

**October/November 2020**  
**At a glance**  
**Full descriptions of activities in bulletin.**



**ANNOUNCEMENTS**

October 25, 2020

306-761-0556 eastsideunited@sasktel.net  
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 Follow us on Twitter @Eastside\_united  
[www.eastsideunited.ca](http://www.eastsideunited.ca)



**W**elcome to Eastside United. May our opportunities of ministry offer  
*you rest, challenge and peace on your Christian journey.*

**Ministers:**

Minister: Russell Mitchell-Walker  
 Pianist: Michelle Dickie  
 Prayers of the People: Lori Latta  
 Tech Support: Brian Mitchell-Walker  
 Attendance: Busi Mabhena  
 Congregational Care Greeter: Elaine Hill  
 Gratitude Team: Wanda Barr, Maureen Hughes, Dianna Ingham

Last week's attendance: 57    Offering: \$2470    Weekly budget: \$1463  
 (not incl. PAR) Oct 1 - 15

**Worship will be happening online via Zoom [HERE](#).** You can also call into the Zoom session on the phone with audio only by calling 1-587-328-1099 or 1-204-515-1268. If you have trouble with sound on your computer, you can also call in with these numbers while watching on zoom.

**Office Hours:**

**The Living Spirit Center is closed due to concerns over COVID-19.** Both Harvey and Russell are working remotely. If you need to contact the Eastside United Office, please email Harvey at [eastsideunited@sasktel.net](mailto:eastsideunited@sasktel.net).

**Harvey's Hours:** Tuesday, Wednesday, Thursdays.

**Russell's Hours:** Tuesday, Wednesday, Thursday, Friday. Russell's e-mail address: [russell.eastside@gmail.com](mailto:russell.eastside@gmail.com).

Russell will be holding **Zoom Drop-in Office Hours** Wednesdays from 2 – 4:30. You can join Russell online over Zoom [HERE](#).

**Scripture Readings:** John 21: 15-19

**Songs –**

*Praise God for this Holy Ground MV #41 vs 1-3*  
*O Sing to our God VU #241*  
*We Have this Ministry VU #510*  
*I Thank You, Thank You Jesus*  
*Will You Come and Follow Me VU #567*  
*I am Walking the Path of Peace MV#221*

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
<b>25</b> Online Worship 11:15 Post Worship Tea	<b>26</b>	<b>27</b> Prayer Service 12pm Courageous Faith 7pm	<b>28</b> Prayer Service 830am Zoom office Hrs 2-4:30 Living Skies Regional Council 6:30pm	<b>29</b> Craft/Study 1:30 pm Prayer Service 4pm Gratitude Team 7pm	<b>30</b> Film and Faith online 7pm	<b>31</b>
<b>1</b> Online Worship 11:15 Communion	<b>2</b>	<b>3</b> Prayer Service 12pm Courageous Faith 7pm	<b>4</b> Prayer Service 8:30am Zoom office Hrs 2-4:30 Living Skies Regional Council 6:30pm	<b>5</b> Congregatio nal Care 10 am Craft/Study 1:30 pm Prayer Service 4pm In Person Worship TG 6:30pm Faith Formation 7pm	<b>6</b>	<b>7</b>
<b>8</b> Online Remembran ce Worship 11:15	<b>9</b>	<b>10</b> Prayer Service 12pm Courageous Faith 7pm	<b>11</b> Remembranc e Day	<b>12</b> Congregatio nal Care 10 am Craft/Study 1:30 pm Prayer Service 4pm	<b>13</b>	<b>14</b>
<b>15</b> Online Worship 11:15	<b>16</b>	<b>17</b> Prayer Service 12pm LSC Council	<b>18</b> Prayer Service 8:30am Zoom office Hrs 2-4:30	<b>19</b> Congregatio nal Care 10 am Craft/Study 1:30 pm Prayer Service 4pm	<b>20</b>	<b>21</b>

**In-Person Worship:** Consistent with the recommendations of the Living Skies Regional Council and the United Church of Canada, we will reopen our physical space and resume traditional services when we can be confident that we can do so in a manner that is meaningful for our community and is safe for every member of our congregation. We will continue to keep you informed as our plans unfold. The Leadership Team has established a "Return to Worship Task Group" to discuss the protocols and possibilities for gathering in-person. If you are interested, or have feedback, please let [Sarah Tkachuk](#) know. Their first meeting was October 15<sup>th</sup>.

**We still need your support as our ministry continues!** Making your offering [online](http://www.eastsideunited.ca/donate2.html) (<http://www.eastsideunited.ca/donate2.html>) couldn't be easier. Additionally, offerings can be mailed to Eastside at: **Eastside United Church, 3018 Doan Drive, Regina, SK, S4V 1M1** Or, if you do want to drop off an offering in person, please leave offerings in the mailbox at the office door. Thanks for your donation!

**Courageous Faith** – Video interviews with faith leaders followed by conversation. Another 6-week series started on October 6, at 7 pm. Each session will be held online at 7 pm. All sessions are stand-alone, so you do not need to attend previous ones to understand another. Register online by going [HERE](#). The speakers and their sessions are listed below.

### **How to Build Courageous Faith Communities**

October 27: Casper Ter Kuile

### **How to Build Courageous Schools of Love**

November 3: Diana Butler Bass

November 10: Eric Elnes

**Fall Meditation Schedule:** The meditation group will continue to meet via Zoom for now on Monday nights. If you have any questions, please contact [Shauna Powers](#).

**Faith Formation Survey:** We are looking for your input regarding worship and programming during this pandemic time. You can find the survey [HERE](#). It should take about five minutes to fill out. Please complete by October 31<sup>st</sup>.

**Craft/Study:** We will be meeting via Zoom on Thursday. You can find the Zoom link [HERE](#). The link will be sent out in Tuesday's email as well going forward. We are on chapter 6 of *Grateful* by Diana Butler Bass.

**Food Donations:** Some community members are experiencing food insecurity during this time. We are looking for donations of non-perishable food items for the food cupboard, as well as gift cards for purchasing fresh food. If you are able to donate, please drop off in the blue bin outside the office doors and Harvey will collect donations on Thursday.

**CALLING ALL RECIPES:** Do you have a favourite recipe, something you make every autumn? A family favourite that you'd be willing to share? If you have a recipe that you'd like to share a tasty treat with fellow Eastsiders, send it to Harvey and he will share it on the next weekly email.

**Volunteers for the ICF:** The Indigenous Christian Fellowship is looking for people on Fridays to make 90 lunches on-site. If you are available to help out, contact or Doug Scheurwater.

**Stewardship Campaign 2020:** The campaign wrapped up today, on Sunday, October 25<sup>th</sup> with the dedication of the pledges. Thank you so much to everyone for their continued support! We will have the final puzzle picture to share soon.

**Film & Faith** will be online October 30 at 7pm. We will watch a Netflix movie and have a discussion on Zoom following. Choose from the movies Marshall, Dumpling, or Breathe. See Facebook Event. RSVP to Russell.

**We will be continuing the A Work of Art and Its Story during worship!** If you have a piece of work that has a story or holds spiritual meaning for you and would like to share on Sunday during worship, please let Russell know.

**Hello Neighbour Card Reminder:** there are necessary situations when leaving the house is unavoidable, like groceries and prescription pick-ups. If you would like to and are healthy enough to do so, download a Hello Neighbour card that was sent with the **weekly email** to let people know you're available to help! By putting these cards in mailboxes, it allows those of use who are well to help the people around us who may need it by volunteering to run errands or check-in. **This is more important again as we are asked to reduce our contacts and go out less!**

**PAR and M & S Donations:** If you would like to add or increase PAR and/or M&S offerings, please contact Harvey and he will help you get set up or make changes. Email [eastsideunited@sasktel.net](mailto:eastsideunited@sasktel.net) to let Harvey know what changes you would like to make, and he will submit the changes for processing.



**Did you miss the announcements at last Sunday's worship service?** Sometimes feel like an event snuck up on you and you didn't receive proper notice? Printed announcements are saved on the Eastside website each week - check 'em out at [www.eastsideunited.ca](http://www.eastsideunited.ca) under the **What's New** heading!

**Were you unable to attend worship in the past?** Don't worry about it! You can find a video recording of past services online. Visit our website [HERE](#) to find uploaded videos of service.



**Cloth Masks:** It is important to wear masks when we are out in public, especially indoors. **It is now policy to wear a mask when in the church building.** If you would like a mask, please email the office indicating how many masks you need, and we will connect you with someone making masks. Elastic is needed if you have any! Thanks to Clare Banks, Wanda Barr, Gladys Olekson, Nancy Cranfield, Jean MacKay who are willing to make masks. More sewers are welcome!

**Suspended/Moved Programming as of October 21:**

- **TOPS** is suspended until further notice
- **Eastside Community Dinner** is suspended until further notice
- **Eastside Choir** has canceled rehearsals until further notice

**Messy Church** is suspended until further notice. **We are creating a box of activities for children. Let the office know if you would like one for your family.**

**Scones - courtesy of Clare Banks**

- 2 1/2 cups flour
- 1 tsp baking powder
- 1/2 tsp salt
- 3/4 cup milk
- 1/3 cold butter

You can add 3tsp sugar if you would like sweet scones and cranberry raisins, and chocolate chips. You can also leave out the sugar and add shredded cheese instead along with chives or dill for a savoury scone.

Preheat oven to 400 F combine dry ingredients and using a pastry blender or two knives cut in butter until crumbly but not too fine. Stir in either sweet or savoury ingredients. Make a well and add milk stir with a fork until slightly mixed turn out onto a work surface and knead just until the ingredients form a soft dough (do not over knead).

Gently pat dough out into a 3/4inch thick disk and cut with a 2inch cutter or an upside-down glass. Bake in a pre-heated oven for 12 to 15 min or until golden brown.

I make the savoury scones and serve with fried eggs and bacon for a great brunch!