

FRIDAY ONLY: MANDATORY HEIGHT & WEIGHT CHECK-IN
at Cashman Center Theater

2 pm - 4 pm: All Men Competitors • **4 pm - 6 pm:** All Women Competitors



**NPC STEVE KARR
LAS VEGAS
CLASSIC**

SATURDAY • AT CASHMAN CENTER THEATER

8 am: Mandatory Competitor Meeting • **9:30 am:** Prejudging • **5:30 pm:** Finals

MORE INFO: CONTACT AUSTIN KARR, 702.367.2937

www.NPCLasVegasClassic.com

ELIGIBILITY
All Competitors **MUST HAVE**
a **Current NPC Card**
Available at check-in.

MEN'S BODYBUILDING

- A. Open Men's : 6 Weight Classes
- B. Novice Men's: 3 Weight Classes
- C. Master's: 3 Age Groups (Over 40, Over 50, Over 60)
- D. Teen: No Height or Weight Classes

Pre-judge: Quarter Turns and "MANDATORY" Posing Comparisons

Finals: 60 SECOND ROUTINE: CDs ONLY. Bring music to Friday night check-in.

ALL BODY BUILDERS WHO ARE REQUIRED TO WEIGH-IN MUST WEIGH-IN WEARING POSING TRUNKS. NO EXCEPTIONS.

MEN'S WEIGHT CLASS

Open Men's Division

- A. BANTAM under 143 1/4
- B. LIGHT 143 1/4 up to and including 154 1/4
- C. MIDDLE over 154 1/4 up to and including 176 1/4
- D. LIGHT HEAVY over 176 1/4 and up to including 198 1/4
- E. HEAVY over 198 1/4 up to and including 225 1/4
- F. SUPER HEAVY over 225 1/4

Novice Men's Division

- A. LIGHT up to and including 165 1/4
- B. MIDDLE over 165 1/4 up to and including 187 1/4
- C. HEAVY over 187 1/4

MEN'S CLASSIC PHYSIQUE

OPEN MEN'S DIVISION

DIVISION A - UP TO & INCLUDING 5'7"

- Up to & including 5'4" Up to & including 155 lbs
- Over 5'4" and up to and including 5'5" Up to & including 160 lbs
- Over 5'5" and up to and including 5'6" Up to & including 165 lbs
- Over 5'6" and up to and including 5'7" Up to & including 170 lbs

DIVISION B - OVER 5'7", UP TO & INCLUDING 5'10"

- Over 5'7" and up to and including 5'8" Up to & including 177 lbs
- Over 5'8" and up to and including 5'9" Up to & including 185 lbs
- Over 5'9" and up to and including 5'10" Up to & including 192 lbs

DIVISION C - OVER 5'10"

- Over 5'10" and up to and including 5'11" Up to & including 200 lbs
- Over 5'11" and up to and including 6'0" Up to & including 207 lbs
- Over 6'0" and up to and including 6'1" Up to & including 215 lbs
- Over 6'1" and up to and including 6'2" Up to & including 225 lbs
- Over 6'2" and up to and including 6'3" Up to & including 232 lbs
- Over 6'3" and up to and including 6'4" Up to & including 240 lbs
- Over 6'4" and up to and including 6'5" Up to & including 247 lbs
- Over 6'5" and up to and including 6'6" Up to & including 255 lbs
- Over 6'6" and up to and including 6'7" Up to & including 262 lbs
- Over 6'7" Up to & including 270 lbs

MENS MASTERS CLASSIC PHYSIQUE • 35 & OVER • ONE CLASS

Pre-judge: Quarter Turns and "MANDATORY" Posing Comparisons

Finals: 60 SECOND ROUTINE: CDs ONLY. Bring music to Friday night check-in.

ALL COMPETITORS ARE REQUIRED TO WEAR CLASSIC MENS PHYSIQUE TRUNKS AT WEIGH IN. NO EXCEPTIONS.

The Judging is scored 100% and will consist of comparisons of the quarter turns and the following four mandatory poses:
Front Double Biceps • Side Chest • Back Double Biceps • Abdominals and Thighs • Favorite Classic Pose (No Most Muscular)

MEN'S PHYSIQUE

OPEN MEN'S DIVISION • SIX HEIGHT CLASSES

- A. Up to & including 5'7"
- B. Over 5'7" and up to and including 5'8"
- C. Over 5'8" and up to and including 5'9"
- D. Over 5'9" and up to and including 5'11"
- E. Over 5'11" and up to and including 6'
- F. Over 6'

MEN'S MASTER DIVISION • 35 AND OVER • ONE CLASS — TEENS DIVISION • ONE CLASS

Judging Criteria • Broad Shorts / Competitor will walk to the center of the stage alone and perform front and rear turns. The competitor will be brought back out in a group and directed to do turns. Judges will be looking for fit contestants who display proper shape & symmetry combined with muscularity and overall conditioning. **This is not the BODYBUILDING DIVISION**, so extreme muscularity will be marked down.