## Rules \& Regulations 2021

South Valley Athletics Summer Coed Outdoor Recreational Soccer League will abide by the current FIFA rules and/or the following regulations:

## I. OBJECTIVES OF THE PROGRAM

A. To provide an opportunity for interested individuals to play soccer in an organized manner.
B. To pursue SVA's mission of "supporting our community with the development of healthy, confident, capable individuals through a fun, safe athletic experience."

## II. MANAGEMENT AND AUTHORITY

A. The general management of the soccer program and all teams involved in the South Valley Athletics Summer Coed Adult Outdoor Recreational Soccer League (heretofore referred to as SCORES) shall be the responsibility of the Board of Directors at South Valley Athletics (heretofore referred to as BDSVA), and final authority on any matter pertaining to the program resides with the aforementioned Board of Directors. Any questions or concerns regarding the program should be directed to: southvalleyathletics@gmail.com or by calling: (541) 942-3079.
B. Upon entering the league, each team and every player agrees to abide by the rules and regulations contained in this rulebook and league FIFA Modified Laws of the Game.
C. If additional teams are needed, the BDSVA has full authority to take whatever measures are deemed necessary to fill the league with the minimum number of teams needed to run the program.

## III. FEES AND REFUNDS

A. No team fees will be refunded after registration has taken place unless a replacement team is found, or the SCORES league is unable to move forward with the season. Note: The league will have a minimum of four teams, or the season will be canceled.
B. Money (fees) will not be refunded to any player or team expelled from the SCORES league.

## IV. PLAYER ELIGIBILITY

A. Age Requirement: Players must be at least 15 years or older. 15 year olds must have completed freshman year of high school (no player who was eligible for the U14 spring soccer season that just ended may play SCORES that summer.)
B. Rosters: Team rosters and payment must be completed and returned to the South Valley Athletics office at the time of registration. All teams must be paid IN FULL by the first game. Teams with an open balance with SVA will not be allowed to play. Teams that fail to pay in full by the second game of the season will forfeit the season as well as any registration fees already collected by South Valley Athletics.
C. All players must be on the team roster to be eligible. Players in violation of this rule may be suspended for one game and up to one calendar year. Any game in which an unregistered or ineligible player plays may be forfeited and the team may be put on probation for up to one calendar year.
D. A player can only be a paid, registered player with a maximum of one team in the SCORES league. Players in violation of this rule may be suspended for one calendar year.
E. Insurance: All players are responsible for their own personal insurance. Players also understand that there are inherent risks in soccer and assume those risks.

## V. SANCTIONS

A. Yellow Cards: Any player accumulating three yellow cards or equivalent sanctions for misconduct during the season will receive a one-game suspension. Any coach, manager or team member on the sidelines found to be disruptive to the game may be given a yellow card.
B. Red Cards: Any team member receiving a red card must leave the site of the playing area within five minutes. If the ejected team member does not leave the premises within this time limit, the game will be forfeited. Any player who does not give his/her name as requested by the official or reports a false name after a red card will be suspended for the rest of the season and the game in which he/she participated will be forfeited.
C. If a player receives a red card, s/he shall receive a minimum one-game suspension. Any player receiving two red cards or one red card and one suspension will be suspended for the remainder of the current season and possibly, one full calendar year, or permanently. This will be determined by BDSVA.
D. "Soft" Red Cards: Ejections considered as "soft" red cards (receiving a second caution in the same game) will be counted as two yellow cards for administrative purposes.

A red card issued for a "professional foul" (such as an intentional handball to prevent a goal or a breakaway foul) will result in the player being ejected from that game only. This type of "soft" red card will be counted as a yellow card for SVA administrative purposes.

## VI. SPECIAL RULES OF CONDUCT

A. Player Identification: All rostered players must show picture ID to a referee before each game, such as driver's license, state ID card, school ID, etc. NO ID - NO PLAY - NO EXCEPTIONS!

Players arriving after the game has started will not be allowed to play until ID is provided to the referee. It is the manager's responsibility to make sure that all player ID have been presented to the ref.
B. Post Ejection and/or After Game Behavior: Players shall not display unsporting behavior toward an official after the game or after being ejected from a game (via red card or two yellow cards). Such behavior will be reported to the SCORES league staff and action equivalent to that resulting from a yellow or red card may be taken. After-game abuse toward referees will not be tolerated.
C. Team conduct will be judged by the referees at the conclusion of each game. Teams not displaying good sportsmanship may be placed on probation or suspended from the league.

## VII. SITE REGULATIONS AND POLICIES

A. Alcoholic beverages are not allowed.
B. Smoking/e-cigarettes are not allowed on the playing field, or anywhere on any school grounds (including school parking lots).
C. Beverage containers made of glass are not allowed.
D. Dogs are not allowed.

## VIII. UNIFORMS AND EQUIPMENT

A. Game Ball: Home teams must provide the game ball. SVA will provide a ball for the House team.

## B. Jerseys:

1. Numbers: Teams must have PERMANENT NUMBERED jerseys of the same color for all players by the first game. Numbers should be visible on either the front or the back of the jersey. Failure to comply with these regulations will result in the non-jerseyed player(s) not being allowed to play. If the team cannot field five players in regulation uniforms (plus the goalie), the game will be forfeited. SVA will provide jerseys for the House team to use during the season.
2. Standby Jerseys: The designated home team must wear standby jerseys when both teams have similarly colored jerseys. The SCORES league will try to provide access to pinnies at every game.
C. Shinguards: Shinguards made of rubber, plastic, polyurethane or similar substance and completely covered by socks are required for all players. NO EXCEPTIONS.
D. Playing Equipment: Nets and cones will be provided.
E. Braces/Casts: All braces must be adequately wrapped with slow recovery foam or a neoprene sheath. Hard casts on any part of the body, regardless if padded, are not allowed.
F. Jewelry: Wearing jewelry is not recommended. Some items are expressly prohibited for player safety: rings, bracelets. Items that are not recommended: earrings, necklaces, and other piercings. Emergency medical necklaces or bracelets may be worn but must be taped to the body. Any player found to be wearing prohibited jewelry will be issued a yellow card and will be asked to leave the playing field to remove said jewelry.
G. Bleeding: For the safety of all involved, participants will not be allowed to participate following an injury where blood is present until proper bandaging of the injured area prevents any and all leakage, and the removal of any tainted clothing articles has occurred. Participants returning to play should first check in with the official to determine if no further risk to themselves or others is apparent or likely.

## IX. LEAGUE GAME RULES

Any rules not stated below will be governed by FIFA rules/SCORES League FIFA Modified Laws of the Game
A. Standard play for this league will include ten field players plus one goalie on each side. All teams must have at least FIVE players to start the game (including a goalie). (See LAW X for more information on number of players and gender.) If at any time during the game a team has fewer than five eligible players, the game will be forfeited.
B. Each game will consist of two 25 -minute halves and a five-minute halftime break. If, in the referee's judgment, weather conditions prevail, the game can be shortened. Games ending with the score tied will stand as a tie.
C. All games are played regardless of weather conditions unless contacted by the SVA staff.

EXCEPTION: Games will be suspended for at least 30 minutes if there is thunder and/or lightning.
D. Substitution into the game is unlimited. Substitutes do not need the referee's permission to enter the game (unless the player has not already been checked-off on the roster sheet by the referee.) If a player substitutes during live play, the person leaving the field must be completely off the field before the substitute enters.
E. Team Advantage: At any time during the game that a team is ahead by five goals, the opposing team may add an additional player to the field to create a one-player advantage (e.g. 10 players v. 9 players). Once the team with the additional player reduces the score to less than 5 points, the additional player must exit the field and the teams will again play with the same number of players per side.
F. No Sliding or Slide Tackling - Field players may not slide or slide tackle at any time during the game. Exception: goal keepers may - only in the penalty box -- slide to retrieve the ball but may not slide feet first to take the ball away from an opponent in possession of the ball. The foul will result in a direct kick for the opposing team.

As for any concurrent foul, this infraction may result in a caution (yellow card) or an ejection (red card) when, in the judgment of the referee, such infraction is careless, reckless, or excessive/violent.
G. Field Layout: The field size will be between $80-120$ yards long by $50-75$ yards wide. The penalty box will be $18 \times 40$ yards and the goal box will be $6 \times 16$ yards. The penalty mark will be 12 yards from the goal. The center circle will have a ten-yard radius.

## X. MODIFIED ELEVEN-A-SIDE COED RULES

A. Team Composition: This rule has changed; there is no longer a limit on number of men or women on a field, as long as it's limited to 11 total, 10 plus goalie. There can be any combination of men or women on the field. Rules will be updated in 2022.
E. Offsides will be called with the understanding that the solo referee will not always be able to get into position to accurately call all offsides (especially if it is a close call or if teams are attempting an offsides trap.)
C. Line judges will not be provided. Teams are responsible for calling the ball out of bounds. If a call is in dispute, then the referee will either a) make the final call, or b) issue a drop ball.

## XI. FORFEITS

A. It is the responsibility of each team to be on time. A team not ready to play at the scheduled game time shall forfeit the game. 11-a-side teams must have five players to start the game as outlined above.
B. Games will not be rescheduled due to lack of players. Team managers who know in advance that they are unable to field a team that week are responsible for calling the SVA staff.
C. Upon mutual team managers' request, referees will stay and officiate games forfeited (due to teams not having the minimum number of players at game time or due to uniform infractions) under the following conditions:

1. Game time is forfeit time. Once a forfeit has been declared by the referee, teams have 15 minutes after the scheduled game time to have at least six players on each team ready to play. Teams involved in the forfeit may "borrow" players from each other to meet the minimum player requirement.
2. All players must be on the official roster of one of the participating teams.
3. If, for whatever reason, one of the teams is reduced to fewer than five eligible players, the referee(s) will not work the game. Teams may use the remaining field time if they choose to do so.
4. The length of the entire game will not exceed 75 minutes past the originally scheduled game time.
