



## **Petsch Respiratory Services**

***Call Us – Relax – Breathe Easier***

104 S. Belair Road #8

Martinez GA 30907

PHONE 706-863-6252 FAX 706-863-2337

[www.petschrespiratory.com](http://www.petschrespiratory.com)

# **Infant CPR Instructions**

- **When the Apnea Monitor alarms, check the baby for breathing or any response. Stimulate the baby (thump the feet, pull hair).**
- **If someone is with you, have them call 911. (if they are using a cell phone you must give 911 your address)**
- **Open the baby's airway by tilting the head to a 45 degree angle while checking for a brachial pulse (above the bend in the elbow).**
- **If there is no pulse or you think there is no pulse start giving 30 compressions to 2 breaths (your finger for compressions is on the sternum (breast bone) just below the nipple line. use 2 fingers to do the compressions, which should be done at a depth of  $\frac{1}{3}$  the depth of the baby's chest).**
- **Do 5 sets of 30 compressions to 2 breaths in 2 minutes or less.**
- **Recheck the baby for breathing or a pulse. If you are by yourself, take the baby with you to the phone and call 911 (if you are using a cell phone you must give 911 your address).**
- **If the baby has no pulse or breathing, do 5 more sets of 30 compressions to 2 breaths.**
- **If the baby has a pulse, but is not breathing, give 1 breath every 3 seconds until help arrives or the baby starts breathing.**

Heartsaver

# CPR for Infant (Birth to 1 year)



- Check for response.
- Shout for help. Send someone to phone 911.



- Open the **Airway** and check **Breathing**.



- Give 2 slow breaths that make the chest rise.



- Check for signs of **Circulation** (*normal breathing, coughing, or movement*).



- Give chest compressions and rescue breaths (5:1).



- **After 1 minute** of CPR, check circulation:
  - If alone, **phone 911**.
  - Continue CPR until EMS rescuers arrive.



# Petsch Respiratory Services

**706-863-6252**

**Responding to Apnea Monitor Alarms**

## Parental Instructions for Responding to Apnea Monitor Alarms

(Healthdyne Technologies manual Rev. B – 5/94 type 03)

### IF AN ALARM SOUNDS, YOU SHOULD

#### **1. Check your child's skin color immediately**

*If your child pale, dusky, or blue, start physical stimulation immediately. Respond as instructed by your doctor in your CPR class*

#### **2. If your child's skin color is normal, check to see if he/she is breathing**

*If your child **is not** breathing, respond as instructed by your doctor or in your CPR class. An example of your response could be as follows:*

- A. Gently pat the baby. The baby may correct the cause of the alarm on his/her own.
- B. If the baby **DOES NOT** correct the cause of the alarm, start physical stimulation immediately. Respond as instructed by your doctor or CPR class.
- C. If the baby **DOES** correct the alarm, note it on your log sheet.
- D. Press the **RESET** button to reset any alarm lights.

*If your child **is** breathing, respond as instructed by your doctor or in your CPR class. An example of your response could be as follows:*

- A. Wait a few seconds. Watch to see if the baby's breathing and color remains normal.
- B. Check the Apnea Monitor to see which light is on. Note it on your log sheet.
- C. If the alarm sound is continuous, look at the following:

##### **1. The Loose Connection Light**

If this red light is on, check the connections between the electrodes, lead wires, patient cable, and monitor. If something has come loose, reconnect it and press the RESET button. The alarm should stop. If the alarm does not stop, turn off the Apnea Monitor, then check the following items:

**The electrodes**—They should be clean and there should not be any cracks on the surface.

**The baby's skin**—Make sure that where the electrodes are placed is clean and free from oil, lotions, or perspiration.

**The electrode belt**—Make sure it is snug and keeping the electrodes in the proper place.

**The body position sensor**—Make sure it is plugged into the cable, and the cable is plugged into the Apnea Monitor.

##### **2. The Low Battery Light**

If this red light is flashing every 30 seconds, plug in the battery charger immediately. The yellow charger light will come on. The low battery light will stop flashing when the battery charger has been plugged in long enough to partially recharge the batteries. Fully drained batteries need about 24 hours to recharge.

##### **3. No Lights At All Are On**

The Apnea Monitor was turned off without pushing the RESET button first. Press the POWER OFF/ON button to turn the monitor back on. Power-off correctly.



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## APNEA MONITOR EVENT LOG

EXAMPLE

ABOUT THE EVENT	DATE	1-01-11																		
	TIME	10pm																		
	# OF BEEPS HEARD	1																		

ABOUT THE BABY	ASLEEP	<input checked="" type="checkbox"/>																		
	AWAKE																			
	BREATHING	<input checked="" type="checkbox"/>																		
	NOT BREATHING																			
	COULDN'T TELL																			
	NORMAL COLOR	<input checked="" type="checkbox"/>																		
	PALE																			
	DUSKY																			
	BLUE																			

ALARM CONDITION	APNEA ALARM AUDIBLE & LIGHTS																			
	APNEA ALARM LIGHTS ONLY																			
	BRADYCARDIA ALARM AUDIBLE & LIGHTS																			
	BRADYCARDIA ALARM LIGHTS ONLY																			

WHAT ACTION WAS NECESSARY	NOTHING- BABY FINE																			
	NOTHING OBSERVED																			
	BABY CORRECTED																			
	GENTLE TOUCH																			
	VIGOROUS STIMULATION																			
	CPR																			
LEAD OR ELECTRODE CORRECTED	<input checked="" type="checkbox"/>																			

COMMENTS	Found an electrode was not connected, reattached																			



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## APNEA MONITOR EVENT LOG

EXAMPLE

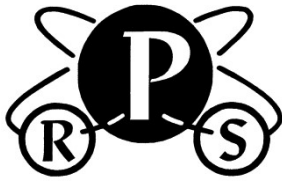
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	COULDN'T TELL	<input type="checkbox"/>																		
	NORMAL COLOR	<input checked="" type="checkbox"/>																		
	PALE	<input type="checkbox"/>																		
	DUSKY	<input type="checkbox"/>																		
	BLUE	<input type="checkbox"/>																		

ALARM CONDITION	APNEA ALARM AUDIBLE & LIGHTS	<input type="checkbox"/>																		
	APNEA ALARM LIGHTS ONLY	<input type="checkbox"/>																		
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	BRADYCARDIA ALARM LIGHTS ONLY	<input type="checkbox"/>																		

WHAT ACTION WAS NECESSARY	NOTHING- BABY FINE	<input type="checkbox"/>																		
	NOTHING OBSERVED BABY CORRECTED	<input type="checkbox"/>																		
	GENTLE TOUCH	<input type="checkbox"/>																		
	VIGOROUS STIMULATION	<input type="checkbox"/>																		
	CPR	<input type="checkbox"/>																		
	LEAD OR ELECTRODE CORRECTED	<input checked="" type="checkbox"/>																		

COMMENTS	Found an electrode was not connected, reattached																			



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	CPR																		
	LEAD OR ELECTRODE CORRECTED	<input checked="" type="checkbox"/>																	

COMMENTS	Found an electrode was not connected, reattached																		