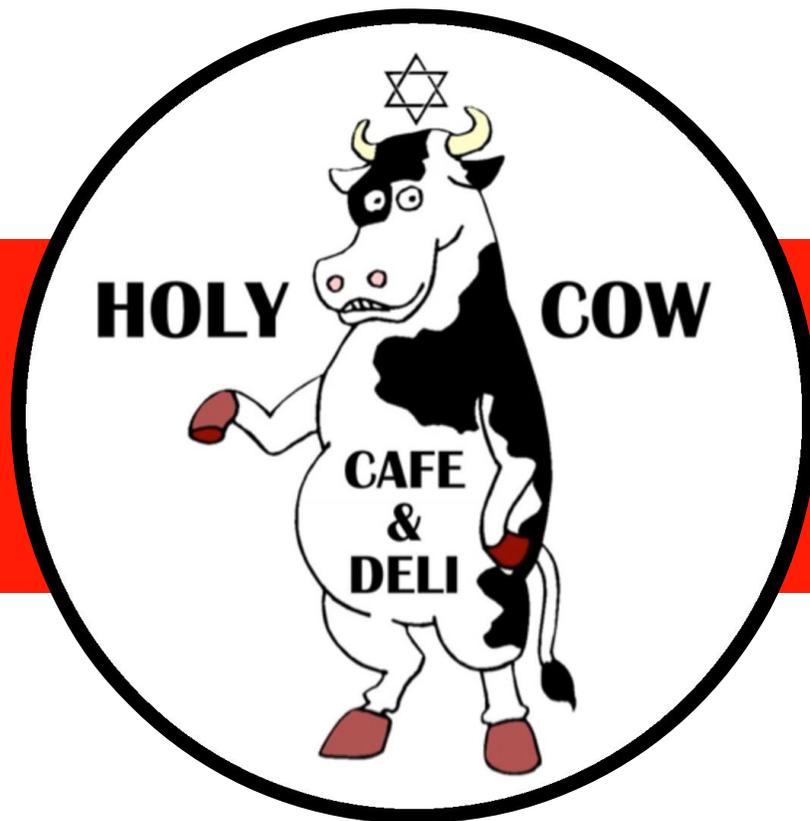


(901) 598-1152

WWW.HOLYCOWNOW.COM

info@holycownow.com



**FOR DELIVERY OR PICKUP VISIT
HOLYCOWNOW.COM TO ORDER THROUGH**

GRUBHUB

STARTERS AND ISRAELI SPECIALTIES

Brisket Fries

Crispy fries topped with BBQ brisket and slaw, drizzled with ranch and BBQ sauce, \$9.95

BBQ Chicken Nachos

Tortilla chips, covered with shredded iceberg, BBQ chicken, salsa, guacamole, black olives, jalapeños and ranch dressing, \$7.95 (gluten free upon request)

Jalapeño Fritters

Five panko-crusted fritters filled with diced jalapeño, 'cheese' and minced turkey 'bacon,' served on a bed of marinara sauce, \$7.50

Wing Platter

Approximately one pound of assorted flats and drummies in your choice of seasoned, buffalo, honey mild or bbq sauce (choose three) served with celery sticks and ranch dressing, \$9.95

Hummus Trio

Hummus, roasted red pepper hummus and blistered scallion hummus, served with pita triangles, \$8.95

Fresh Guacamole and Chips

Fresh, house-made guacamole served with tortilla chips (gluten free chips available upon request), \$5.75

Hummus and Pita

Hummus served with pita triangles, \$5.50

Basket of Fries or Onion Rings

Regular or Cajun-style (kosher status: meat) Fries, \$4.50 / Onion Rings, \$5.50

Shakshuka

Two eggs poached in a sauce of tomatoes, peppers and onions served with pita, \$8.50

Sabich

A pita stuffed with fried eggplant, Israeli salad, hard-boiled egg, Israeli pickles, Amba and tahini sauce, \$8.50 (kosher status: meat) (Meat equipment available upon request—allow 10 extra minutes)

Falafel

Four falafel balls with Israeli salad, hummus and tahini dressing served in a pocket pita, \$8.25 (kosher status: meat)

SALADS

Chicken Cobb Salad

Chopped grilled chicken, hard-boiled egg, tomatoes, cucumbers, turkey bacon and avocado over lettuce mix with choice of ranch or honey mustard dressing, \$11.50

Chinese Chicken Salad

Chopped grilled chicken, edamame, slivered almonds, shredded carrot, purple cabbage, chopped scallion, Mandarin oranges and iceberg lettuce, topped with crispy Chinese noodles and served with soy-ginger dressing, \$11.50

Shelly's Chopped Salad ^{GF}

Lettuce mix, tomato, cucumber, chick peas, black olives, green olives, bananas peppers and heart of palm with balsamic vinaigrette, \$7.50 (add deli salad, chicken breast or smoked turkey for \$4.00 or grilled salmon for \$6.00—allow 10 extra minutes for salmon)

Garden Salad ^{GF}

Lettuce mix with cucumber, tomato and red onion, \$6.25 (add deli salad, chicken breast or smoked turkey for \$4.00 or grilled salmon for \$6.00 and 10 extra minutes)

California Coastal Salad ^{GF}

Lettuce mix, dried cranberries, toasted walnuts, mandarin oranges, hearts of palm, and balsamic vinaigrette, \$7.50 (add deli salad, chicken breast or smoked turkey for \$4.00 or grilled salmon for \$6.00 and 10 extra minutes)

Chicken Caesar Salad

Sliced, grilled chicken on top of lettuce mix, roasted red peppers, croutons and Caesar dressing, \$10.75 (Substitute salmon, add \$2.00 and 10 extra minutes)

SOUPS

Matzo Ball Soup

Small (1/2 pint of broth and one matzo ball), \$3.75
Large (pint of broth and one matzo ball), \$5.50
X-Large (quart of broth and two matzo balls), \$10.95

Extra Matzo Balls, \$1.50 each

Soup of the Day

Small, \$3.75, Large, \$5.50, X-Large, \$10.95

FROM THE GRILL

Add Side of Fries for \$2.75 or Side of Onion Rings for \$3.75

12 oz. Burgers Require Ten Extra Minutes to Prepare

Holy Cow Burger

Served on a challah roll with lettuce, tomato, pickle and onion on the side (6oz.), \$6.75 / (12oz.), \$12.25

Humpty Dumpty Burger

Burger on a challah roll topped with turkey 'bacon' and a fried egg (6oz.), \$8.25 / (12oz.), \$13.75

Mushroom & Onion Burger

Burger on a challah roll topped with grilled mushrooms, onions, and 'cheesy' melt (6oz) \$7.95 / (12oz.), \$13.45

Bang Bang 'Bacon' & Avocado Burger

Burger topped with sliced avocado, turkey 'bacon' and spicy bang bang sauce (6oz.), \$8.25 / (12oz.), \$13.75

The Texan Burger

Burger on a challah roll with salsa, guacamole and jalapeños (6oz.), \$7.50 / (12oz.), \$12.75

BBQ Brisket Burger

Burger on a challah roll with BBQ brisket, slaw, pickles and BBQ sauce (6oz.), \$12.50 / (12oz.), \$18.00

Patty Melt

Flattened burger with grilled onions, 'cheesy' melt and 1000 Island on griddled rye (6oz.) \$7.95/ (12oz.) \$13.45

Portobello Mushroom Burger

Grilled portobello mushroom topped with 'cheesy' melt, lettuce, tomato, pickle and balsamic vinaigrette, \$7.95 (available meat equipment upon request)

make any burger an

IMPOSSIBLE™
BURGER Add \$3.00

kosher status meat (available parve/meat equipment upon request)

BBQ Brisket Sandwich or Plate

Pulled brisket served with slaw and BBQ sauce
Sandwich on a challah roll, \$13.50
Brisket plate (no roll with fries), \$15.50

The LehrWich Project

Corned beef, bbq brisket, caramelized onions, 'cheesy' melt and our secret LehrWich sauce on griddled rye, \$14.50

Quesadilla

Your choice of brisket, chicken or portobello mushrooms with salsa, sautéed peppers, onions and 'cheesy' melt griddled in a tortilla with guacamole on top Brisket, \$12.95 / Chicken or Portobello, \$8.25

California Chicken Sandwich

Grilled chicken breast on a challah roll topped with sliced avocado, served with lettuce, tomato, onion and pickle on the side, \$6.75

Chicken Shakshuka Pita

A warm pita filled with chopped grilled chicken breast, shakshuka, Israeli salad and a fried egg, \$8.75

Chicken Schnitzel Wrap

Chicken tenders rolled into a whole wheat wrap with lettuce, tomato, pickle and honey mustard, \$7.25

Chicken Breast Plate

Two chicken breasts with slaw and edamame, \$10.95

Chicken Tenders and Fries

3 Tenders & Fries, \$6.25
4 Tenders & Fries, \$8.50
12 Tender Pack & Fries, \$26.00
(Choose Regular or Bang Bang)

Hot Dog, \$3.75

Hot Dog and Fries Combo, \$6.50

Little Cow Combo

Hot dog, half turkey sandwich or regular matzah ball soup with chips, fruit snack and juice box, \$6.25

FROM THE DELI

Sandwiches can be made gluten free by substituting romaine lettuce leaves for bread.

The VanderWich

Turkey 'bacon' with guacamole, lettuce, tomato and mayo on toasted wheat bread, \$7.50

Bang Bang Chicken Wrap

Chicken, cucumber, carrot, lettuce, red onion, almonds, sesame seeds and bang bang sauce in a wheat wrap, \$7.50

Turkey Reuben

Double turkey, choice of slaw or sauerkraut and 1000 island dressing on rye, \$10.75

Mediterranean Chicken Wrap

Grilled chicken with Israeli salad, hummus and tahini dressing in a wheat wrap, \$8.00

Corned Beef Sandwich

1/3 plus lb. of corned beef on marble rye with deli mustard, \$13.75

Traditional Deli Sandwich

Choose from chicken salad, tuna salad, egg salad, egg & olive salad, smoked turkey or sliced grilled chicken on white, wheat, marble rye, challah roll or whole wheat wrap, served with a pickle spear, \$5.75 (double protein, add \$4.00)

Soup and Half Sandwich

Small soup and half of a traditional deli sandwich, \$6.50 (half wraps not available)

Order Any of Our Deli Salads to Go

Available in 1/2 Pint, Pint and Quart Sizes

SIDE ITEMS

Deli Sides

Israeli salad, coleslaw or lightly salted edamame, \$2.50

Fries or Onion Rings

Side size only available with purchase of sandwich.

Fries, \$2.75 /Onion Rings, \$3.75 (Kosher Status: Meat)

Chips / Pretzels, \$1.50

SMOOTHIES

Straight Up Strawberry, \$3.75

Strawberry & Friends, \$3.75

Strawberries with your choice of mango, banana or pineapple

Brown Cow, \$3.75

Peanut butter, banana and chocolate protein powder

Add protein powder for \$1.00

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*Holy Cow is under the
Kosher Supervision
of Rabbi Levi Klein
of Chabad*

DRINKS

Sweet Tea/Unsweet Tea, \$1.95

Powerade/Ice Drinks, \$1.60

Soda/Water Bottles, \$1.00

Juice Box, \$1.00