

***Community Resources  
For White County  
Bondecroft & Sparta  
Head Start Centers***

***2016-2017***



To locate additional information on Community  
Resources access,  
[www.tennhelp.com](http://www.tennhelp.com) or Call 211

***Developed and Distributed by L.B.J. & C. Head Start***

## **Table of Contents**

### **Resources for:**

Adult Education.....	Page # 3
Adult Job Training.....	Page # 4
Bereavement. ....	Page # 5
Child Care.....	Page # 6
Child Abuse.....	Page # 8
Dental Providers/TennCare.....	Page # 10
Dental Providers/.....	Page # 12
Disabilities.....	Page # 13
Domestic Violence.....	Page # 15
Drug/Alcohol Abuse.....	Page # 16
Emergencies. ....	Page # 18
Food/Clothing& Utilities.....	Page # 20
Housing/Homeless.....	Page # 22
Insurance. ....	Page # 24
Legal/Gov. Assistance.....	Page # 25
Marriage/Strengthening.....	Page # 27
Marriage (Pre-Counseling).....	Page # 29
Medical Providers/TennCare.....	Page # 30
Medical Providers/.....	Page # 33
Mental Health Providers/TennCare.....	Page # 34
Mental Health Providers/.....	Page # 36
Quit Tobacco Resources.....	Page # 37
Raising Children.....	Page # 38
Transportation.....	Page # 40
Youth Involvement.....	Page # 41
Language Assistance .....	Page # 43

## **Adult Education:**

### **St. Raphael's Episcopal Church**

Crossville, TN 38555

931-484-2407

931-788-5073 = Directors Number

*(Assists adults with reading comprehension, remedial work, and understanding English as a Second Language)*

### **Roane State Community College**

Crossville, TN 38555

931-456-9880

*(Assists adults with furthering their formal education. Assistance with financial aid & scholarship sign-up is available)*

### **Tennessee Technology Center**

910 Miller Ave.

Crossville, TN. 38555

(931) 484-7502

*(Assists Adults to further their education and job skills training)*

## **Adult Job Training Services:**

### **Families Resource Center**

Sponsored by: White County Board of Education  
Sparta, TN. 38583  
(931) 836-2229 [aprilyoung@whitecoschools.net](mailto:aprilyoung@whitecoschools.net)  
(Assists Adults to further their education)

### **Career Center**

60 Ridley Street  
Crossville, TN. 38555  
(941) 484-7456  
(Assist adults to find jobs and provides basic training on job seeking skills)

### **Social Security Administration - SSI Program**

1145 Perimeter Park Dr  
Cookeville, TN 38501  
1-888-717-1528  
(Assists with Disability Services, Money/Employment Assistance. The SSA administer a program called SSI for persons with disabilities who are age 65 or older, a blind adult or child, or disabled adult or child - children under 18. If under 18, substantially reduced ability to function independently, appropriately and effectively in a manner expected of children of similar age due to a physical or mental impairment, which has lasted or is expected to last at least 12 months or end in death.)

### **Tennessee Technology Center**

910 Miller Ave.  
Crossville, TN. 38555  
(931) 484-7502  
(Assists Adults to further their education and job skills training)

### **Upper Cumberland Human Resource Agency – White County**

826 Valley View Drive  
Sparta, TN 38583  
931-738-6255  
(Assist with Children's Issues, Food, Health, Housing, and Money/**Employment Assistance** Transportation/Utilities. UCART provides public transportation services for low -income individuals, financial assistance for daycare expenses for Family First participants, food commodities program, emergency funds for utility, rent and prescription medication payment, meals on wheels services, home energy assistance program.

## **Resources for Bereavement:**

### **Heart of the Cumberland**

377 Short St or P.O. Box 717,

Cookeville, TN 38503

Phone: 931-525-2600

heartofthecumberland@gmail.com

*Specifically for children and teens that are hurting because of losses suffered through death, divorce or family circumstances*

### **Healthy Bereavement & Grief Classes/Education**

Highlands Medical Center

401 Sewell Rd

Sparta, TN

931-738-9211

### **Gentiva Hospice**

Sponsored by: Lazarus House Hospice

851 South Willow Ave Ste 102

Cookeville, TN.

931-520-1705

931-528-5133

### **Hospice of Cumberland County**

Meets at the First United Methodist Church

First Tuesday of each month at 11:00 a.m.

Crossville, TN. 38555

(931) 484-4748

## **Childcare:**

### **BLUE SPRINGS DAY CARE**

2175 DORAN ROAD  
SPARTA, TN 38583  
(931) 738-9394  
(Call for fees)

### **BONDECROFT HEAD START**

9020 CROSSVILLE HWY  
SPARTA, TN 38583  
(931) 935-8420  
(Free Service)

### **CASSVILLE ELEM PRE-KINDERGARTEN (-E-)**

261 WILL THOMPSON ROAD  
SPARTA, TN 38583  
(931) 761-2277  
(Call for fees)

### **DOYLE ELEMENTARY SCHOOL AGE CARE (-E-)**

174 W.GOOSENECK ROAD  
DOYLE, TN 38559  
(931) 657-2287  
(Call for fees)

### **FINDLAY ELEMENTARY PRE-KINDERGARTEN (-E-)**

576 HALE STREET  
SPARTA, TN 38583  
(931) 738-2412  
(Call for fees)

### **HEAVENLY SUNSHINE**

LISA SCOTT  
COOKEVILLE, TN 38506  
(931) 738-3882  
(Call for fees)

### **Mary Poppins Daycare**

Cliffview Dr  
Sparta, TN 38583  
931-492-1282

**MS. JENNIFER'S DAY CARE**

149 CENTRAL CIRCLE

SPARTA, TN 38583

(931) 738-0149

*(Call for fees)*

**MISS PATTI'S DAY CARE**

137 NORTH CHURCH STREET

SPARTA, TN 38583

(931) 836-2866

*(Call for fees)*

**NORTHFIELD ELEMENTARY SCHOOL AGE CARE (-E-)**

570 S.BUNKER HILL ROAD

SPARTA, TN 38583

(931) 761-7979

*(Call for fees)*

**SPARTA HEAD START**

430 N Spring St

SPARTA, TN 38583

(931) 836-2615

*(Free Service)*

**Tender Care**

958 McMinnville Hwy

Sparta, TN 38583

931-739-8145

**TLC**

3235 MONTEREY HIGHWAY

SPARTA, TN 38583

(931) 739-7767

*(Call for fees)*

**THE SECRET GARDEN**

258 NORTH SPRING STREET

SPARTA, TN 38583

(931) 837-5337

**WOODLAND PARK ELEMENTARY B/A CARE (-E-)**

88 PANTHER DRIVE

SPARTA, TN 38583

(931) 738-3505

*(Call for fees)*

## **Resources to Help in Child Abuse Situations**

### **Avalon Center**

Crossville, TN. 38555

1-800-641-3434 24-hour crisis line

(931) 484-4642 24-hour crisis line

(931) 456-0747 Center office

*(Crisis line for those being physically or sexually assaulted)*

### **Child Abuse Hotline**

900 2nd Avenue North

Nashville, TN 37201

877-237-0004

*(Hotline Only. Provides a 24-hour line to take reports of abuse and neglect from anyone who knows about a child abuse situation.)*

### **Crossroads Counseling**

Crossville, TN 38555

931-707-8921

Contact: Tom Netherton, LPC, LPE

*(Child Abuse, Domestic Violence, Drug/Alcohol Abuse, Mental Health and Counseling, Rape & Sexual Abuse Provides individual counseling, sex offender counseling, anger management counseling, A&D/chemical dependency counseling, parenting counseling, psychological assessments, psychosexual, psychosocial and/or psychological evaluations.)*

### **Sparta City Police**

323 E. Bockman Way

(931) 836-3734

911 Emergencies

*(Assist with emergency situations)*

### **The Exchange Club/Stephens Center for the Prevention of Child Abuse**

616-B North Church Street

Livingston, TN 38570

Contact: Carolyn Isbell, Executive Director

931-823-6432 & 800-635-5199

*(Assist parents with building nurturing home-environments and prevent abuse/neglect through home-visitation programs, parenting classes, & community education programs)*

### **Tennessee Commission on Children/Youth**

1000 Neal Street

Cookeville, TN 38501

(931) 520-4445

*(Assist with issues concerning the welfare of children)*



**White County Health Department**

135 Walker Street  
Sparta, TN 38583  
(931) 836-2201

**White County Sheriff's Department**

Justice Center 111 Depot St.  
(931) 836-3028  
911 Emergencies  
*(Assist with emergency situations)*

**Youth Services Officer**

White County Justice Center  
111 Depot Street  
Sparta, TN 38583  
(931) 836-2069

## **Dental Providers who take TennCare:**

### **Algood Family Dental**

172 W Main St  
Cookeville, TN 38506  
931-537-9948  
931-537-2808 fax

### **Cookeville Regional Dental Clinic**

327 North Cedar Street  
Cookeville, TN 38501  
(931) 528-5105

### **Crossville Dental Clinic**

1720 West Ave., suite 106  
Crossville, TN 38555  
(931) 484-3007

### **Cumberland Pediatric Dentistry**

510 S Jefferson Ave  
Cookeville, TN 38501  
931-854-1200

### **Dr. Anderson**

815 Webber Avenue  
Crossville, TN 38555  
(931) 484-3053  
(Oral surgeon/need referral)

### **Dr. Charles Burdeshaw**

107 Bonnahbrook Dr.  
Hermitage, TN  
1-800-373-3330

### **Dr. Chuck Krusa**

289 Highland Sq.  
Crossville, TN 38555  
(931) 484-3664

### **Dr. Gentzler**

615-443-3633

### **Dr. Richard Prichard**

10480 Walden Street  
Soddy Daisy, TN 37379  
(423) 332-5544

**Dr. David Snodgrass**

4761 Andrew Jackson Parkway  
Hermitage, TN 37076  
(615) 885-3525

**Dr. Witherington**

815 Webber Avenue  
Crossville, TN 38555  
(931) 484-3053  
*(Oral surgeon/need referral)*

**Dr. William Bell**

2931 Essary Rd.  
Knoxville, TN  
(865) 687-4450

**Dr. Eric Wood**

206 Rivergate Parkway, Suite A  
Goodlettsville, TN 37072  
(615) 859-9994

**Upper Cumberland Dental**

Algood, TN  
(931) 537-2254

**Walling Dental Center**

11765 McMinnville Hwy  
Walling, TN  
(931) 657-5204

**White County Health Department**

135 Walker Street  
Sparta, TN 38583  
(931) 836-2201

**Dental Providers, who may not take TennCare,  
but offer services to low-income families:**

**Bread of Life Homeless Shelter and Clinic**

281 4th Street

Crossville, TN 38555

931-707-0569

*(Primary care medical clinic for uninsured no-income and low -income persons.*

*Medication, clinic, dental services for extractions only. Long-term day shelter program for families, single men and women or single parents with children. Employment and emergency food assistance is available)*

## **Resources for persons with Disabilities:**

### **ARC - Cumberland County**

269 Hayes Avenue  
Crossville, TN 38557  
931-456-0206 or 931-432-7509

*(Free Service, The ARC provides advocacy and information for physically and/or mentally disabled adults and children in Cumberland County and the Upper Cumberland Region. It assists clients in accessing local and regional resources, and coordinates Special Olympics for children and adults. It also provides very limited respite service for caretakers of physically/mentally disabled adults and children.)*

### **Children's Special Services**

Sparta, TN  
931-836-2201

*(Assists with the medical needs of children and young adults from birth to age 21 with chronic health issues. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)*

### **Cumberland Veterans Affairs**

Crossville, TN 38555  
(931) 456-0090

### **Hill Toppers**

151 Sweeney Dr.  
Crossville, TN 38555  
(931) 484-2535

### **Social Security Administration - SSI Program**

Cookeville, TN 38501  
1-888-717-1528

*(Assists with Disability Services, Money/Employment Assistance. The SSA administer a program called SSI for persons with disabilities who are age 65 or older, a blind adult or child, or disabled adult or child - children under 18. If under 18, substantially reduced ability to function independently, appropriately and effectively in a manner expected of children of similar age due to a physical or mental impairment, which has lasted or is expected to last at least 12 months or end in death.)*

### **TN Early Intervention System (TEIS)**

Education/training  
(931) 528-1623  
*(Assist children/families birth - 3 yrs)*

**Tennessee Department of Human Services - White County**

620 Roosevelt Drive

Sparta, TN. 38583

931-837-8256

*(Assists with Children's Issues, Disability Services, Food, and Health. Responsible for a variety of functions including, but not limited to administering the Families First and Food Stamp programs, processing TennCare applications, regulating childcare centers, managing child support services and providing a wide-range of services to Tennesseans with disabilities)*

**Upper Cumberland Development District**

1225 South Willow Avenue

Cookeville, TN 38501

931-432-4111

*(Assist with Disability Services, Housing, Legal/Governmental Assistance, Money/Employment Assistance, Parenting and Marriage Issues, Transportation/Utilities)*

## **Resources to help in Domestic Violence Situations:**

### **Avalon Center**

Crossville, TN. 38555

1-800-641-3434 24-hour crisis line

(931) 484-4642 24-hour crisis line

(931) 456-0747 Center office

*(Crisis line for those being physically or sexually assaulted)*

### **Genesis House**

Street location is confidential

Cookeville, TN N/A

(931) 526-4730

**Hotline:** 800-707-5197

*(This shelter offers a 24 hour crisis line (will accept collect calls), emergency shelter for women and children, legal advocacy, children's advocacy, case plans for employment and housing, supportive and transitional housing, and individual counseling for domestic violence issues. They will also provide services in non-crisis situation as well. They offer support groups for victims of domestic violence and rape/sexual assault).*

### **Grace Moore**

931-837-7233 and/or 931-738-9208

### **LifeCare Family Services**

Cookeville, TN. 38501

(931) 528-0051

(615) 781-0688

### **Sparta City Police**

323 E. Bockman Way

(931) 836-3734

911 Emergencies

*(Assist with emergency situations)*

### **The Exchange Club/Stephens Center for the Prevention of Child Abuse**

616-B North Church Street

Livingston, TN 38570

Contact: Carolyn Isbell, Executive Director

931-823-6432 & 800-635-5199

### **White County Sheriff's Department**

Justice Center 111 Depot St.

(931) 836-3028

911 Emergencies

*(Assist with emergency situations)*

**Resources available to help fight the Alcohol and Drug Abuse**  
**(Including METH) Problems in your area:**

*All Local Churches in Area*

**Alcoholics Anonymous**  
(931) 484-6467

**Crossroads Counseling**  
Crossville, TN 38555  
931-707-8921  
Contact: Tom Netherton, LPC, LPE

**Cumberland Heights Drug Treatment Center**  
1-800-646-9998

**Cumberland County Medical Center**  
421 South Main St.  
Crossville TN 38555  
(931) 484-9511

**Cumberland Mtn. Mental Health Center**  
4325 Hwy 127 North  
Crossville, TN 38555  
(931) 484-8020

**Department Of Children's Services**  
620 Roosevelt Drive  
Sparta, TN  
(931) 837-8259

**Drug Tip Hotline**  
Sponsored by: Cumberland County Sheriffs Department  
(931) 484-4444  
*(Report suspected drug abuse activity. All callers will remain anonymous)*

**Drug Abuse Hotline**  
1-800-888-9383  
*(Call to report illegal drug activity)*

**Fourth Dimension Inc.**  
Hwy 70 North  
Crossville, TN 38555  
(931) 484-4255



**House of Hope**

Cumberland Children's Center  
165 Bob Tollett Loop  
Crossville, TN 38555  
(931) 707-2273

**LifeCare Family Services**

Cookeville, TN. 38501  
(931) 528-0051  
(615) 781-0688

**Meth Hotline/Statewide**

1-877-866-6384  
*(Call to report suspected Meth activity)*

**Narcotics Anonymous**

Sponsored by: Fourth Dimension  
2229 West Ave  
Crossville, TN 38555  
931-484-6384  
*(Assist with drug abuse problems)*

**Sparta City Police**

323 E. Bockman Way  
(931) 836-3734  
911 Emergencies  
*(Assist with emergency situations)*

**Teen Challenge**

707-0503

**Thirteenth Judicial Task Force**

Cookeville, TN. 38501  
(931) 528-5400  
*(Drug Task Force)*

**Upper Cumberland-Community Services Agency**

417 East Broad Street  
Suite A.200  
Cookeville, TN 38501  
(931) 520-0200

**White County Sheriff's Department**

Justice Center 111 Depot St.  
(931) 836-3028  
911 Emergencies  
*(Assist with emergency situations)*

## **Assistance in the event of an Emergency Situation:**

### **Air Evac Life Team**

106 Emergency Services Drive  
Albany, KY 42602  
(606) 387-9099  
Emergency = 911  
(Assist with emergency needs)

### **Bondecroft Volunteer Fire Department**

Bondecroft, TN  
931-935-3170

### **Eastland Volunteer Fire Department**

931-935-8200

### **Emergency Management Agency**

90 Justice Center Dr.  
Crossville, TN 38555  
Contact: Keith Garrison  
(931) 484-7016

### **Poison Control**

1-800-222-1222

### **Sparta City Police**

323 E. Bockman Way  
(931) 836-3734  
911 Emergencies  
(Assist with emergency situations)

### **Shriners of Tennessee**

1354 Brick Church Pike  
Nashville, TN. 37207  
(615) 226-7676  
(Helping children with orthopedic and burn conditions at no cost to the families or outside agencies)

### **Sparta Fire Department**

715 North Spring St.  
(931) 738-7380  
911 Emergencies  
(Assist with emergency situations)

**Thirteenth Judicial Task Force**

Cookeville, TN. 38501

(931) 528-5400

*(Drug Task Force)*

**White County Sheriff's Department**

Justice Center 111 Depot St.

(931) 836-3028

911 Emergencies

*(Assist with emergency situations)*

## **Assistance with Food/Clothing/Utilities Needs:**

### **Bread of Life Homeless Shelter and Clinic**

281 4th Street

Crossville, TN 38555

931-707-0569

*(Primary care medical clinic for uninsured no-income and low -income persons.*

*Medication, clinic, dental services for extractions only. Long-term day shelter program for families, single men and women or single parents with children. Employment and emergency food assistance is available)*

### **Cumberland Co. Good Samaritans**

281 10<sup>th</sup> St.

Crossville, TN 38555

(931) 484-3225

### **Community Education Office for the Food Stamp Program**

***Legal Aid Society of Middle Tennessee and the Cumberlands***

9 South Jefferson Avenue

Cookeville, Tennessee 38501

Phone: 931.528.7436

Toll Free: 800.262.6817

### **First United Methodist Church**

100 Braun Street

Crossville, TN. 38555

(931) 484-3537

*(Assist with food, utilities & clothing needs)*

### **Good Samaritans**

281 10<sup>th</sup> Street

Crossville, TN. 38555

(931) 484-3225

### **Lansden Church of Christ**

4250 Fanchers Mill

Sparta, TN

931-761-3240

### **Linary Church of Christ**

1244 Old Hwy 28

Crossville, TN 38555

(931) 484-5961

*(Assist with food & clothing needs)*

**New Beginnings Fellowship Church**

1433 Livingston Road  
Fair Park Senior Center  
Crossville, TN. 38555  
(931) 484-7729/Dewey Preston  
*(Assist with food & clothing needs)*

**Pennies for the Needy**

Suite 36 American Legion Bldg.  
Sparta, TN. 38583  
931-836-2344  
*(Assist with job, housing & clothing needs)*

**Pleasant Hill Baptist Church**

No Kids Do Without  
699 Pleasant Hill Rd  
Sparta, TN 38583/Pastor Mike Prater

**Pleasant Hill Community Church**

(931) 277-3193  
*(Assist with various needs)*

**Saint Alphonsus Community Services**

51 Saint Alphonsus Way  
Crossville, TN 38555  
(931) 484-8074  
*(Assist with food, utilities & clothing needs)*

**Tennessee Department of Human Services - White County**

620 Roosevelt Drive  
Sparta, TN. 38583  
931-837-8256

**United Fund of Crossville**

Crossville, TN 38555  
(931) 484- 4082

**Upper Cumberland Human Resource Agency – White County**

826 Valley View Drive  
Sparta, TN 38583  
931-738-6255

## **Resources to assist with Housing/Homeless Needs:**

### **Bread of Life Homeless Shelter and Clinic**

281 4th Street

Crossville, TN 38555

931-707-0569

*(Primary care medical clinic for uninsured no-income and low -income persons.*

*Medication, clinic, dental services for extractions only. Long-term day shelter program for families, single men and women or single parents with children. Employment and emergency food assistance is available)*

### **Crossville Housing Authority**

67 Irwin Avenue

Crossville, TN. 38555-4746

Phone: (931) 484-2990

*(Affordable housing units based upon income and need)*

### **Habitat for Humanity**

329 McLarty Lane

Crossville, TN 38555

931-484-4565

*(Builds homes for low-income families. There is an application and selection process)*

### **Pennies for the Needy**

Community Assistance Agency

5 West Maple St Suite 36 American Legion Bldg.

Sparta, TN. 38583

931-836-2344

*(Assist with job, housing & clothing needs)*

### **Self-Help Housing Program**

Crossville, TN. 38555

931-484-2990

*(Assists families to work together to build their own homes, The family supplies labor and gets necessary loans and the Self-Help Program provides training on construction issues)*

### **Sparta Housing Authority**

300 Cragrock Drive

Sparta, TN. 38583

931-836-3357

*(Assist with job, housing & clothing needs)*

**United States Department of Agriculture**

Rural Development

390 South Lowe Avenue Suite K

Cookeville, TN 38501

(931) 528-6539

*(Provides affordable home loans. Assists low-income homeowners finance needed home repairs)*

**Upper Cumberland Homeless Shelter**

15 Division Street

Crossville, TN. 38555

(931) 456-8172

*(Assists families who need a place to stay)*

**Upper Cumberland Human Resource Agency - UCART**

73 Methodist Campground Loop

Crossville, TN 38555

931-456-0691

*(Assist with Children's Issues, Food, Health, Housing, Money/Employment Assistance, Transportation/Utilities. UCART provides public transportation services for low -income individuals, financial assistance for daycare expenses for Family First participants, food commodities program, emergency funds for utility, rent and prescription medication payment, meals on wheels services, home energy assistance program.*

## **Assistance with Insurance Needs:**

### **Blue Cross Blue Shield**

(865) 588-4612 Group Insurance

1-800-845-2738

*(Affordable Insurance for Families & Individuals)*

### **Coverkids**

#### **Tennessee Department of Human Services - White County**

620 Roosevelt Drive

Sparta, TN. 38583

931-837-8256

*(Assists with Children's Issues, Disability Services, Food, and Health. Responsible for a variety of functions including, but not limited to administering the Families First and Food Stamp programs, processing TennCare applications, regulating childcare centers, managing child support services and providing a wide-range of services to Tennesseans with disabilities)*

### **Partnership for Prescription Assistance**

Phone: 1-888-477-2669

[www.pparx.org](http://www.pparx.org)

*If you do not have prescription coverage and/or can not afford your medicines, this organization may be able to help*

### **Tennessee Justice Center**

Nashville, TN

615-255-0331

*Assists with strategies for obtaining TennCare and appeals process, etc.*



## **Legal/Governmental Assistance:**

### **Child Support Services of Tennessee - Cookeville**

1525 East Spring Street Suite G

Cookeville, TN 38506

931-528-8598

*(Helps locate parents who are not paying child support. They will provide legal representation in child support hearings. They also provide paternity testing)*

### **Crossville Housing Authority**

67 Irwin Avenue

Crossville, TN. 38555-4746

Phone: (931) 484-2990

*(Affordable housing units based upon income and need)*

### **Legal Aid Society of Middle Tennessee and the Cumberlands**

9 South Jefferson Avenue

Cookeville, Tennessee 38501

Phone: 931.528.7436

Toll Free: 800.262.6817

*(Serves all counties in the LBJ&C Head Start Service area. Provides free legal assistance to low-income persons on such issues as TennCare, Medicare, Domestic Violence, Housing Problems, Special Education Issues, and Consumer Issues.)*

### **Rape and Sexual Assault Response Center**

1519 East Spring, Suite F

Cookeville, TN 38506

Hours of operation = 24 hrs/day, 7 days a week

Phone: = 931-526-5197

Hotline: 800-707-5197

Translation services offered: Yes

*(Serves all eight counties in L.B.J. & C. Head Start Service area. Provides free legal & governmental assistance, Rape and sexual assault forensic exams, legal advocacy, court advocacy, counseling (individual and support group). Also qualifies for all Genesis House service).*

### **Tennessee Department of Human Services - White County**

620 Roosevelt Drive

Sparta, TN. 38583

931-837-8256

*(Assists with Children's Issues, Disability Services, Food, and Health. Responsible for a variety of functions including, but not limited to administering the Families First and Food Stamp programs, processing TennCare applications, regulating childcare centers, managing child support services and providing a wide-range of services to Tennesseans with disabilities)*

**Tennessee 211**

1-800-318-9335

*(Helps direct non-profit agencies within each local service area of the state. Services are networked to find suicide prevention hotlines, help caring for an elderly relative, help learning to read, emergency help with a utility bill, support groups, & transportation, etc.)*

**Upper Cumberland-Community Services Agency**

417 East Broad Street

Suite A.200

Cookeville, TN 38501

(931) 520-0200

*(Assists with Children's Issues, Drug/Alcohol Abuse, Unruly and Delinquent Youth, Mental Care and Counseling, Transportation/Utilities, Youth Activities. Prevention case management services to children at risk of being placed in state custody, home studies requested through the Court system and crisis intervention. Family Crisis Intervention for unruly youth, TennCare transportation, Family Services Counseling, AmeriCorps Tutoring and Mentoring, and Juvenile Mental Health and Drug Court Counseling are also available)*

## **Resources to Strengthen Marriages:**

### **Assessment/Counseling/training Services (ACTS)**

Cookeville, TN. 38501

(931) 528-9399

*(Provide Assistance with Marriage & Mental Health Counseling)*

### **Christian Counseling**

53 North Main Street

Crossville, TN 38555

931-707-8921

### **Crossroads Counseling**

Crossville, TN 38555

931-707-8921

Contact: Tom Netherton, LPC, LPE

*(Child Abuse, Domestic Violence, Drug/Alcohol Abuse, Mental Health and Counseling, Rape & Sexual Abuse Provides individual counseling, sex offender counseling, anger management counseling, A&D/chemical dependency counseling, parenting counseling, psychological assessments, psychosexual, psychosocial and/or psychological evaluations.)*

### **Cumberland Mtn. Mental Health Center**

4325 Hwy 127 North

Crossville, TN 38555

(931) 484-8020

### **Cumberland Worship Center**

145 Interstate Drive

Crossville, TN. 38555

(931) 707-9855

Contacts: Joyce Green

*(Opportunities for marriage counseling)*

### **LifeCare Family Services**

Cookeville, TN. 38501

(931) 528-0051

1-800- 881-0359

(615) 781-0688

*(A faith-based community Non-profit mental health facility that offers community mental health and counseling services, including marriage & family therapy: child, youth and adult psychiatric care & nursing; Child & adolescent counseling: intensive and therapeutic case management: and family preservation.)*

**Patricia Guthrie, Therapist**

44 Hayes Street  
Crossville, TN 38555  
(931) 456-9367

**Pastoral Counseling Center**

Crossville, TN 38555  
931-484-0203

**The Exchange Club/Stephens Center for the Prevention of Child Abuse**

616-B North Church Street  
Livingston, TN 38570  
Contact: Carolyn Isbell, Executive Director  
931-823-6432 & 800-635-5199  
*(Assist parents with building nurturing home-environments and prevent abuse/neglect through home-visitation programs, parenting classes, & community education programs)*

**Upper Cumberland Development District**

1225 South Willow Avenue  
Cookeville, TN 38501  
(931) 432-4111  
*(Provide assistance with Disability Services, Housing, Legal/Governmental Assistance, Money/Employment Assistance, Parenting and **Marriage** Issues, Transportation/Utilities)*

## **Pre- Marriage Counselors:**

### **Assessment/Counseling/training Services (ACTS)**

Cookeville, TN. 38501  
(931) 528-9399  
931-528-6167

### **Bethlehem Baptist Church**

626 Potato Farm Rd.  
Crossville, TN 38555  
Contact: Gary Robbins  
Church: (931) 456-0239  
Home: (931) 484-2838  
Cell: (931) 265-6030

### **Crossroads Counseling**

Crossville, TN 38555  
931-707-8921  
Contact: Tom Netherton, LPC, LPE

### **Cumberland Worship Center**

145 Interstate Drive  
Crossville, TN. 38555  
(931) 707-9855  
Contacts: Joyce Green

### **Never Fail Community Church**

13348 US 70  
Sparta, TN. 38583  
(931) 277-5032

### **Patricia Guthrie, Therapist**

44 Hayes Street  
Crossville, TN 38555  
(931) 456-9367

### **Saint Alphonsus Community Services**

51 Saint Alphonsus Way  
Crossville, TN 38555  
(931) 484-8074  
Contact: Mary Mitter

### **Tollet's Chapel**

95 Tabor Loop  
Crossville, TN 38555  
(931) 484-5220

## **Medical Providers who take TennCare:**

### **Children's Special Services**

Sparta, TN

931-836-2201

*(Assists with the medical needs of children and young adults from birth to age 21 with chronic health issues. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)*

### **Cookeville Pediatrics Associates**

345 West Broad Street

Cookeville, TN. 38501

(931) 528-1485

*(Takes TennCare)*

### **Crossville Medical Group**

100 Lantana Road, Suite # 202

Crossville, TN. 38555

(931) 484-5141

### **Crossville Medical Group/Walk-in Clinic**

60 Crossville Medical Group Drive

Suite # 109

Crossville, TN. 38555

(931) 456-3674

### **Cumberland County Medical Center**

421 South Main St.

Crossville TN 38555

(931) 484-9511

### **Dr. Berman**

49 Cleveland St. Suite # 210

Crossville TN 38555

(931) 707-8700

### **Dr. Kimberly Claypool-Johnson**

421 South Main St.

Crossville TN 38555

(931) 456-5814

**Dr. Robert Baker**

207 East Bockman Way  
Sparta TN 38583  
(931) 836-6461

**Dr. Buchanan**

1645 South Main Street  
Crossville TN 38555

**Dr. Mollie Dodson**

207 East Bockman Way  
Sparta TN 38583  
(931) 836-6461 or 739-0048

**Dr. Alan Drake**

133 Church Hill Drive  
Sparta TN 38583  
(931) 836-3262

**Fast Pace Urgent Care**

150 Sam Walton Dr  
Sparta, TN 38583  
931-739-4000

**Dr. Flint**

65 Sewell Drive  
Sparta TN 38583  
(931) 738-9316

**Dr. Griffin**

433 Sewell Drive  
Sparta TN 38583  
(931) 739-3000

**Dr. Hallmark**

1036 North Main St.  
Crossville TN 38555  
(931) 484-7040

**Dr. Hassler**

49 Cleveland St. Suite # 210  
Crossville TN 38555  
(931) 707-8700

**Dr. Johnson**

Crossville, TN 38555  
(931) 456-9434

**Dr. Kouchecki**

Crossville TN 38555  
(931) 484-5525

**Dr. Stover**

Sparta, TN  
931-738-4596

**Dr. Victor Shada**

1645 South Main St. Suite 101  
Crossville, TN 38555  
(931) 484-4560

**Dr. Vish**

15 Walker Hill Circle  
Crossville TN 38555  
(931) 484-1100

**Dr. Ty Webb**

457 Vista Drive  
Sparta TN 38583  
(931) 738-3383

**Kids Kare /Dr. Climico**

758 South Willow Ave.  
Cookeville, TN. 38501  
(931) 526-6173  
(Takes TennCare)

**Family Walk-in Clinic**

42 Dooley Street  
Crossville, TN. 38555  
(931) 707-7117

**White County Health Department**

135 Walker Street  
Sparta, TN 38583  
(931) 836-2201

**White County Hospital**

Sparta, TN 38583  
931-738-9211

**White County Women's Health Care**

163 Mose Dr.  
Sparta, TN 38583  
931-738-9140

**White County Walk-in Clinic**

Sparta, TN 38583  
931-836-2228



**Medical Providers, who may not take TennCare, but  
offer services to low-income families:**

**Bread of Life Homeless Shelter and Clinic**

281 4th Street

Crossville, TN 38555

931-707-0569

*(Primary care medical clinic for uninsured no-income and low -income persons.*

*Medication, clinic, dental services for extractions only. Long-term day shelter program for families, single men and women or single parents with children. Employment and emergency food assistance is available)*

**Children's Special Services**

Sparta, TN

931-836-2201

*(Assists with the medical needs of children and young adults from birth to age 21 with chronic health issues. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)*

**White County Health Department**

135 Walker Street

Sparta, TN 38583

(931) 836-2201

**White County Hospital**

Sparta, TN 38583

931-738-9211

## **Mental Health Providers who take TennCare:**

### **ACTS**

312 E. First St.  
Cookeville, TN 38503  
(931) 528-9399  
*(They do serve Pre-School Children)*

### **Crossroads Counseling**

Crossville, TN 38555  
931-707-8921  
Contact: Tom Netherton, LPC, LPE  
*(Child Abuse, Domestic Violence, Drug/Alcohol Abuse, Mental Health and Counseling, Rape & Sexual Abuse Provides individual counseling, sex offender counseling, anger management counseling, A&D/chemical dependency counseling, parenting counseling, psychological assessments, psychosexual, psychosocial and/or psychological evaluations.)*

### **Cumberland Plateau Recovery**

550 North Church Street  
Livingston, TN. 38570  
(931) 403-3577  
(931) 265-5382  
*(Assists those recovering from substance abuse with counseling and support services)*

### **Cumberland Mountain Mental Health Center**

4325 Hwy 127 North  
Crossville, TN 38571  
(931) 484-8020  
*(They do serve Pre-school Children)*

### **Dale Hollow Mental Health Center**

501 Spruce Street  
Livingston, TN. 38570  
(931) 823-5678  
*(Assist with family or individual counseling for drugs/alcohol/etc.,)*

### **Health Connect America**

(931) 526-6042  
*(Intensive In-Home Counseling, Case management, Mental Health & Substance Abuse IOP)*

**Plateau Mental Health**

1200 S. Willow Ave.  
Cookeville, TN. 38501  
(931) 432-4357 **24-hour hotline**

**Rape and Sexual Assault Response Center**

1519 East Spring, Suite F  
Cookeville, TN 38506  
Hours of operation = 24 hrs/day, 7 days a week  
Phone: = 931-526-5197  
**Hotline:** 800-707-5197

*(Serves all eight counties in L.B.J. & C. Head Start Service area. Provides free legal & governmental assistance, Rape and sexual assault forensic exams, legal advocacy, court advocacy, counseling (individual and support group). Also qualifies for all Genesis House service).*

**Team Evaluation Center**

600 North Holtzclaw Avenue  
Chattanooga, TN 37404-1220  
(423)-622-0500

*(Team Evaluation Center provides diagnoses for social, emotional, educational, or physical problems. After a diagnosis is made, Team will then help develop an intervention plan that includes referrals for treatment. Provides services to pre-school children)*

**Volunteer Behavioral Health Care System - Plateau Mental Health Center**

1200 South Willow  
PO Box 3165  
Cookeville, TN 38502  
931-432-4123 **Hotline:** 1-800-281-4943

*(Volunteer Behavioral Health Care provide a broad array of services and treatment strategies which include: psychiatric evaluations; individual, family, and group counseling; psychological assessments; chemotherapy; case management; residential facilities; crisis response; rehabilitative and supportive services – thus providing opportunity for people to help themselves)*

**Mental Health Providers, who may not take TennCare,  
but offer services to low-income families:**

**Assessment/Counseling/training Services (ACTS)**

Cookeville, TN. 38501

(931) 528-9399

*(Provide Assistance with Marriage & Mental Health Counseling)*

**Crossroads Counseling**

Crossville, TN 38555

931-707-8921

Contact: Tom Netherton, LPC, LPE

*(Child Abuse, Domestic Violence, Drug/Alcohol Abuse, Mental Health and Counseling, Rape & Sexual Abuse Provides individual counseling, sex offender counseling, anger management counseling, A&D/chemical dependency counseling, parenting counseling, psychological assessments, psychosexual, psychosocial and/or psychological evaluations.)*

**LifeCare Family Services**

Cookeville, TN. 38501

(931) 528-0051

(615) 781-0688

*(A faith-based community Non-profit mental health facility that offers community mental health and counseling services, including marriage & family therapy: child, youth and adult psychiatric care & nursing; **Child & adolescent counseling:** intensive and therapeutic case management: and family preservation.)*

**Plateau Mental Health Center**

Substance Abuse Services

1200 South Willow Avenue

Cookeville TN 38502

Phone: (931) 432-4123

Hotline: (877) 567-6051

*(Assist persons with disabilities and mental illness in various ways)*

## **Quit Tobacco Resources**

### **Tennessee Tobacco Quitline:**

1-800-784-8669

### **Cumberland County Health Department**

Smoking Cessation

Ruth Lucas

131 South Webb

Crossville, TN 931-484-6196

### **White County Hospital**

Quit 4 Life Smoking Cessation

Greg Williams

931-738-9211

### **Cookeville Regional Medical Center- Algood Room**

Quit 4 Life Smoking Cessation

Tandy Todd

142 W. 5<sup>th</sup> St.

Cookeville, TN 38501

931-528-5176

### **March of Dimes and Tennessee Department of Health, WIC Program**

S.M.A.R.T. – Smart Mothers are Resisting Tobacco

1-800-884-9301

### **Nicotine Anonymous**

[www.nicotineanonymos.org](http://www.nicotineanonymos.org)

### **American Lung Association**

Freedom From Smoking

[www.lungusa.org](http://www.lungusa.org)

### **American Lung Association of Tennessee**

1-800-432-5864

[www.lungusa.org](http://www.lungusa.org)

### **Former Smokers**

The No Smoke Café

<http://clever.net/chrisco/nosmoke/stop.html>

## **Resources to assist persons raising children possibly other than their own:**

### **Agricultural Extension Service - White County**

117 South Main Street

Sparta, TN 38583

931-836-3348

*The Agricultural Extension Service of Putnam County offers information on basic food preparation, storage, safety and/or preservation. The service also offers family life skills information and referrals related to parenting, communication, discipline, economics, and nutrition. Information relating to health issues such as exercise, health risks, stress, personal grooming, eating disorders, etc. is also available.*

### **Department Of Children's Services**

620 Roosevelt Drive

Sparta, TN

(931) 837-8259

### **Help Us Grow Up Successful (HUGS)**

Upper Cumberland

Regional Office

200 West 10th Street

Cookeville, TN 38501

931-528-7531

*Developed by the Tennessee Department of Health, Help Us Grow Successfully also known as HUGS is a home visiting program that also coordinates additional services for pregnant and postpartum women up to two years and children ages birth through five years. HUGS coordinators can assist clients in getting health care as well as social, educational, and many other necessary services to ensure Tennessee's babies are born healthy and grow up healthy.*

### **LifeCare Family Services**

Cookeville, TN. 38501

(931) 528-0051

(615) 781-0688

*(A faith-based community Non-profit mental health facility that offers community mental health and counseling services, including marriage & family therapy: child, youth and adult psychiatric care & nursing; Child & adolescent counseling: intensive and therapeutic case management: and family preservation.)*

**The Exchange Club/Stephens Center for the Prevention of Child Abuse**

616-B North Church Street

Livingston, TN 38570

Contact: Carolyn Isbell, Executive Director

931-823-6432 & 800-635-5199

*(Assist parents with building nurturing home-environments and prevent abuse/neglect through home-visitation programs, parenting classes, & community education programs)*

**Relatives as Caregivers**

1225 South Willow Ave.

Cookeville, TN. 38501

(931) 432-4111

*(Assists in various ways, such as support groups, etc.)*

**Youth Villages**

1420 Neal Street

Cookeville, TN. 38501

(931) 525-6905

*(Assists Foster Parents in the Upper Cumberland)*

## **Resources to assist with Transportation Needs:**

### **Upper Cumberland Human Resource Agency – White County**

826 Valley View Drive

Sparta, TN 38583

931-738-6255

*(Assist with Children's Issues, Food, Health, Housing, Money/Employment Assistance, Transportation/Utilities. UCART provides public transportation services for low -income individuals, financial assistance for daycare expenses for Family First participants, food commodities program, emergency funds for utility, rent and prescription medication payment, meals on wheels services, home energy assistance program.*

### **Holman's Taxi Service**

15 West Maple Street

Sparta, TN 38583

931-836-3888



## **Promoting Youth Involvement:**

### **Agricultural Extension Service - White County/4-H Program**

117 South Main Street  
Sparta, TN 38583  
931-836-3348

*The Agricultural Extension Service of Putnam County offers information on basic food preparation, storage, safety and/or preservation. The service also offers family life skills information and referrals related to parenting, communication, discipline, economics, and nutrition. Information relating to health issues such as exercise, health risks, stress, personal grooming, eating disorders, etc. is also available.*

### **ASSE**

International Student Exchange Programs  
404-754-1667  
1-800-473-0696

*(Volunteers assist young people from other Countries and encourages American students to study abroad)*

### **Crossville Recreational Youth Soccer Association**

Crossville Centennial Park  
Crossville, TN. 38555  
(931) 788-6166  
Contacts: Geir Berwin

*(Provides opportunities for youth to become involved in soccer and community activities)*

### **Cumberland Worship Center**

145 Interstate Drive  
Crossville, TN. 38555  
(931) 707-9855  
Contacts: Tyler Vaughn, Donna Mullins & Joyce Green  
*(Youth group provides opportunities for community involvement)*

### **Cumberland Fellowship Baptist Church**

1640 West Ave  
Crossville, TN. 38555  
(931) 707-1883  
*(Youth group provides opportunities for community involvement)*

### **First United Methodist Church**

100 Braun Street  
Crossville, TN. 38555  
(931) 484-3537  
*(Youth group provides opportunities for community involvement)*

**Neverfail Community Church**

2080 Red Rd  
Sparta, TN 38555  
Contact: Elliott or Emily Roberts  
(931) 277-5663  
(931) 277 5032

**Saint Alphonsus Community Services**

51 Saint Alphonsus Way  
Crossville, TN 38555  
(931) 484-8074  
Contact: Mary Mitter  
*(Youth group provides opportunities for community involvement)*

**Teens Against Drugs (TAD Center)**

Crossville, TN.

**WCTE American Graduate & Ready To Learn**

LWray@wcte.org  
CPutman@wcte.org  
931-528-2222

**Youth Center of Cumberland County**

Hayes Street  
Crossville, TN. 38555  
(931) 484-9736  
Mon - Fri 6:00 a.m. – 6:00 pm  
*(Assist with childcare after school & summer programs also)*

**YMCA**

123 Moore Street  
Sparta, TN. 38583  
(931) 836-3330  
*(Assists young people to become involved in exercise activities and community events)*

## **Language Assistance** **(All Counties)**

**Brent Simpson**  
931-212-8097

### **County Health Depts. - Primary Health Care Services**

*County operated outpatient health care facilities that provide a broad range of diagnostic and treatment services including primary adult and pediatric care, prenatal care, dental care and specialty medicine as well as laboratory and radiological services and allied support services like nutrition and health education. Some public clinics may also offer public health services such as immunizations and communicable disease screening and treatment. Services are available on an ability-to-pay basis and target low-income and indigent residents of the community. (Spanish Language Services)*

### **Department of Human Services, Counties**

*A state government agency that provides the following financial assistance and health insurance programs to those who qualify: Families First - temporary cash assistance program; Food Stamp Program/Electronic Benefit Transfer (EBT) - nutritional assistance program, EBT Helpline (1-888-997-9444); Medicaid/TennCare - processes applications for health insurance coverage; Child Care Resource & Referral; & Adult Protective Services - investigates reports of abuse, neglect, or financial exploitation of adults (1-888-277-8366). Interpreter Services available upon request*

### **Hispanic Family Resource Center**

(615) 227-7500  
(800) 280-8682

### **Hispanic Association**

732 Lafayette Rd Red Boiling Spgs, TN 37150  
(615) 699-6279

### **Hispanic Service Ebenezer**

PO Box 712  
McMinnville, TN 37111  
Phone: 9314741551

### **LifeCare Family Services - Cookeville - Counseling and Therapeutic Services**

665 South Jefferson Avenue  
Cookeville, TN 38501  
(931) 528-0051

*Provides a variety of counseling services such as academic and behavioral school issues, juvenile delinquency, marriage and family, separation and divorce, depression, alcohol and drug dependency & twelve step recovery, grief and loss, job and life transitions, parenting, and conflict resolution/communication training. (Spanish Language Services)*