

**May/June 2020**  
**At a glance**  
**Full descriptions of activities in bulletin.**

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
<b>31</b> City wide Online Shared Worship 11:15 Pentecost Communion	<b>1</b> Meditation Online 7:15 pm	<b>2</b> Prayer Service, 12pm Gratitude Team 7pm	<b>3</b> Prayer Service 8:30am Zoom Office Hours 2 – 4:30 pm Faith Formation 6:30 pm	<b>4</b> Cong. Care 10 am Craft/Study online 1:30 pm Prayer service 4pm	<b>5</b>	<b>6</b>
<b>7</b> Online Worship Affirming Ministry 10 <sup>th</sup> Anniversary 11:15	<b>8</b> Meditation Online 7:15 pm	<b>9</b> Prayer Service, 12pm	<b>10</b> Prayer service 8:30 am Zoom Office Hours 2 – 4:30 pm	<b>11</b> Prayer service 4pm	<b>12</b>	<b>13</b>
<b>14</b> Online Worship Open Hearts Jar 11:15 Annual Program Meeting	<b>15</b> Meditation Online 7:15 pm	<b>16</b> LSC Council 7pm	<b>17</b> Prayer service 8:30 am Zoom Office Hours 2 – 4:30 pm	<b>18</b> Prayer service 4pm	<b>19</b>	<b>20</b>
<b>21</b> Online Worship 11:15	<b>22</b> Meditation Online 7:15 pm	<b>23</b> Prayer Service, 12pm	<b>24</b> Prayer service 8:30 am Zoom Office Hours 2 – 4:30 pm	<b>25</b> Prayer service 4pm	<b>26</b> Film and Faith	<b>27</b>

**PLEASE NOTE:** lots of programming at Eastside has been suspended or has moved online during this COVID-19 social isolation time. If you are unsure if a program you attend is suspended, contact the program organizer or email [eastsideunited@sasktel.net](mailto:eastsideunited@sasktel.net) to check. We are moving into May assuming that things will still be in lockdown.



## ANNOUNCEMENTS

May 31, 2020

306-761-0556 eastsideunited@sasktel.net  
 Like us on facebook (Eastside United Church)  
 Follow us on Twitter @Eastside\_united  
[www.eastsideunited.ca](http://www.eastsideunited.ca)



*W*elcome to Eastside United. May our opportunities of ministry offer you rest, challenge and peace on your Christian journey.

### Ministers:

Minister: Regina United Church Ministries

Last week's attendance: 52      Offering: \$420      Weekly budget: \$1463  
 (not incl. PAR)

### Office Hours:

**The Living Spirit Center is closed due to concerns over COVID-19.** Both Harvey and Russell are working remotely. If you need to contact the Eastside United Office, please email him at [eastsideunited@sasktel.net](mailto:eastsideunited@sasktel.net).

Harvey's hours: Tuesday, Wednesday, Thursdays

Russell's Hours: Tuesday, Wednesday, Thursday, Friday. Russell's e-mail address: [russell.eastside@sasktel.net](mailto:russell.eastside@sasktel.net) cell #: 306.535.3720

Russell will be holding **Zoom Drop-in Office Hours** Wednesdays from 2 to 4:30 online. Use the worship [Zoom link](#).

**Scripture Reading:** John 20: 19-23

### Songs –

Come, O Spirit, Dwell Among Us V #198  
 Give Me Oil In My Lamp  
 Psalm 104 (Part 2) VU #827  
 Come Touch Our Hearts MV #12 vs 1, 2, 5  
 Come O Holy Spirit MV #23  
 I am Walking the Path of Peace MV #221

**Reminder that after worship** we will have a time of extended fellowship with a 'Post-Worship Tea'. We are missing our pot-lucks so following worship, we will take a few minutes break to give folk who wish to join us time to get their coffee, tea, or other beverage, maybe a muffin or bit to eat to bring back to our gathering. We will then to go into larger groups of 6-8 for a time of visiting and being 'at table' together.

### **We still need your support as our ministry continues!**

Making your offering [online](http://www.eastsideunited.ca/donate2.html) (<http://www.eastsideunited.ca/donate2.html>) couldn't be easier. Additionally, offerings can be mailed to Eastside at:

**Eastside United Church, 3018 Doan Drive, Regina, SK, S4V 1M1**

Or, if you do want to drop off an offering in person, please leave offerings in the mailbox at the office door. Thanks for your donation!

**Hello Neighbour Card Reminder:** there are necessary situations when leaving the house is unavoidable, like groceries and prescription pick-ups. If you would like to and are healthy enough to do so, download a Hello Neighbour card that was sent with the **weekly email** to let people know you're available to help! By putting these cards in mailboxes, it allows those of use who are well to help the people around us who may need it by volunteering to run errands or check-in.

**LSC Meditation Mondays at 7:15 pm:** Meditation Mondays have moved online using Zoom. If you are interested in participating, please contact Shauna Powers at [powerss@hotmail.com](mailto:powerss@hotmail.com)

**Craft/Study Group** We are reading *I'm Still Here: Black Dignity in a World Made for Whiteness* by Austin Channing Brown. Sessions are being held over Zoom. If you would like to join and haven't, let us know, contact [Russell](#). We will be reading chapters 13 and 14.

**Munch Lunch** programming is suspended. **Our funding runs out soon. If you know of any sources, let us know.**

**Cloth Masks:** As places re-open it will be important to wear masks as we are out in public, especially indoors. We have a group of creative folk of the congregation making masks. If you would like a mask, please email the office or Russell indicating how many masks you need, and we will connect you with someone making masks. Elastic is needed if you have any! There are some masks for those who want one as well, in the outside bin by the office doors, from Gladys. Thanks to Clare Banks, Wanda Barr, Gladys Olekson, Nancy Cranfield, Jean MacKay who are willing to make masks. More sewers are welcome!

**Illustrated Ministry:** We know many of you are scrambling around, trying to get ready for virtual/online worship. We know many others are trying to think through what they're going to do with schools and day cares closed. Illustrated Ministry has set up a page where you can receive **FREE weekly resources**. To access resources from Illustrated Ministry that will help support faith exploration with children and families during this time, please visit their website [HERE](#)



**Messy Church at Home:** Once a week, between Easter and the end of June, Messy Church will be providing scheduled [Messy Church at Home Sessions](#). This is to provide a backstop if you don't have time or the energy to create your own 'at home' resources. This list of resources is updated weekly.

**Food Donations:** Alex Pelletier is making lunches for the homeless and is accepting donations of juice boxes, granola bars and fruit. If you are able to, donations can go in the blue bin outside the office doors by Friday. Harvey will be at the Living Spirit Center on Thursdays from 10 am – 11 am if you want to drop off your donation then. If someone is able to volunteer to deliver donations to Alex, let [Russell](#) know.



**Volunteers for the ICF:** The Indigenous Christian Fellowship is looking for people on Fridays to make 90 lunches on-site. If you are available to help out, contact Russell or Doug Scheurwater.

**June 7<sup>th</sup>: 10 Year Affirming Ministry Anniversary:** On June 7<sup>th</sup>, we will be celebrating the 10 year anniversary of Eastside United Church becoming an affirming ministry. In addition to an online service that will be held over Zoom, we will have Pam Rocker as a special speaker, and Jeffery Straker will perform one of his songs. [Pam Rocker](#) is the Director of Affirming Connections and has been campaigning against gay conversion therapy. [Jeffery Straker](#) is a folk-roots musician from Regina, Saskatchewan. This event is open to all, so feel free to invite people. You can find the event on Facebook [here](#). Please share!

**June 14<sup>th</sup>: Annual Program Meeting:** On June 14<sup>th</sup>, we will be holding our annual program meeting. It will be a shortened service, and the meeting will be held afterwards. A copy of the annual program meeting report will be distributed via email prior to the meeting. This is a great opportunity to hear about and celebrate the programs and ministries we offered this past year.



**Victoria School Meal support:** If you are willing to provide a meal, baking, or grocery cards, please let Russell know. Harvey will be at the church on Thursdays from 10 am – 11 am to receive donation drop-offs. From Anna-Marie Donovan: Victoria Campus is made up of five distinct programs that allow students who

do not or cannot fit into the “regular” school program to continue with their education. During this pandemic, staff are reaching out to students to check on their mental health and to provide whatever support they can emotionally and academically. While most students, at this time, have their basic needs met, there are a handful who experience food insecurity on a weekly basis. For the past two weeks, nutritious meals and groceries have been provided by members of Eastside, and on behalf of the staff and students of Victoria Campus, I would like to thank you for your support in assisting our most vulnerable youth. For people wanting to help, we are happy to accept homemade muffins or cookies, non-perishable items, fresh fruit, and grocery gift cards. Any donation will not be turned away!

*I'd like to thank everyone who has donated food or money in the past month to help the students at Victoria Campus who do not have consistent access to healthy food like they would have before the pandemic. There are four families who are receiving homemade meals on a weekly basis, and the muffins and cookies that are being donated are going to a variety of students when teachers do sidewalk visits with them. The families are so very appreciative of the healthy meals, desserts, and goodies because they have been prepared with love. Knowing that members of the wider community care for them is a gift in and of itself.*

*The gift cards are equally important because they allow families to have the autonomy to make decisions based on their individual needs. Words cannot truly express the gratitude of the Vic Campus staff or the recipients of the food donations, but that is all I have to offer at the present time, so on behalf of the staff and families, I send you all a huge thank you and a virtual hug,*

**Anna-Marie**

**(If you have any questions about these programs, please feel free to call Anna-Marie Donovan at 306 523-3703.)**

## Suspended/Moved Programming as of May 27<sup>th</sup>:

- **TOPS** is suspended until further notice
- **Eastside Community Dinner** is suspended until further notice
- **Yoga** is cancelled until the fall
- **KAIROS** meetings are postponed until further notice
- **Meditation** is cancelled in-person, moved to Zoom
- **Craft/Study** is cancelled in-person, moved to Zoom
- **Eastside Choir** has canceled rehearsals until further notice
- **ICF Breakfast** has reduced programming
- **Congregational Faith and Wellness Series** is postponed
- **Messy Church** is suspended until further notice
- **Women's Breakfast** is suspended until further notice
- **Munch Lunch** programming is suspended until further notice
- **Film and Faith** is suspended in-person and will continue online.
- **AA** is suspended in-person
- **Forever... in Motion** is suspended until further notice.



**Did you miss the announcements at last Sunday's worship service?** Sometimes feel like an event snuck up on you and you didn't receive proper notice? Printed announcements are saved on the Eastside website each week - check 'em out at [www.eastsideunited.ca](http://www.eastsideunited.ca) under the **What's New** heading! **Were you unable to attend worship last week?** You can find a video recording of last week's service and the sermon online. Visit our website under the **WORSHIP** heading to find an uploaded video of service.

**Did you know** that the city is proposing a **dog park** in the park space beside us? If you have questions or concerns, please speak to Bonnie Yake, Sarah Tkachuk, Brian Abrahamson or Russell.

**PAR and M & S Donations:** If you would like to add or increase PAR and/or M&S offerings, please contact Harvey and he will help you get set up or make changes. Email [eastsideunited@sasktel.net](mailto:eastsideunited@sasktel.net) to let Harvey know what changes you would like to make, and he will submit the changes for processing.

*William Makepeace Thackeray*

**A good laugh  
is sunshine in  
the house.**

What is your favourite positive quote? Or a line of song that makes you happy? A poem you enjoy? Email your favourites to Harvey at [eastsideunited@sasktel.net](mailto:eastsideunited@sasktel.net) to share a smile with others in the weekly announcements!

