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Aurora Center for Treatment offers a full range of counseling services in a private and supportive environment.

DOMESTIC VIOLENCE

Approved Domestic Violence Treatment Providers
During treatment clients are educated on the types of abuse, how to eliminate abusive behaviors, empathy, and how to recognize the effects of their actions on others. In addition, clients are taught to understand, identify, and manage their personal pattern of violence. Prior to beginning treatment, an intake evaluation needs to be completed to determine the level of treatment as prescribed by the Domestic Violence Offender Management Board. We serve men, women, and same-sex domestic violent offenders.

ANGER MANAGEMENT

This program is for those who experience anger issues or who have been convicted of a violent crime other than domestic violence. The program content includes stress management, identifying anger triggers, communication skills, victim empathy, and power and control.

MORAL RECONATION THERAPY (MRT)

Moral Reconciliation Therapy (MRT) is an "Evidenced-Based Practice" that is a systematic, cognitive-behavioral, step-by-step treatment strategy designed to enhance self-image, promote growth of a positive, productive identity, and facilitate the development of higher stages of moral reasoning. These goals are ultimately demonstrated by more appropriate behavior on the part of the program participants. MRT significantly increases moral reasoning levels, enhances life purpose, and gives participants more perceived control over their lives.

LEVEL II EDUCATION & THERAPY

**Licensed by the Office of Behavioral Health
Approved by the Courts and Colorado Division
of Motor Vehicles (DMV)**

If you have been cited with a DUI or DWAI, Aurora Center for Treatment can assist you in meeting court requirements. Anyone who is convicted of a DUI/DWAI will have to complete Level II Education. Level II Education is 12 sessions (24 hours). Many clients are also assigned to a Level II Therapy Track. Track assignment is determined by whether someone has any prior impaired driving offenses, their Blood Alcohol Content (BAC) at the time of the offense, and if there are other clinical indicators.

COGNITIVE BEHAVIORAL THERAPY (CBT)

CBT is a personal development and self awareness program to help individuals achieve success in life. It assists individuals who want to reach their true potential by getting rid of negative thoughts and replacing them with positive ones. If you feel like no matter what you do, something bad always happens and you have no way to change it, this program will assist you in making positive changes and gaining control over your life.

PARENTING

Parenting classes focus on the effects of domestic violence, substance abuse, and examine the intergenerational patterns and how they relate to our children. Our primary goal is to help clients understand their own patterns, and break unhealthy cycles.

SUBSTANCE ABUSE / RELAPSE PREVENTION

Designed for non-DUI/DWAI and other substance abusing individuals. Alcohol/drug abuse and addiction are painful battles for the one abusing or addicted and for those around them. Aurora Center for Treatment offers treatment and support to assist those abusing or addicted to alcohol and/or drugs to achieve recovery. During treatment, individuals learn to understand the addictive cycle, how to manage cravings and urges, how to develop support systems, and how to recognize triggers.

INDIVIDUAL THERAPY

You will work one-on-one with a trained counselor to resolve issues that brought you to therapy and help you in improving your quality of life. Individual therapy can be a way to promote self-growth when there are conflicts with your behaviors, beliefs, and feelings. Our therapists can help you to heal and change. Take the opportunity to experience self-growth in a calm, private, and supportive environment.

EVALUATION AND ASSESSMENT

Aurora Center for Treatment offers evaluation and assessment services for mental health and substance abuse.

ALCOHOL & DRUG TESTING

Monitored sobriety is available for adults who are voluntary or who are required to do random urine screens, breathalyzers, oral tests, and/or Antabuse monitoring. Please call ahead to see if we have availability for UA submissions.

Counseling With Results