BLUE MOOSE ITALIAN EATERY DINNER MENU

APPETIZERS & SALADS

CALAMARI | 14 w/ grilled lemon, zesty marinara

MOZZARELLA STICKS | 12 w/ red sauce

MEATBALLS | 10 (3) grandma's recipe, red sauce, parmesan, mozzarella

> MUSSELS | 14 signature tomato-garlic sauce

MIXED GREEN SALAD | 12 tomatoes, pickled red onions, kalamata olives, charred onionfeta dressing

> CAESAR SALAD | 12 traditional dressing, croutons, parmesan

"CHUNK" ANTIPASTI SALAD | 14 iceberg, red onions, olives, cucumber, genoa, provolone, house dressing

FLATBREAD - 8-inch

CLASSIC | 9 red sauce, mozzarella, basil add meatball, grilled chicken breast or pepperoni | 4

GREEK | 12 sun-dried pesto, artichoke hearts, olives, feta cheese

<u>PASTA</u>

FETTUCCINE CARBONARA | 15 pork belly, romano, egg, black pepper

SPAGHETTI CACIO E PEPE | 14 pecorino romano, black pepper

SPAGHETTI & KALE-SPINACH PESTO | 14 spinach, walnuts, garlic, parmesan, cream sauce

> FETTUCCINE MARSALA | 14 mushrooms, spinach, parmesan

BUCATINI AMATRICIANA | 15 onions, pork belly, calabrian chili, tomatoes, red sauce

RIGATONI | 16 traditional meat & pork ragu, parmesan

ITALIAN-AMERICAN CLASSICS

MEATBALLS & SPAGHETTI | 16 "grandma's" recipe, red sauce, parmesan

<u>"THE PARMS"</u> breaded cutlets, house red sauce, parmesan, mozzarella + penne pomodoro

> EGGPLANT | 15 CHICKEN OR PORK | 17

<u>PICCATA</u> capers, green olives, white wine, italian parsley, side of shaghetti with red sauce

> CHICKEN OR PORK | 17 VEAL | 18

> > <u>MARSALA</u>

mushrooms, marsala-cream, italian parsley, side of spaghetti with red sauce

CHICKEN OR PORK | 17 VEAL | 18

MAIN PLATES

SWORDFISH PUTTANESCA | 18 grilled, capers, anchovies, olives, calabrian chili, spaghetti w/ red sauce

ATLANTIC COD | 16 pan-seared, tomatoes, green olives, capers, italian potatoes

PORK MILANESE | 16 breaded & fried boneless pork loin chop, arugula, lemon

> FLAT IRON STEAK | 22 "pizziaioli" style: diced tomatoes,, bell peppers, onions,

> > <u>SIDES</u> 6 each

CAULIFLOWER romano

BROCCOLINI lemon-garlic sauce

ITALIAN FRIES MASHED POTATOES

SERVED W. TWO SIDES

SALMON | 18 FLANK STEAK | 19 GRILLED CHICKEN | 17 GRILLED SHRIMP | 18

<u>SIDES</u>

broccolini | cauliflower italian fries | grilled polenta spaghetti w. red sauce | mashed potatoes

The state of Vermont wants you to know that eating raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness, especially if you have certain medical conditions