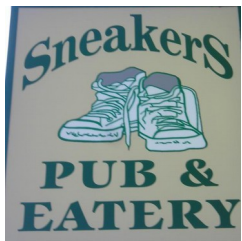


Staying Put - ADRC - Sneakers collaboration

Staying Put is promoting the Senior Community Lunch Program offered by the ADRC and it is going especially well. By encouraging all ages and income levels of folks to attend these lunches, a stronger social fabric for the entire community can be expected to develop. Increased socialization and involvement in multi-generational community activities is healthy for both seniors and for the health and spirit of the community at large.

Staying Put encourages everyone in the community to take advantage of the daily buffet, paying what fits their own budget. Payment is done monthly by an invoice mailed to your home which allows for financial anonymity. Families and children eating at these lunches will increase the community atmosphere. Lunches are provided at Sneaker's each Tuesday through Friday from 11 to 1.

Another endeavor of *Staying Put* volunteers is delivering locally for the ADRC's 'Meals on Wheels' Program. Perhaps because the food is taken from the daily buffet at Sneaker's, there has been an increase in interest in this program too. If you should be interested in signing up for *Meals on Wheels* deliveries, you must call the Pierce County ADRC Office at [715\) 273-6780](tel:7152736780).



MCKAY AVE, SPRING VALLEY, WI 54767

Summer Fundraiser with an NFL Quarterback

In the planning stages is a fund raiser to benefit Staying Put which is to be held Saturday, July 16, behind the High School. It will feature on-the-field coaching and experience with Sage Rosenfels, former NFL quarterback. Kids 8 to 18 are invited to participate, and families to watch the fun, as kids get guidance from and NFL pro.

The fee is \$30 and all donations go directly to Staying Put. Sage has a disabled sister and knows the value of community inclusion and support so his time will be volunteered.

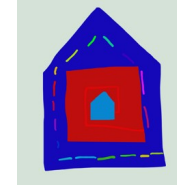
Mark the date on your calendar, July 16, have kids save or find sponsors for the \$30. They will get a tee shirt and have a cool experience with a pro while supporting Spring Valley Seniors Staying Put. Sign up begins now even before posters go up and there are a limited number of participants so, if interested call [715-778-5800](tel:7157785800) and mention the football event. **Businesses who would like to donate to help pay for the tee shirts will be acknowledged on the shirts.**

Call [715-778-5800](tel:7157785800) for Volunteer Training Sessions or Football Fundraiser Information.

Call [715-778-5800](tel:7157785800) to request *Staying Put* services.

*Be the change you wish to see in the world
~Mahatma Gandhi*

Spring Valley Seniors Staying Put



Caring – Connecting – Contributing

Contact Information:

Phone Number: [715-778-5800](tel:7157785800)

Email: spring.valley.ssp@gmail.com

Facebook Page: <https://www.facebook.com/Spring-Valley-Seniors-Staying-Put-Inc-444062202436845/?fref=ts>



Spring and Summer Calendar of Events:



Tuesday-Friday– Daily – 11-1
Senior Meal Program/Sneakers – SV

March 22: 5:30-7:00 pm
Volunteer Orientation/SV Library
call [715-778-5800](tel:7157785800)

April 9: 10:00 am- 11:30 am
Volunteer Orientation/SV Library
call [715-778-5800](tel:7157785800)



July 16: Summer Fundraiser with NFL Quarterback – to participate or sponsor, call [715-778-5800](tel:7157785800)

First Tuesdays of the Month: *Staying Put* board meeting – 9 am – Village Hall

- **What does 'Spring Valley Seniors Staying Put' do?**

Spring Valley Seniors Staying Put coordinates volunteers to help seniors and adults with disabilities to maintain their independence and STAY PUT in their homes.

- **Who are volunteers?**

Volunteers come from Spring Valley Community and congregations to offer friendship and support to someone who lives nearby.

- **What type of services do volunteers provide?**

Our volunteers provide: Rides to and from church, hair appointments, community events; Friendly visits and check in calls; Help with light chores; Grocery, library or pharmacy deliveries; Caregivers time-out visits; References to services for hire and other available help.

- **How much of my time is needed to volunteer?**

You can volunteer as often or as little as you wish (small is 'big'). Times are flexible depending on the volunteer's schedule (once a week, monthly, as needed, special events...). Snowbirds are welcome.

- **Do I need any training to volunteer?**

All volunteers must attend an orientation session and submit to a background check.

Those providing transportation must file a copy of their driver's license and auto insurance statement with the office.

- **How is it determined who I will serve?**

Office staff members who are familiar with client needs match volunteers with someone whose needs meet the volunteer's schedule and interests, and who lives nearest. We do background screening on all volunteers and orientation is required.

The only special ability to begin volunteering is the desire to help someone else.



Community Spirit!

Spring Valley Seniors Staying Put announces:

Two Volunteer Training Sessions

Because of this growing interest and participation in *Staying Put*, we are looking for more volunteers to join our team and provide a small amount of time for the big reward of being a meaningful asset in our Spring Valley Community.

Newsletter; First Edition March 16, 2016

We encourage community members of all ages to sign up for the upcoming Volunteer Training sessions. We really need to get a good sized group of participants into *Staying Put* in order meet everyone's needs, while allowing less expectation from any individual volunteer.

The local media have been a great asset in helping us spread the word and it now appears many people have heard of *Staying Put's* offerings. Hopefully word of mouth and recommendations of participants will encourage more people to become volunteers.

Become a volunteer by attending one of the ninety minute Training Sessions:

Tuesday March 22nd - **5:30 - 7:00 pm** or
Saturday April 9th - **10am - 11:30 pm** @
the Spring Valley Library.

Call to sign up at: [715-778-5800](tel:715-778-5800).

You may also email:

spring.valley.ssp@gmail.com

