

LKSSAA TRACK AND FIELD 2019

1. Pole Vault – The pole vault event will be conducted on Monday, May 13th at 4 pm at Chatham-Kent SS. If your school has pole vault entries, you are responsible for the set-up and take-down of the equipment and running the event.
2. **All events may run up to one-half hour ahead of schedule (both track and field). This includes the starting time of the afternoon track events.**
3. If an event that requires heats and finals (100, 200, sprint hurdles) has eight or fewer entries, then the final will be run at the **scheduled final time in the afternoon.**
4. Tents may only be set up to the east of the gazebo, behind the bleachers or beside the equipment shed.
5. This is a track meet. It is NOT a football game, ultimate tournament or rock concert. **No footballs, NO frisbees and NO boom boxes.**
6. Busses are **NOT** to park at Chatham-Kent SS. They are to park at Northside Arena to the west of CKSS. The entrance to the arena is off Delaware Ave.
7. The marshalling area for track events is by the equipment shed. It is an area bounded by the yellow tape. All track athletes must report to that area NOT the start line.
8. Events **will only be called** if they are to run **early.**

LKSSAA TRACK SCHEDULE 2019

DAY 1 – TUESDAY, MAY 14, 2019

CHATHAM-KENT SS

9:45 am	2000m Steeplechase (Open Girls, Open Boys)
10:15 am	80m/100m/110m Sprint Hurdles HEATS (MG, JG, SG, MB, JB, SB)
10:45 am	<u>Open Amb, ID, VI Girls and Boys 100 m Final</u> 100m HEATS (MG, MB, JG, JB, SG, SB)
11:30 am	400m <u>Timed Final</u> (MG, MB, JB, JG, SG, SB)
TRACK BREAK	
12:50 pm	Spring Hurdle FINALS (MG, JG, SG, MB, JB, SB)
1:20 pm	100m FINALS (MG, MB, JG, JB, SG, SB)
1:50 pm	1500m <u>Timed Final</u> (MG, MB, JB, JG, SG, SB)
3:15 pm	4 x 100m Relay <u>Timed Final</u> (MG, MB, JB, JG, SG, SB)

LKSSAA FIELD SCHEDULE 2019

DAY 1 – TUESDAY, MAY 14, 2019

CHATHAM-KENT SS

9:45 am	Midget Girls Long Jump Junior Girls Triple Jump Senior Girls High Jump Midget Boys Shot Put Junior Boys Discus Senior Boys Javelin
11:30 am	Midget Girls Shot Put Junior Girls Discus Senior Girls Javelin Midget Boys Long Jump Junior Boys Triple Jump Senior Boys High Jump
1:15 pm	Midget Girls High Jump Junior Girls Long Jump Senior Girls Triple Jump Midget Boys Javelin Junior Boys Shot Put Senior Boys Discus

LKSSAA TRACK SCHEDULE 2019

DAY 2 – WEDNESDAY, MAY 15, 2019

CHATHAM-KENT SS

9:45 am Wheelchair 200m
10:00 am 200m HEATS (SG, SB, JG, JB, MG, MB)
10:40 am 800m Timed Final (SG, SB, JG, JB, MG, MB)
Open Amb, ID and VI Girls, Boys 800 m
11:30 am 400m Hurdles Timed Final (SB, SG, JG, MG, JB, MB)

TRACK BREAK

1:15 pm 200m Final (SG, SB, JG, JB, MG, MB)
1:45 pm 3000m Final (SG, SB, JG, JB, MG, MB)
3:15 pm Open Girls 4 x 400 Relay Timed Final
Open Boys 4 x 400 Relay Timed Final

AWARDS PRESENTATION (TEAM AND INDIVIDUAL)

LKSSAA FIELD SCHEDULE 2019

DAY 2 – WEDNESDAY, MAY 15, 2019

CHATHAM-KENT SS

9:45 am Midget Girls Javelin
Junior Girls Shot Put
Senior Girls Discus
Midget Boys High Jump
Junior Boys Long Jump
Senior Boys Triple Jump
11:30 am Midget Girls Triple Jump
Junior Girls High Jump
Senior Girls Long Jump
Midget Boys Discus
Junior Boys Javelin
Senior Boys Shot Put
1:15 pm Midget Girls Discus
Junior Girls Javelin
Senior Girls Shot Put
Midget Boys Triple Jump
Junior Boys High Jump
Senior Boys Long Jump