

Dickson Endurance & Iron Nugget Triathlons 2016

Age Group Results

May 06, 2017

Results By Endurance Sports Management

Endurance Age Group

Female Dickson Endurance Ov Winners

| Overall | | | | ----- Swim ----- | | | T1 | | ----- Bike ----- | | | T2 | | ----- Run ----- | | | Total |
|--------------|--------------|------------------|---------------|------------------|-------------|-------------|------------|-------------|------------------|-------------|------------|-------------|-------------|-----------------|-------------|------|------------|
| <u>Place</u> | <u>Place</u> | <u>Name</u> | <u>Bib No</u> | <u>Rnk</u> | <u>Time</u> | <u>Time</u> | <u>Rnk</u> | <u>Time</u> | <u>Rate</u> | <u>Time</u> | <u>Rnk</u> | <u>Time</u> | <u>Pace</u> | <u>Time</u> | <u>Time</u> | | |
| 1 | 11 | Belle Thomas | 240 | 3 | 30:05.99 | 1:53 | | 5:00.48 | | 1 | 2:02:29.56 | 18.6 | 1:14.51 | 1 | 46:09.33 | 7:27 | 3:24:59.87 |
| 2 | 22 | Rhonnda Cloinger | 251 | 2 | 29:32.40 | 1:51 | | 5:40.75 | | 2 | 2:04:58.81 | 18.2 | 1:39.58 | 3 | 1:00:09.91 | 9:42 | 3:42:01.45 |
| 3 | 24 | Stephanie Rose | 245 | 1 | 29:14.49 | 1:50 | | 4:15.72 | | 3 | 2:13:44.99 | 17.0 | 1:53.82 | 2 | 55:42.33 | 8:59 | 3:44:51.35 |

Male Dickson Endurance Ov Winners

| Overall | | | | ----- Swim ----- | | | T1 | | ----- Bike ----- | | | T2 | | ----- Run ----- | | | Total |
|--------------|--------------|--------------|---------------|------------------|-------------|-------------|------------|-------------|------------------|-------------|------------|-------------|-------------|-----------------|-------------|------|------------|
| <u>Place</u> | <u>Place</u> | <u>Name</u> | <u>Bib No</u> | <u>Rnk</u> | <u>Time</u> | <u>Time</u> | <u>Rnk</u> | <u>Time</u> | <u>Rate</u> | <u>Time</u> | <u>Rnk</u> | <u>Time</u> | <u>Pace</u> | <u>Time</u> | <u>Time</u> | | |
| 1 | 1 | Andy Patton | 181 | 2 | 20:52.31 | 1:18 | | 3:54.14 | | 2 | 1:49:19.72 | 20.9 | 1:20.03 | 1 | 44:48.61 | 7:14 | 3:00:14.81 |
| 2 | 2 | Jason Zinser | 66 | 1 | 20:32.55 | 1:17 | | 3:49.73 | | 1 | 1:47:25.50 | 21.2 | 1:44.09 | 3 | 50:16.73 | 8:06 | 3:03:48.60 |
| 3 | 3 | Terry Tilton | 91 | 3 | 26:20.53 | 1:39 | | 4:10.68 | | 3 | 1:54:56.88 | 19.8 | 1:46.29 | 2 | 48:23.12 | 7:48 | 3:15:37.50 |

Female Dickson Endurance Ma Winners

| Overall | | | | ----- Swim ----- | | | T1 | | ----- Bike ----- | | | T2 | | ----- Run ----- | | | Total |
|--------------|--------------|-----------------|---------------|------------------|-------------|-------------|------------|-------------|------------------|-------------|------------|-------------|-------------|-----------------|-------------|------|------------|
| <u>Place</u> | <u>Place</u> | <u>Name</u> | <u>Bib No</u> | <u>Rnk</u> | <u>Time</u> | <u>Time</u> | <u>Rnk</u> | <u>Time</u> | <u>Rate</u> | <u>Time</u> | <u>Rnk</u> | <u>Time</u> | <u>Pace</u> | <u>Time</u> | <u>Time</u> | | |
| 1 | 31 | Jennifer Parker | 249 | 1 | 30:13.45 | 1:53 | | 6:38.28 | | 1 | 2:19:27.81 | 16.3 | 2:04.63 | 1 | 54:02.37 | 8:43 | 3:52:26.54 |

Male Dickson Endurance Ma Winners

| Overall | | | | ----- Swim ----- | | | T1 | | ----- Bike ----- | | | T2 | | ----- Run ----- | | | Total |
|--------------|--------------|-------------|---------------|------------------|-------------|-------------|------------|-------------|------------------|-------------|------------|-------------|-------------|-----------------|-------------|------|------------|
| <u>Place</u> | <u>Place</u> | <u>Name</u> | <u>Bib No</u> | <u>Rnk</u> | <u>Time</u> | <u>Time</u> | <u>Rnk</u> | <u>Time</u> | <u>Rate</u> | <u>Time</u> | <u>Rnk</u> | <u>Time</u> | <u>Pace</u> | <u>Time</u> | <u>Time</u> | | |
| 1 | 6 | Jack Smith | 195 | 1 | 27:10.07 | 1:42 | | 3:16.50 | | 1 | 1:58:49.51 | 19.2 | 1:36.93 | 1 | 48:11.96 | 7:46 | 3:19:04.97 |

Female 20 to 24

| Overall | | | Swim | | T1 | | Bike | | | T2 | | Run | | Total | |
|---------|-------|---------------|--------|-----|----------|------|---------|------|------------|------|---------|------|------------|-------|------------|
| Place | Place | Name | Bib No | Rnk | Time | Time | Rnk | Time | Rate | Time | Rnk | Time | Pace | Time | |
| 1 | 48 | Julia Mazzuca | 236 | 1 | 29:51.15 | 1:52 | 6:49.87 | 1 | 2:35:56.11 | 14.6 | 4:12.64 | 1 | 1:04:46.21 | 10:27 | 4:21:35.98 |
| 2 | 49 | Lydia Gapp | 235 | 2 | 30:40.48 | 1:55 | 5:57.56 | 2 | 2:37:29.89 | 14.5 | 2:41.61 | 2 | 1:04:47.19 | 10:27 | 4:21:36.73 |

Female 25 to 29

| Overall | | | Swim | | T1 | | Bike | | | T2 | | Run | | Total | |
|---------|-------|--------------|--------|-----|----------|------|---------|------|------------|------|---------|------|------------|-------|------------|
| Place | Place | Name | Bib No | Rnk | Time | Time | Rnk | Time | Rate | Time | Rnk | Time | Pace | Time | |
| 1 | 43 | Laura Galvez | 238 | 1 | 30:47.68 | 1:55 | 5:58.20 | 1 | 2:32:36.21 | 14.9 | 2:06.68 | 1 | 1:00:57.64 | 9:50 | 4:12:26.41 |

Male 25 to 29

| Overall | | | Swim | | T1 | | Bike | | | T2 | | Run | | Total | |
|---------|-------|-----------------|--------|-----|----------|------|---------|------|------------|------|---------|------|------------|-------|------------|
| Place | Place | Name | Bib No | Rnk | Time | Time | Rnk | Time | Rate | Time | Rnk | Time | Pace | Time | |
| 1 | 30 | Westen O'Brien | 59 | 1 | 25:36.08 | 1:36 | 4:41.38 | 2 | 2:21:23.91 | 16.1 | 1:53.09 | 1 | 58:38.54 | 9:27 | 3:52:13.00 |
| 2 | 33 | Dustin Barbour | 26 | 2 | 29:38.33 | 1:51 | 5:53.68 | 1 | 2:11:43.70 | 17.3 | 2:30.47 | 2 | 1:04:06.87 | 10:20 | 3:53:53.05 |
| 3 | 52 | Mitchell Weaver | 37 | 3 | 29:47.73 | 1:52 | 6:02.94 | 3 | 2:39:29.72 | 14.3 | 3:03.58 | 3 | 1:24:31.26 | 13:38 | 4:42:55.23 |

Male 30 to 34

| Overall | | | Swim | | T1 | | Bike | | | T2 | | Run | | Total | |
|---------|-------|-----------------|--------|-----|----------|------|---------|------|------------|------|---------|------|------------|-------|------------|
| Place | Place | Name | Bib No | Rnk | Time | Time | Rnk | Time | Rate | Time | Rnk | Time | Pace | Time | |
| 1 | 4 | Bradley Armour | 63 | 1 | 23:26.41 | 1:28 | 4:41.17 | 1 | 1:57:47.16 | 19.4 | 1:51.16 | 1 | 48:20.06 | 7:48 | 3:16:05.96 |
| 2 | 12 | Josh Coleman | 92 | 2 | 26:45.17 | 1:40 | 3:44.31 | 2 | 1:59:47.47 | 19.0 | 1:37.54 | 2 | 53:55.13 | 8:42 | 3:25:49.62 |
| 3 | 23 | Nick Muscato | 89 | 3 | 29:46.70 | 1:52 | 6:20.85 | 3 | 2:04:31.55 | 18.3 | 3:04.49 | 4 | 59:41.80 | 9:38 | 3:43:25.39 |
| 4 | 32 | Jonathan Rester | 93 | 4 | 32:34.02 | 2:02 | 6:34.24 | 4 | 2:13:50.57 | 17.0 | 2:16.98 | 3 | 57:57.17 | 9:21 | 3:53:12.98 |
| 5 | 46 | Joshua Coleman | 74 | 5 | 36:30.49 | 2:17 | 6:01.45 | 5 | 2:18:20.88 | 16.5 | 3:02.82 | 5 | 1:14:53.50 | 12:05 | 4:18:49.14 |

Male 35 to 39

| Overall | | | Swim | | T1 | | Bike | | | T2 | | Run | | Total | |
|---------|-------|----------------|--------|-----|----------|------|---------|------|------------|------|---------|------|------------|-------|------------|
| Place | Place | Name | Bib No | Rnk | Time | Time | Rnk | Time | Rate | Time | Rnk | Time | Pace | Time | |
| 1 | 5 | Edward Elliott | 261 | 5 | 26:36.14 | 1:40 | 3:14.60 | 2 | 1:55:55.42 | 19.7 | 0:58.99 | 3 | 50:16.50 | 8:06 | 3:17:01.65 |
| 2 | 7 | Brent Williams | 258 | 7 | 26:57.40 | 1:41 | 3:04.49 | 4 | 2:01:27.39 | 18.8 | 1:56.82 | 2 | 48:35.88 | 7:50 | 3:22:01.98 |
| 3 | 8 | Mark Chubb | 125 | 1 | 25:50.12 | 1:37 | 3:32.60 | 7 | 2:07:18.14 | 17.9 | 0:53.70 | 1 | 45:07.53 | 7:17 | 3:22:42.09 |
| 4 | 13 | Chris Flint | 179 | 4 | 26:32.46 | 1:40 | 3:34.32 | 3 | 2:01:21.60 | 18.8 | 1:45.89 | 5 | 53:01.34 | 8:33 | 3:26:15.61 |
| 5 | 17 | Jeffrey Bliss | 145 | 3 | 26:28.29 | 1:39 | 4:57.46 | 5 | 2:05:15.89 | 18.2 | 1:32.90 | 4 | 52:23.64 | 8:27 | 3:30:38.18 |
| 6 | 18 | Luke Pniewski | 99 | 11 | 30:00.99 | 1:53 | 4:13.79 | 1 | 1:55:10.05 | 19.8 | 1:28.82 | 10 | 1:01:44.05 | 9:57 | 3:32:37.70 |
| 7 | 19 | Sean Wilbur | 102 | 10 | 29:18.33 | 1:50 | 2:45.76 | 8 | 2:08:01.15 | 17.8 | 1:20.62 | 6 | 53:37.27 | 8:39 | 3:35:03.13 |
| 8 | 20 | Chris Douglass | 98 | 6 | 26:51.57 | 1:41 | 3:42.00 | 6 | 2:05:57.99 | 18.1 | 1:02.42 | 8 | 57:41.64 | 9:18 | 3:35:15.62 |
| 9 | 25 | Michael Herman | 180 | 12 | 31:09.07 | 1:57 | 5:18.66 | 9 | 2:13:07.77 | 17.1 | 1:58.53 | 7 | 55:54.24 | 9:01 | 3:47:28.27 |
| 10 | 28 | Stan Ragon | 132 | 2 | 25:54.31 | 1:37 | 4:19.02 | 10 | 2:17:36.54 | 16.6 | 1:26.85 | 9 | 1:00:05.37 | 9:41 | 3:49:22.09 |
| 11 | 35 | Sam Whisman | 151 | 13 | 31:31.58 | 1:58 | 4:41.61 | 11 | 2:17:48.62 | 16.5 | 2:11.89 | 11 | 1:03:13.31 | 10:12 | 3:59:27.01 |
| 12 | 50 | David King | 126 | 15 | 36:23.07 | 2:16 | 5:43.31 | 12 | 2:23:42.39 | 15.9 | 2:30.38 | 13 | 1:13:50.93 | 11:55 | 4:22:10.08 |
| 13 | 56 | Brent Sanders | 101 | 9 | 27:17.11 | 1:42 | 8:42.04 | 13 | 3:07:14.84 | 12.2 | 5:18.62 | 14 | 1:21:05.03 | 13:05 | 5:09:37.64 |
| 14 | 57 | Andrew Mansour | 95 | 14 | 36:20.37 | 2:16 | 6:35.22 | 14 | 3:21:08.85 | 11.3 | | 12 | 1:06:48.30 | 10:46 | 5:09:37.70 |

Female 40 to 44

| Overall | | | Swim | | T1 | | Bike | | | T2 | | Run | | Total | |
|---------|-------|--------------|--------|-----|----------|------|---------|------|------------|------|---------|------|------------|-------|------------|
| Place | Place | Name | Bib No | Rnk | Time | Time | Rnk | Time | Rate | Time | Rnk | Time | Pace | Time | |
| 1 | 51 | Dawn Bradley | 247 | 1 | 36:22.87 | 2:16 | 5:53.42 | 1 | 2:30:19.73 | 15.2 | 1:53.39 | 1 | 1:19:49.88 | 12:52 | 4:34:19.29 |

Male 40 to 44

| Overall | | | Swim | | T1 | | Bike | | | T2 | | Run | | Total | |
|---------|-------|------------------|--------|-----|----------|------|----------|------|------------|------|---------|------|------------|-------|------------|
| Place | Place | Name | Bib No | Rnk | Time | Time | Rnk | Time | Rate | Time | Rnk | Time | Pace | Time | |
| 1 | 9 | Chris Hendon | 187 | 1 | 26:11.38 | 1:38 | 4:33.33 | 1 | 1:28:12.29 | 25.9 | 1:00.58 | 6 | 1:23:02.52 | 13:24 | 3:23:00.10 |
| 2 | 26 | Daniel Ostrowski | 184 | 2 | 26:14.75 | 1:38 | 7:02.35 | 2 | 2:10:23.02 | 17.5 | 3:06.41 | 3 | 1:01:26.71 | 9:55 | 3:48:13.24 |
| 3 | 36 | Andy Dyer | 182 | 3 | 27:05.36 | 1:42 | 9:16.57 | 4 | 2:21:30.80 | 16.1 | 3:42.90 | 2 | 58:28.39 | 9:26 | 4:00:04.02 |
| 4 | 39 | Gabe Peer | 185 | 5 | 28:54.43 | 1:48 | 5:24.27 | 3 | 2:21:25.18 | 16.1 | 1:27.13 | 4 | 1:08:40.49 | 11:05 | 4:05:51.50 |
| 5 | 41 | Keith Martin | 188 | 6 | 33:15.73 | 2:05 | 11:00.40 | 6 | 2:25:49.93 | 15.6 | 2:17.09 | 1 | 56:30.83 | 9:07 | 4:08:53.98 |
| 6 | 45 | Jason Kellogg | 183 | 4 | 28:08.13 | 1:46 | 8:40.68 | 5 | 2:25:04.34 | 15.7 | 3:46.68 | 5 | 1:09:25.41 | 11:12 | 4:15:05.24 |

Female 45 to 49

| Overall | | | Swim | | T1 | | Bike | | | T2 | | Run | | Total | |
|---------|-------|----------------|--------|-----|----------|------|---------|------|------------|------|---------|------|------------|-------|------------|
| Place | Place | Name | Bib No | Rnk | Time | Time | Rnk | Time | Rate | Time | Rnk | Time | Pace | Time | |
| 1 | 40 | Sherri Vibbert | 248 | 1 | 36:16.23 | 2:16 | 5:23.26 | 1 | 2:21:16.89 | 16.1 | 2:28.52 | 1 | 1:03:03.73 | 10:10 | 4:08:28.63 |

Male 45 to 49

| Overall | | | Swim | | T1 | | Bike | | | T2 | | Run | | Total | |
|---------|-------|----------------|--------|-----|----------|------|---------|------|------------|------|---------|------|------------|-------|------------|
| Place | Place | Name | Bib No | Rnk | Time | Time | Rnk | Time | Rate | Time | Rnk | Time | Pace | Time | |
| 1 | 14 | Nick Matthews | 189 | 1 | 26:49.08 | 1:41 | 6:55.38 | 2 | 1:59:43.26 | 19.0 | 1:28.32 | 2 | 51:50.58 | 8:22 | 3:26:46.62 |
| 2 | 16 | Farley Reardon | 190 | 3 | 28:18.44 | 1:46 | 5:37.11 | 1 | 1:58:54.42 | 19.2 | 2:55.15 | 3 | 54:18.65 | 8:45 | 3:30:03.77 |
| 3 | 21 | Darron Ewing | 259 | 7 | 39:03.50 | 2:26 | 3:48.77 | 3 | 2:05:42.95 | 18.1 | 1:40.10 | 1 | 50:15.49 | 8:06 | 3:40:30.81 |
| 4 | 27 | Ben Shaw | 192 | 6 | 33:19.23 | 2:05 | 5:39.96 | 4 | 2:12:05.89 | 17.3 | 1:42.92 | 5 | 56:06.78 | 9:03 | 3:48:54.78 |
| 5 | 34 | Brandon Neal | 193 | 2 | 27:10.63 | 1:42 | 8:25.12 | 6 | 2:19:48.58 | 16.3 | 4:19.73 | 6 | 57:48.72 | 9:19 | 3:57:32.78 |
| 6 | 42 | Steve Clark | 191 | 5 | 32:20.32 | 2:01 | 5:25.36 | 5 | 2:18:10.48 | 16.5 | 1:46.88 | 7 | 1:11:44.32 | 11:34 | 4:09:27.36 |
| 7 | 47 | Joseph Rivard | 194 | 4 | 31:35.31 | 1:58 | 6:00.32 | 7 | 2:44:05.23 | 13.9 | 2:54.48 | 4 | 55:58.12 | 9:02 | 4:20:33.46 |

Female 50 to 54

| Overall | | | Swim | | T1 | | Bike | | | T2 | | Run | | Total | |
|---------|-------|---------------|--------|-----|----------|------|---------|------|------------|------|---------|------|------------|-------|------------|
| Place | Place | Name | Bib No | Rnk | Time | Time | Rnk | Time | Rate | Time | Rnk | Time | Pace | Time | |
| 1 | 44 | Stacy Windrow | 250 | 1 | 30:42.88 | 1:55 | 6:06.67 | 1 | 2:28:32.45 | 15.4 | 2:52.31 | 1 | 1:05:45.17 | 10:36 | 4:13:59.48 |

Male 50 to 54

| Overall | | | Swim | | T1 | | Bike | | | T2 | | Run | | Total | |
|---------|-------|-------------------|--------|-----|----------|------|----------|------|------------|------|---------|------|------------|-------|------------|
| Place | Place | Name | Bib No | Rnk | Time | Time | Rnk | Time | Rate | Time | Rnk | Time | Pace | Time | |
| 1 | 15 | Jeff Eicher | 198 | 1 | 26:28.35 | 1:39 | 6:14.98 | 1 | 2:00:14.60 | 19.0 | 2:00.10 | 1 | 53:30.66 | 8:38 | 3:28:28.69 |
| 2 | 38 | Frank Robinson | 203 | 2 | 27:41.30 | 1:44 | 6:31.58 | 2 | 2:18:44.45 | 16.4 | 1:50.73 | 3 | 1:08:04.93 | 10:59 | 4:02:52.99 |
| 3 | 53 | Claudio D'Ettorre | 264 | | | | 41:42.42 | 3 | 3:05:29.55 | 12.3 | 3:12.70 | 2 | 55:49.91 | 9:00 | 4:46:14.58 |

Male 55 to 59

| Overall | | | | ----- Swim ----- | | T1 | | ----- Bike ----- | | | T2 | | ----- Run ----- | | Total |
|--------------|--------------|--------------|---------------|------------------|-------------|-------------|------------|------------------|-------------|-------------|------------|-------------|-----------------|-------------|------------|
| <u>Place</u> | <u>Place</u> | <u>Name</u> | <u>Bib No</u> | <u>Rnk</u> | <u>Time</u> | <u>Time</u> | <u>Rnk</u> | <u>Time</u> | <u>Rate</u> | <u>Time</u> | <u>Rnk</u> | <u>Time</u> | <u>Pace</u> | <u>Time</u> | |
| 1 | 10 | Philip Lee | 232 | 1 | 25:28.93 | 1:36 | 4:37.20 | 1 | 1:59:28.79 | 19.1 | 1:40.16 | 1 | 52:37.67 | 8:29 | 3:23:52.75 |
| 2 | 29 | Dwight Bond | 234 | 3 | 37:36.96 | 2:21 | 5:32.32 | 2 | 2:05:23.51 | 18.2 | 1:53.12 | 2 | 59:26.62 | 9:35 | 3:49:52.53 |
| 3 | 37 | Gary Mappin | 233 | 2 | 29:20.17 | 1:50 | 7:50.87 | 3 | 2:10:34.56 | 17.5 | 1:14.67 | 3 | 1:13:29.53 | 11:51 | 4:02:29.80 |
| 4 | 55 | James De Tar | 230 | 4 | 44:34.81 | 2:47 | 10:20.84 | 4 | 2:51:44.26 | 13.3 | 2:48.80 | 4 | 1:19:21.07 | 12:48 | 5:08:49.78 |

Male 60 to 64

| Overall | | | | ----- Swim ----- | | T1 | | ----- Bike ----- | | | T2 | | ----- Run ----- | | Total |
|--------------|--------------|----------------|---------------|------------------|-------------|-------------|------------|------------------|-------------|-------------|------------|-------------|-----------------|-------------|------------|
| <u>Place</u> | <u>Place</u> | <u>Name</u> | <u>Bib No</u> | <u>Rnk</u> | <u>Time</u> | <u>Time</u> | <u>Rnk</u> | <u>Time</u> | <u>Rate</u> | <u>Time</u> | <u>Rnk</u> | <u>Time</u> | <u>Pace</u> | <u>Time</u> | |
| 1 | 54 | Steve McKinney | 260 | 1 | 47:09.24 | 2:57 | 9:26.84 | 1 | 2:41:12.73 | 14.1 | 2:13.06 | 1 | 1:16:02.24 | 12:16 | 4:56:04.11 |

Endurance Clydesdale

Male 99 and under

| Overall | | | | ----- Swim ----- | | T1 | | ----- Bike ----- | | | T2 | | ----- Run ----- | | Total |
|--------------|--------------|-------------------|---------------|------------------|-------------|-------------|------------|------------------|-------------|-------------|------------|-------------|-----------------|-------------|------------|
| <u>Place</u> | <u>Place</u> | <u>Name</u> | <u>Bib No</u> | <u>Rnk</u> | <u>Time</u> | <u>Time</u> | <u>Rnk</u> | <u>Time</u> | <u>Rate</u> | <u>Time</u> | <u>Rnk</u> | <u>Time</u> | <u>Pace</u> | <u>Time</u> | |
| 1 | 1 | Jason Ehrlinspiel | 257 | 1 | 25:37.25 | 1:36 | 5:30.11 | 1 | 2:05:47.62 | 18.1 | 1:31.89 | 1 | 1:05:41.98 | 10:36 | 3:44:08.85 |
| 2 | 2 | Duffey Ainsworth | 256 | 2 | 28:46.52 | 1:48 | 5:59.10 | 2 | 2:14:19.47 | 17.0 | 2:18.48 | 2 | 1:06:51.81 | 10:47 | 3:58:15.38 |

Endurance Athena

Female 99 and under

| Overall | | | | ----- Swim ----- | | T1 | | ----- Bike ----- | | | T2 | | ----- Run ----- | | Total |
|--------------|--------------|-------------------|---------------|------------------|-------------|-------------|------------|------------------|-------------|-------------|------------|-------------|-----------------|-------------|------------|
| <u>Place</u> | <u>Place</u> | <u>Name</u> | <u>Bib No</u> | <u>Rnk</u> | <u>Time</u> | <u>Time</u> | <u>Rnk</u> | <u>Time</u> | <u>Rate</u> | <u>Time</u> | <u>Rnk</u> | <u>Time</u> | <u>Pace</u> | <u>Time</u> | |
| 1 | 1 | Samantha Trollope | 254 | 1 | 30:00.24 | 1:53 | 7:16.46 | 1 | 2:47:03.39 | 13.6 | 4:54.10 | 1 | 1:18:17.16 | 12:38 | 4:47:31.35 |
