



**St. Andrew's  
Children's Clinic**

***La Clínica***

Nogales, Arizona

Winter 2012

## St. Andrew's Christmas Party and Clinic

**D**ecember is our annual Christmas party along with Clinic visits. We greatly appreciate all the wonderful blankets, sweaters, caps, toys, dolls, etc. that people donated to our children. For a list of our supporters, please see our Web page next month as we don't have room to list everyone here.



Santa arrived mid-morning to all the children's delight. Above, he is telling the children all the places he will visit on Christmas Eve. As with children everywhere, our patients are in awe of him, want to touch his costume and beard, and want to tell him their wishes. Of course, Santa speaks Spanish.

We thank Christian Reyna for making Santa happen for our children. He truly enjoys talking with our children. He brings no presents because his function is to listen to the children.



The Woodworkers of Green Valley make wooden toys for our children every year. Rodrigo Rios, age 5, examines the car he selected as his gift. Rodrigo lives in Hermosillo, Son. and is a patient in the **Vision Department**.



Valeria Rubio, age 8, of Magdalena, Son. was one of the lucky girls to receive a Raggedy Ann doll this year. Her smile says it all!

For 12 years, Mescal DesNoyer donated handcrafted Raggedy Ann dolls to our children. She was diagnosed with pancreatic cancer this past year and was unable to complete the dolls.

Several volunteers stepped up to finish the job so our children had the dolls this year. We hope they can continue this project because the children love the dolls so much.



Rocio M. Osuna, 5, Nogales, Son., holds a stuffed bear brought by students from Sts. Peter & Paul Catholic School, Tucson. Good to have these young people with us!

## Then and Now

As needed, we see patients from as early as 1 month until age 18. Once admitted to



the Clinic, we make a commitment to their care.

Here is one of our regular patients, Vivian Gastelum Ochoa. Above she is 1 year, 9 months. She was in our **Orthotics**



**Department** to be casted for ankle-foot orthoses (AFOs) to stabilize her ankles.

Today Vivian is age 8 and still wears AFOs. She lives in Nogales, Son.



We saw Luz Dyan Hernandez when she was 15 months old. Her mother had her bundled up from the cold as they waited their turn to enter the Clinic in February, 2004.

Today, Luz is 9 years old. She lives in Nogales, Son. She is a patient in the **Orthopedics Department**.

Luz has osteogenesis imperfecta, more commonly known as "brittle-bones" disease. Because her bones break easily, the doctors put rods in her long bones to stabilize them. She has had surgery at one of our Shriners Hospitals.

Luz was at our December, 2011 Clinic and received a teddy

bear as a gift from students at Sts. Peter & Paul Catholic School, Tucson.

She has been doing very well, and her prognosis is good.

As with all of our patients, Vivian and Luz have received their medical care free of



charge. Our funding comes from individual donors, corporations, religious groups, community groups, and foundations. The surgeries at Shriners Hospitals are free to us, but The Clinic must pay for transportation for our patient and one parent. With today's air prices and our need to fly on short notice depending on surgery schedules, 2 round-trip fares (Tucson to Spokane or Sacramento) can easily cost \$1,500.

## Cleft Palate/Cleft Lip Update

We had an excellent Cleft Palate/Cleft Lip Mission at CIMA Hospital in Hermosillo, Son. in October, 2011. Photos of those patients will be posted on our web site next month.

Below is a photo of America Gamaz at 6 months. She had



just had cleft palate surgery. Some time later, she had cleft lip surgery, and her lovely smile below shows what a beautiful job the surgeon did.

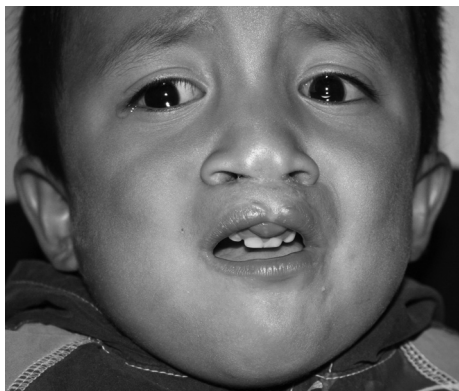


America is now 6 yrs. old. She lives in Nogales, Son. She comes periodically to The Clinic to work with a speech therapist in our **Speech and Language Department**.

Emilio Hernandez has had both cleft palate/cleft lip surgeries at our annual Mission in Hermosillo, Son.

The photo below was taken before surgery in 2009 when Emilio was 2 years old. He was a little afraid.

Below, Emilio is shown in our **Speech and Language Therapy**



**Department.** Like America, Emilio will continue speech therapy as needed until he is 18 years old.

Today Emilio is 4 years old. He lives in Nogales, Son.



Thanks to our Cleft Palate/Cleft Lip Mission both of these children will grow up without being stigmatized because of their looks.

## Clinic Wish List

To donate any of the items below, please call the Clinic office in Green Valley at:

(520) 648-3242 or e-mail [office@standrewsclinic.org](mailto:office@standrewsclinic.org)

- AA Batteries for speech/language devices
- Benefiber
- Blenders
- Breakfast drinks (powder or can)
- Clorox wipes
- Disposable bibs
- Disposable diapers (esp. newborn size)
- Eyeglass frames (children's, used)
- Ground flaxseed meal
- Hand sanitizers
- Hearing aids (used) and batteries
- Milk of Magnesia
- Peanut butter
- Pediasure (generic okay)
- Physical therapy (exercise) balls (45 cm & 55 cm)
- Physio rolls "peanut balls" (30 cm & 40 cm)
- Powdered milk
- Prune juice—small cans only
- Receiving blankets
- Trash bags with drawstring
- Umbrella strollers (available at Wal-Mart)
- Vitamins, adult
- Vitamins, children's chewable with iron
- Wheelchairs—child-size only
- Wipes
- Ziplock bags—quart size only

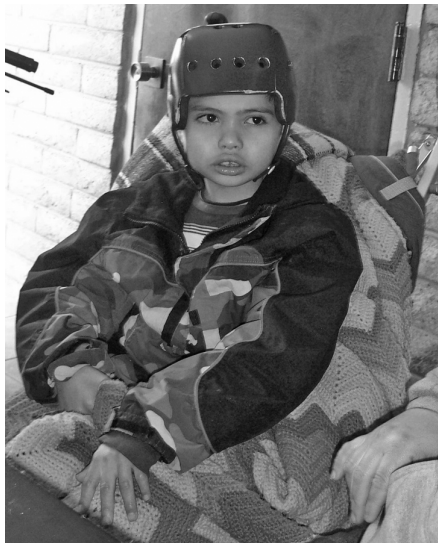
Volunteer drivers are needed to transport patients from the Border to the Tucson airport and return.

We also need volunteers to answer the telephone in the Green Valley Clinic office, file, and do data entry or special projects.

To volunteer, call The Clinic office at (520) 648-3242.

## Patients Need Different Services

Brandon Gastelum, age 9, is one of our epilepsy patients. He wears a helmet to protect his head when he has a seizure.



At the December Clinic, he was seen in the **Nutrition Department** for nutritional advice. Brandon lives in Nogales, Son.

María Fernanda Allela, age 7, is a patient in the **Orthopedics Department**. Because she is



severely spastic, she cannot feed herself. Her father, José Allela, feeds her while she waits to see her doctor.

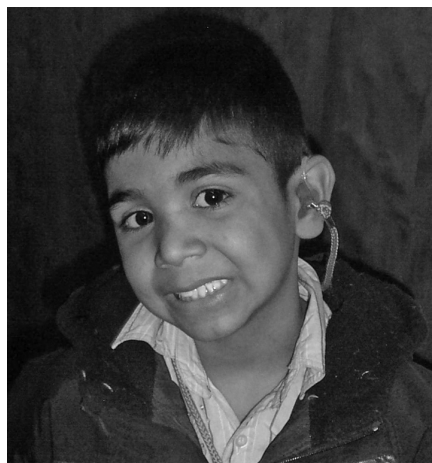
Dario de Jesús Millanes Laguna, is 5 years old. She lives in Huatabampo, Son. Her town is in the southern part of the state, and transportation takes about 8 hours to The Clinic.

Casey Cootu of Hangar Prosthetics & Orthotics, Tucson, fits Dario with posterior braces for foot drop. Casey is a certified



prosthetist and a volunteer in our **Orthotics Department**.

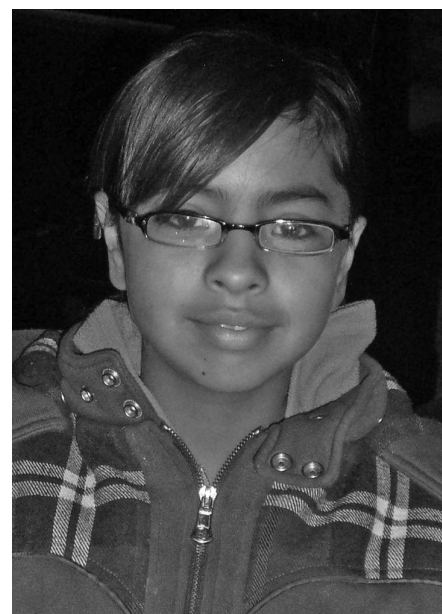
Jesús Gonzales, age 7, wears a hearing aid. He is a patient in



our **Audiology Department** and lives in Magdalena, Son.

Bianey Madrid-Gil, age 11, has new glasses in the **Vision Department**. Patients can have one pair of glasses per year unless medically needed more often. Frames are donated to us so our cost is about \$30 for each pair of glasses.

Bianey's sister, Estefania, is also a Clinic patient. She has cerebral palsy.



## Patients Need Different Services

Daniela Moreno, age 12, is being fitted into a new special wheel chair by one of



our therapists in the **Physical Therapy Department**.

Wheel chairs are child-size and custom fit depending on the child's needs. Cost of a specialized wheel chair can average \$2,000 or more.

Alessa Paulina Noriega Galaz (on the right) is 6 years old and lives in Hermosillo, Son. She is a patient in the **Orthopedics Department**.

Alessa has spina bifida and has no movement from her waist down. She wears ankle-foot orthoses (AFOs) to stabilize her feet and uses a wheel chair. The AFOs cost about \$750 for both feet and must be refitted as she grows.



Guadalupe Cortez, age 12, holds her prosthesis as she waits for the prosthetist to adjust it. She is a patient in the **Orthotics Department** and lives in Nogales, Son.

## Please Visit Us

Clinic Day tours for groups of 4-6 people are offered to the public (please see our calendar on the last page). The Clinic takes place at St. Andrew's Episcopal Church, 969 W. Country Club Dr., Nogales, Arizona. Take exit 8 from I-19 to Country Club Drive.

Reservations are needed for tours. To reserve your place on a morning tour, please call the Clinic office in Green Valley at: (520) 648-3242 or e-mail: [office@standrewsclinic.org](mailto:office@standrewsclinic.org)

Each tour will begin with a video overview of The Clinic in operation. Then, a volunteer guide will lead the tour through The Clinic. Visitors are asked to refrain from taking photographs without permission.

## Country Fair White Elephant Gives Back

The Country Fair White Elephant in Green Valley is a huge thrift store. Every year near Halloween, The Elephant hosts a parade. Last year, The Clinic won second place in their category.

This year, The Clinic won first place for their entry: *White Elephant Giving to and Serving*



*the Children*. The float featured a large white elephant with a stethoscope examining a smaller pink elephant representing a Clinic patient.

Clinic patients riding the float wore Halloween costumes which they got to take home with them. Great fun was had by all.

Thanks to Leo Miller, Betty Weaver, Laura Romero, Diana Ward, and The Tennis Club of Green Valley for making this win happen.

Another win for The Clinic was in December when Country Fair White Elephant distributed \$1.5 million to 122 schools and social service organizations. The money comes from their store profits.

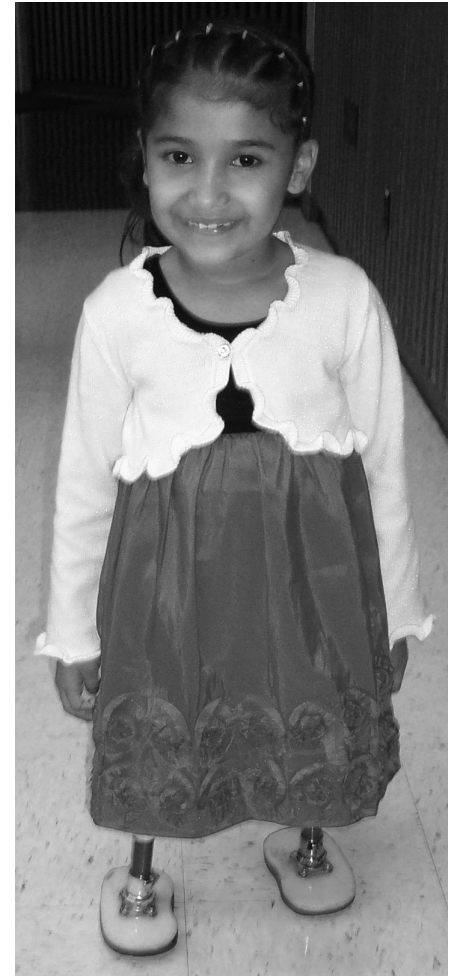
Laura Romero, our Executive Director, holds up the check awarded to The Clinic. Her big smile reflects the large amount of help the check can give to our patients—\$45,000.

Thanks, Country Fair White Elephant!



Accompanying Ms. Romero to the Award Ceremony was Angela Ruiz Valdez, age 7, and her mother. They traveled by bus from Los Mochis, Sin. One-way takes about 12 hours.

Angela charmed the audience as she walked and danced on her “stubbies”—precursors to prosthetic legs. Angela was born with shortened legs and no feet.



## Dr. Ted Glatke Retires

Dr. Ted Glatke, retired Professor of Speech & Hearing Sciences, University of Arizona, has been testing patient hearing for almost 10 years. He is retiring from The Clinic, but will stop by now and then.

Dr. Glatke was instrumental in acquiring our Audiology Trailer

as a donation from the Sertoma Club of Tucson. The trailer is 40'x8' with 2 (6'x6') sound-proof testing rooms, central waiting/examining room, and restroom. It is equipped with a wheel chair lift, air conditioning, and furnace.

The trailer provides a quiet place to test and evaluate hear-

ing. Before the trailer, testing was done in one of the rooms of the Church where we have our clinic. With 200-250 patients each month, there was not a quiet place to be found.

Thank you, Dr. Glatke, for your contributions to our Clinic and your loving care of our patients. ¡Vaya con Dios!

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## St. Andrew's Fiesta Dinner

**T**ubac Golf Resort and Spa is hosting a special event for St. Andrew's Children's Clinic on Saturday, February 18, 2012. We hope to make this an annual fundraiser and time to celebrate The Clinic.

Cocktail reception and Silent Auction is 5:30-6:30 p.m. Dinner service begins at 6:30 p.m. and features Guillermo Sauza presenting his Fortaleza Tequila paired with the outstanding menu prepared by Chef John Wooters.

Planned entertainment includes mariachis and folklorico dancers.

Tickets are \$75 each or reserve a table of 8 for \$1,000. Tickets can be purchased from St. Andrew's Children's Clinic business office or from any Board member. The business office is located at 75 W. Calle de las Tiendas, Suite 129B in Green Valley. Call the office at (520) 648-3242 or e-mail at: [office@standrewsclinic.org](mailto:office@standrewsclinic.org). You can also call Betty Weaver, Fiesta

Chair, for tickets: (520) 591-1710. If possible, make dinner reservations by January 31, but later reservations will be accepted as space is available.

Tubac Golf Resort and Spa is located at One Otero Road, Tubac, AZ. Guests wishing to stay overnight should reserve their room early as this is the busy season for the resort. For room reservations, contact the resort at: 1-800-848-7893.

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## Sign Up for e-Scrip to Help the Clinic

**G**o to: [www.e-scrip.com](http://www.e-scrip.com) to find out how your purchases can help The Clinic with donations. Or, if you shop at Safeway, you can sign up at the Customer Services Desk. You

will need to register your loyalty card, and Safeway will donate a portion of your expenditures to the charity of your choice—St. Andrew's Children's Clinic.

Online and restaurant purchases will be credited with donation credit if you register your credit and/or debit cards. So, sign up today!!!

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## Volunteers—Please Sign In When Working at The Clinic

**W**e would appreciate it if all volunteers sign in at one of the two Welcome Tables on Clinic Day. We need a record of how many hours you will be working to use in calculating our in-kind donations. This is important for us to have when applying for grants. In addition

to signing in, we often have announcements and handouts at the Welcome Tables.

One Welcome Table is near the Prayer Garden on the left-hand side of the Church as you enter the driveway. It is located under a white tent. There is usually someone staffing this table.

The other Welcome Table is by the kitchen door, entering from the back parking lot. This table is not staffed.

If you use another entrance, please remember to sign in at one of the two Welcome Tables.

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## Remember the Clinic for Memorials and in Your Will

**L**ooking for a way to honor someone special in your life? A contribution to The Clinic is a nice way to honor someone special—to say thank you, happy birthday, happy anniversary, etc. It will also help patients who need The Clinic's services.

Send your check in the envelope enclosed with this newsletter. Include the information about the memorial or honoring. The Clinic office will send the person notice of the memorial or honoring.

Another way to help The Clinic is to include a contribution in your will. Contact your lawyer for help with this.



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Children's Clinic**

***La Clínica***

NONPROFIT  
ORGANIZATION  
US POSTAGE  
**PAID**  
Green Valley AZ  
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Address Service Requested

**Phone:** (520) 648-3242

(Green Valley)

**Fax:** (520) 740-9701

(Green Valley)

**Email:**

office@standrewsclinic.org

**Website:**

www.standrewsclinic.org

## Clinic Calendar

The Clinic meets on the first Thursday of every month except July.

- February 2 (Clinic)
- February 18 (Fiesta Dinner)
- March 1 (Clinic)
- April 5 (Clinic)
- April 15 (Fitzsimmons recital);  
watch Web site for information

### **Publisher:**

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**Editor, Writer, Photographer**

**& Layout:** Vicki R. Fitzsimmons

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Gloria Thiele, Leo Miller, & Betty Weaver

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St. Andrew's Children's Clinic is a non-profit, non-denominational clinic, serving Mexico's disabled children of disadvantaged parents for over 35 years.

Danilin Nuñez Florez is 3 years old. She was born without an esophagus connecting to her stomach and without a rectum. She is fed through a feeding tube. Danilin has been getting services in Hermosillo. But, she needed nutritional advice to help stabilize/gain weight so she can have surgery. Her mother turned to our **Nutrition Department** as nutritional advice was not available to Danilin in Hermosillo.



St. Andrew's Children's Clinic receives funding from individuals, churches, organizations, corporations, and foundations. No government funding is received from either the United States or Mexico. Of funding received, 92% goes to direct patient care.

Cruzando fronteras para ayudar a niños minusvalidos de México