

Heidi Berkovitz, BA. Ed.

Clinical Herbalist



Dear New Client,

Thank you for taking an interest in an Herbal Consultation. Please call me to schedule our first appointment. I am looking forward to seeing you then.

Your first visit may take between 1 to 2.5 hours to complete. Please make time in your day to schedule accordingly.

The fee for your **Initial Consultation** will be **\$175**, which includes: Intake form, 60-150 minute consultation (varies), individualized research, recommended protocol, and 2 week follow up phone check in.

If you chose the **consult with pharmaceutical research**, your first appointment will be **\$225**, which in addition to the above includes: Focused research on each individual medication, the nutrient depletion, symptoms of that depletion, relevant drug side effects and precautions, and herbal/nutrient recommendations to prevent further depletion.

The price of herbs is not included. Where you choose to purchase them is up to you.

In the possible event of a cancellation, there is a fee of \$35 if notification is not observed the evening before your appointment. There are always exceptions, but please be mindful of our time.

Please be sure to have ready any of the following information:

- Your completed intake form*
- Any medications or supplements you are taking*
- Recent lab work that pertains to your situation*

It is preferable that you complete the intake form and mail it back to me in the self addresses envelope provided before your appointment date. If not, then please allow extra time to fill out this intake form before our session.

If you have any questions or concerns, please feel free to call me at 828-707-6681 or email me at naturegal2004@hotmail.com. Again, I look forward to seeing you soon.

With Gratitude,

*Heidi Berkovitz, BA Ed.
Clinical Herbalist
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