	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
	A	В	A	В	A	В	A	В	A	В	A	В
9:00 9:30										Perf. Arts	Rec Dance	First Moves
10:00										Preschool	age 5-6 Rec	Hip Hop
10:30										-	Dance age 7-10	1
11:00												Small
11:30												Group Red
12:00 12:30												Neu
12.30								L				
4:30	Level I	Level II	First Moves	Rec Dance age 5-6*	Level II	Level I	First Moves	Rec Dance age 7-10*	Rec Dance age 5-6	Small Group	Classes Begin	
5:00										Purple		g 31
5:30	-		Hip Hop 2	Hip Hop 1*			Hip Hop 2*	Level III/IV	Strength & Agility		In studi	o, Virtual
6:00	Level III/IV			1		Level III/IV	2		C Aginty			utdoor ions
6:30		Rec Dance	Small Group	Hip Hop 3	Adult Tap		EveryBODY Fit			UpDown Funk		lable
7:00	-	Age 11+	Green		. ap							
7:30	-					_						
8:00												, Urio
8:30	_											& School
*Virtua	 & in studic	 class optio	 n									
vii tuu												
Email C	aitlin at <u>curi</u>	o.dance@g	<u>mail.com</u> wit	th questions	5.							

Curio Dance Classes by Age 2020/2021

Age	Dance as a Primary Activity	Recreational Dance
3-4		First Moves
		Intro to movement, music, creative movement, imitating leaps, turns
		and technique
		Performing Arts Preschool
		Educational based early childhood learning program focused on
		dance, music, movement, language and literacy
5-6	Level I	Recreational Dance age 5-6
	Ballet, Jazz, Tap, Contemporary, Pilates	Technique, Tap, Jazz and Creative Movement
	Performance opportunities	Hip Hop I
		Move and groove to some good tunes with friends
7-10	Level I or II*	Rec Dance age 7-10
	Ballet, Jazz, Tap, Contemporary, Pilates	Jazz, Tap, Technique, Contemporary
	Performance opportunities	Hip Hop II
		Move and groove to some good tunes with friends
11-18	Level II, III or IV*	Rec Dance age 11+
	Ballet, Jazz, Tap, Contemporary, Pilates	Jazz, Tap, Technique, Contemporary for students with previous
	Performance opportunities	dance experience
		Hip Hop III
		Move and groove to some good tunes with friends
		Stretch & Agility
		Gain special skills & range of motion in this supplemental class. Performing Division encouraged to attend.

*Level Placement is by audition.



First Moves (ages 3-4) 50 minutes/week

In this class students build gross motor skills, musicality, kinesthetic confidence and a foundation in dance technique. Students wiggle and giggle as they establish a lifelong love of dance, exploring their world through creative movement activities. This class is for students 3-4 years old. Students need black tap shoes and pink leather ballet shoes. Students wear a leotard (any style) and pink tights. Skirts/Tutus are welcome as long as they allow students to move freely. Hair is secured away from the face.

Option 1 Tuesday 4:30-5:20pm

Option 2 Thursday 4:30-5:20pm

Option 3 Saturday 9:00-9:50am

Tuition: \$60/month

Performing Arts Preschool 2 hours/week

This is an education-based early childhood learning program focused on dance, music, movement, language and literacy. The program features music and movement to promote musical learning, rhythm and dance; storytime to enhance attention span, visual and auditory skills, word recognition and social skills; yoga and mindfulness to enhance focus, practice breathwork, align the mind and body and promote calmness.

Friday 9:30-11:30am

Tuition: \$120/month

*This class is also offered in our 8-week outdoor session. See Outdoor Dance session below for details.

Recreational Dance age 5-6 60 minutes/week

This class focuses on basic Jazz, Tap and Ballet technique with an emphasis on rhythm and music. It is a wonderful class that encourages creativity with structured progression. It is an introduction to our Performing Division or other Recreational classes.

- Option 1 Tuesday 4:30-5:30pm
- Option 2 Friday 4:30-5:30pm
- Option 3 Saturday 9:00-10:00am

Tuition: \$60/month

*This class is also offered in our 8-week outdoor session. See Outdoor Dance session below for details.



Recreational Dance age 7-10 1 hour/week

Share your love of movement and joyful dancing in this class that meets once a week. A stress-free environment makes the class a welcoming place where you get to make new friends and lasting memories for years to come. Teachers emphasize the styles of Tap, Technique, Jazz and Contemporary.

Option 1 Thursday 4:30-5:30p

Option 2 Saturday 10:00-11:00a

Tuition: \$60/month

Hip Hop I 1.0 hour/week

Come groove with us and learn the latest Hip Hop moves from stage to street. In this class you will learn choreographed routines and improvisation skills to impress your friends. Hip Hop I is for 5 to 7 year olds.

Option 1 Tuesday 5:30-6:30pm

Option 2 Saturday 10:00-11:00am

Tuition: \$60/month

Hip Hop 2 1.0 hour/week

Come groove with us and learn the latest Hip Hop moves from stage to street. In this class you will learn choreographed routines and improvisation skills to impress your friends. Hip Hop I is for 8-10 year olds.

Option 1 Tuesday 5:30-6:30pm

Option 2 Thursday 5:30-6:30pm

Tuition: \$60/month

Hip Hop 3 1.0 hour/week

Come groove with us and learn the latest Hip Hop moves from stage to street. In this class you will learn choreographed routines and improvisation skills to impress your friends. Hip Hop I is for 11+ year olds.

Option 1 Tuesday 5:30-6:30pm

Option 2 Thursday 5:30-6:30pm

Tuition: \$60/month



The Performing Division is ideal for the motivated dancer who has a passion for movement and performance. We have spent years designing a program for your dancer at the pre-professional level. We strive to pull out individual talents, teaching every dancer how to really move in many genres and techniques. Curio Dance provides performance opportunities throughout the year in the fine arts. <u>Our training is focused on the artist and capabilities that emerge when you provide all the tools for learning in a positive, fun, rigorous and encouraging environment.</u>

 LEVEL I
 3 hours/week

 Monday
 4:30-6:00pm

 Wednesday
 4:30-6:00pm

 Cost: \$160/month

 LEVEL II
 4 hours/week

 Monday
 4:30-6:30pm

 Wednesday
 4:30-7630pm

 Cost: \$180/month

LEVEL III/IV 5 hours/week

 Monday
 6:00-8:00pm

 Wednesday
 6:00-7:00pm

 Thursday
 5:30-7:30pm

 Cost \$210/month

Small Group & Specialty Dances by invitation of a teaching artist. **(Continued below)**



Adult Tap 1 hour/week

Focus on rhythm for the ear, basic technique steps for the feet and range of motion for the whole body. You will be inspired to dance like Ginger Rogers and Fred Astaire. You will challenge the brain, build new skills, and leave the class with endorphins rushing.

Wednesday 6:30-7:30 pm

Tuition: \$60/month

Virtual Yoga 1 hour/week

ON ZOOM- For all ages; vinyasa flow class to improve posture, flexibility, strength, and well-being. Beginners welcome. Intermediate yogi's will be challenged. The instructor's unique background of professional dance performance, 10+ years of teaching experience and a Biology degree from the University of Minnesota provides an exceptional experience to every student who is looking for an innovative practice.

Saturday 9:00-10:00a

Tuition: \$60/month

EveryBODY Fit 1 hour/week

In studio or on Zoom- A class designed for bodies to move, groove and feel good! Movements and exercises are adapted from the genres of Dance, Tai Chi, Pilates and Yoga. Students will stimulate their heart rate, get endorphins moving and improve balance, mental focus and mood. Students can be barefoot or wear clean fitness shoes in the studio.

Thursday 7:30-8:30p

Tuition: \$60/month

(Continued Below)



Recreational Dance age 5-6 60 minutes/week

This class focuses on basic Jazz, Tap and Ballet technique with an emphasis on rhythm and music. It is a wonderful class that encourages creativity with structured progression. It is an introduction to our Performing Division or other Recreational classes. ZOOM- Tuesday 4:30-5:30p

Tuition: \$60/month

Hip Hop I 1.0 hour/week

Come groove with us and learn the latest Hip Hop moves from stage to street. In this class you will learn choreographed routines and improvisation skills to impress your friends. Hip Hop I is for 5 to 7 year olds.

ZOOM Tuesday 5:30-6:30pm

Tuition: \$60/month

Hip Hop 2 1.0 hour/week

Come groove with us and learn the latest Hip Hop moves from stage to street. In this class you will learn choreographed routines and improvisation skills to impress your friends. Hip Hop I is for 8-10 year olds.

ZOOM Thursday 5:30-6:30pm

Tuition: \$60/month

OUTDOOR DANCE

8-week session of Outdoor Dance classes hosted in our backyard on our Sport Court, Aug 31-Oct 19. Weather makeup days will be the week of Oct 26.

Performing Arts Preschool, OUTDOOR 2 hours/week

This is an education-based early childhood learning program focused on dance, music, movement, language and literacy. The program features music and movement to promote musical learning, rhythm and dance; storytime to enhance attention span, visual and auditory skills, word recognition and social skills; yoga and mindfulness to enhance focus, practice breathwork, align the mind and body and promote calmness.

Recreational Dance age 5-7, OUTDOOR 1 hour/week

Share your love of movement and joyful dancing in this class that meets once a week. For the student who knows they love to move, shake, shine and have a good time. A stress-free environment makes the class a welcoming place where you get to make new friends and lasting memories for years to come. Teachers emphasize the styles of Ballet, Jazz and Contemporary. Wednesday 4:30-5:30pm

Cost: \$120/session (8 classes)

Recreational Dance age 8+, OUTDOOR 1 hour/week

Share your love of movement and joyful dancing in this class that meets once a week. For the student who knows they love to move, shake, shine and have a good time. A stress-free environment makes the class a welcoming place where you get to make new friends and lasting memories for years to come. Teachers emphasize the styles of Ballet, Jazz and Contemporary. Wednesday 4:30-5:30pm

Cost: \$120/session (8 classes)

SMALL GROUP, TRIO, DUET & SOLO

Please contact Caitlin at <u>curio.dance@gmail.com</u> about scheduling your semi-private lesson with a Curio Teaching Artist. Classes can be taught in studio, virtually (via zoom) or outdoors (weather permitting).