

### **Presentations 2003-2013**

November 11-*Calm in the Classroom: It Starts with the Teacher*, HAFTR Conference, Lawrence, NY

October 20- *Mindfulness for Educators*, JEDLAB NY/NJ Camp, Brooklyn, NY

#### **2012**

May 22 - *The Art of Listening: Active Listening Skills for Interview Success*, Project Ezra, Teaneck, NJ

March 13- *Self Awareness in the Classroom*, College, Graduate School of Education, Queens, NY

January 17- *Fostering Social and Emotional Resilience in Students*, North American Jewish Day School Conference, Atlanta, GA

#### **2011**

August 1- *Mini Retreat for Women*, Alan T. Brown Foundation, Ridgewood, NJ

March 14 - *Self-Reflection: Stretching the Spirit Mischief-Making, Creativity and Empowerment* , JOFA Conference, NY, NY

#### **2010**

August 31, 2010- *The Language of Silence*, Ramaz Early Childhood, NY, NY

July 9, 2010 - *Client Retention*, Lillian Lee Hair Salon, Teaneck, NJ

July 8, 2010- *Team Building Mischief*, SAR Academy Administration Retreat, Riverdale, NY

#### **2009**

September 9 -*Team Building Mischief*, Kol Ami Early Childhood Program, White Plains, NY

September 3 -*Team Building Mischief*, Ramaz Early Childhood Center, NY, NY

July 22 - *Fun, Frolicking and Team Building Mischief*, Lillian Lee Hair Salon, Teaneck, NJ

May 18 - *Awakenings* , Board of Jewish Education Directors Retreat, Roslyn, NY

May 4 - *Dealing with Self-Regulation, Anxiety and Frustration in the Early Childhood Classroom: Techniques for Teachers and Students* , Westchester Jewish Center Nursery School, Westchester, NY.

March 3 -*Using Music to Enhance Spirituality in the Classroom* , Jewish Montessori Teacher Training, Teaneck, NJ

#### **2008**

November 4- *Addressing Challenging Students and Challenging Behaviors Through Yoga*, The Foundation School, Staten Island, NY

October 31-*Creative Options for Addressing Challenging Behaviors Through Yoga*, Board of Jewish Education, Harrison, NY

September 5 -*Creative Options for Addressing Challenging Behaviors Through Yoga* , Board of Jewish Education, East Rockaway, NY

August 26 & 27- *Relaxing and Calming Techniques for You and Your Classroom* , Solomon Schechter School of Westchester, Westchester, NY

March 2-*Silence in the Classroom*, Jewish Montessori Conference, Montvale, NJ

February 18 - *Workshop for Teachers: A Yoga Inspired Approach*, Future Generations, Newark, NJ

## **2007**

January 7 -*Dealing with Frustration, Anxiety and Disappointment in the Classroom*. Board of Jewish Education, NYC

January 15 - *Tools for Teachers*, SAR Academy, Riverdale, NY

May 30- *The Power of Silence in the Classroom* , Nesheemah Yoga Center, Bogota, NJ

March 13- *Tools for Teachers* , UJA-Early Childhood Conference, Temple Emanuel of Pascack Valley, NJ

## **2006**

November 9- *Tools for Teachers*, Temple Emanuel, Woodcliff Lake, NJ

June 5- *Tools for Teachers* , Steen Elementary School, Bogota, NJ

May 4 - *Tools for Teachers*, Bixby Elementary School, Bogota, NJ

## **2005**

November 7- *Tools for Teachers* ,Moriah School, Englewood, NJ

September 9 -*Tools for Teachers*, Temple Emeth, Teaneck, NJ

March 9- *Yoga Skills for Teachers*, Early Childhood Conference, Woodcliff Lake, NJ

## **2004**

September 7- *Tools for Teachers*, Ben Porat Yosef, Leonia, NJ

November 11- *Calm in the Classroom: The Yoga Approach*, Association of Jewish Day Schools, Frisch Academy, Paramus, NJ

November 2- *Calm in the Classroom: The Yoga Approach*, Association of Jewish Day Schools, Kushner Academy, Livingston, NJ

September 7 - *Tools for Teachers*, Ben Porat Yosef, Leonia, NY