6)Gertrude Stacoffe, Faith Hoek, William Allison(7) Lilia Checca, Ellen Mastracci, Mary Boehm (9) Betty Kolkody, Erwin Izella, Penny Durben (10) Mary Ann Bowen, JoAnn Shepard (11) Bill Morgan (12) Linda Frazee, Kay Skibo, Betty Ept, Dawn Wandling, (13) Marilyn Harmon, Wayne Schultz (14) Pureza Jacaban (16) J. Elaine Grener, Buck Ewing (17) Lauretta Bain, Karen Sanner, Carol Plympton, Susan Conaway (18) Gloria Ospina, Bill Haislet, Carol Foeke, Barb Shaffer (19) Jeanne Carroll, Jeri Lane, Ken Schneider (21) Jo Ellen Gohr, Donna Moore, Bud DeLong, Sharon McDougal, Carolyn Smith, Jack St.Cyr, Jerry Potca (22) Jennifer Mayper, Hilda Coldsmith, Richard Smith, Robert Lloyd, (23) Eddie Sheline, Grace O'Connell, Shirley Case, Pauline Limbach, Thomas Laughery (24) Rod Frazer, Robert Douglas, Debra Sherman (25) Joseph Douglas, Mike Welling (26) Martha Gravatt, Paulette DeVor, Ann Harper, Schearl Budd (27) Barb Smithberger (28) Julia Archer, Susan Pocta (29) Charlene Hertzer (30) Lynn Wilcox (31) John Samborsky, Richard Erwin, Gordon Burke

#### IN LOVING MEMORY OF:

Diane Cain
Millie Martin
Diane Shankland
Frances Klausman's son, Jimmy (Nancy's nephew, Deana's cousin)

#### **MEMBERS KNOWN ILL:**

Zelma Barth-Wesley Ridge Hospice Bennett Case-Echo Manor Ruth Sims-Shoulder surgery Diane Parker-Knee surgery Jeff Lee-Home recovering

### **1<sup>ST</sup> ANNUAL HALLOWEEN PARTY:**

October 25<sup>th</sup> 1:00-3:00pm
Pick up your free ticket in the office starting
October 1<sup>st</sup>. Snacks, games, music and
prizes for best costumes. Come join the
FUN!!

#### **HAPPY HALLOWEEN**

When witches go riding and black cats are seen, the moon laughs and whispers,
"Tis near Halloween."



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