

RIDING CLINIC AND SYMPOSIUM

MOUNTED CLINICS FOR ALL LEVELS
EQUESTRIAN SPORT PSYCHOLOGY SEMINAR
RIDER FITNESS WORKSHOP AND BOOTCAMP



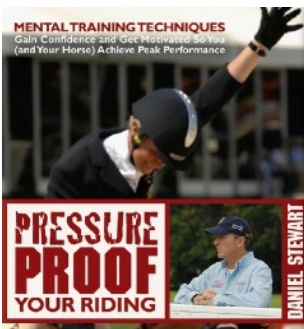
HOSTED AT:

AVALON HORSE FARM

2275 NEW FARM LANE RD. MILLSTADT IL 62260

WITH INTERNATIONAL COACH, CLINICIAN, AND AUTHOR

DANIEL STEWART



AUGUST 24

1:00 - 4:30
5:00 - 6:00
6:00 - 7:00

RIDING CLINICS PART ONE
SPORT PSYCHOLOGY SEMINAR
BOOK SIGNING & AFTER PARTY

AUGUST 25

8:00 - 11:30
12:00 - 1:00
1:00 - 1:30

RIDING CLINIC PART TWO
RIDER FITNESS WORKSHOP
Q&A AND BIG GOODBYE

FOR MORE INFO CONTACT DENISE AT:
[DENISE@MEDRECINC.COM](mailto:denise@medrecinc.com)

About Coach Stewart

Daniel Stewart combined 25 years as an international coach and clinician with a degree in physical education to create a series of equestrian mental and physical training clinics, workshops, and training camps. As the internationally acclaimed author of "Pressure Proof Your Riding", "Ride Right", and "Fit and Focused in 52" he's widely considered one of the worlds leading experts on equestrian sport psychology, athletics, and performance. He teaches clinics to thousands of riders each year, has published countless magazine articles, and is an equestrian sport psychology and rider-fitness contributor for many equestrian associations. When not teaching clinics he coaches four-day Equestrian Athlete Camps at athlete training centers around the country and produces rider sport psychology and fitness videos for equestrians of all levels, ages, and disciplines.