



**Stepping With The Stones**  
Preschool for the First Steps In Learning™

## **TYPICAL SWTS PRESCHOOL DAILY SCHEDULE**

- 8:00 –** – **Preschooler arrival & recess playtime**
- 8:30 – 9:30** – **Circle Time**  
*(welcome, singing & dancing, flag salute, calendar, story time, meteorologist, new learning activities, etc.)*
- 9:00 – 9:30** – **Relaxation Yoga**  
*(Tuesday only – Namaste, animal poses)*
- 9:30 – 9:45** – **Snack & Recess**
- 9:45 – 10:00** – **Circle Time**  
*(“Share Bear” & story time, presenting learning activities, songs, etc.)*
- 10:00 – 11:15** – **Lessons & other learning activities**  
*(individualized & group cognition; relaxation yoga, foreign & sign languages, Peace/social skills lessons; dance, arts & crafts, science, Masters & the Arts etc.)*
- 11:15 – 11:30** – **Recess**
- 11:45 – 12:00** – **Closing Circle**  
*(Songs, story, varied program opportunities & closing song, “Make New Friends”)*

*Revised: January 2018*