

What exactly is deviant? Unusual doesn't mean deviant or problematic. Many people would be surprised to learn the full range of sexual behavior taking place all around them. Many adults enjoy experimenting at some time with threesomes, exchanging partners, bondage, submission, cross dressing, phone or cyber sex, mock voyeurism and diverse role play in their sex lives. It is not unusual for married person to occasionally masturbate. Clearly, one's personal morals and standards can lead to labeling another person deviant or a "perv" when, in fact, their sexual behavior is actually normal. Sex becomes a problem when it either involves a partner who can't consent, or it leads to disruptions in other areas of life.

Consent means actually agreeing to sex. "They didn't say no" is not consent. Persons asleep or drunk or drugged can't consent. Persons with mental limitations or impairments may or may not be capable of consent. Minors under the legal age wherever they live can't consent. Some states have exceptions (or at least are tolerant of) older adolescents having sexual relationships with their peers, even though they can't consent by the legal definition.

The other issue, disruption of other areas of life, can arise in many ways. Excessive time viewing porn can interfere with other areas of life (work, family, other commitments) are neglected. It also can interfere with emotional intimacy in a couple. Multiple extramarital affairs indicate intimacy problems and a lack of honesty. Pressuring a partner to engage in unwanted sex acts shows a lack of respect and reflects a certain degree of narcissism. Some people feel addicted to sex. The professional community is divided on whether or not that is the right term, with some preferring to describe the persons sexual obsessions and compulsive behavior.