

Centennial Care – Agency-Based Community Benefits

Nursing Facility Level of Care

Centennial Care members who have a Nursing Facility Level of Care (NFLOC) can get special services. NFLOC means that a member is medically eligible to get certain care and services that can be provided in a nursing home or in the community. Many NFLOC members choose to get care and services in their home or in the community setting that is not a nursing home. These services are called Community Benefits.

Choosing Where and How to Get NFLOC Care and Services

Once you know you are eligible for NFLOC, your Care Coordinator will help you choose where and how to get your NFLOC care and services. You have three options for getting NFLOC care and services:

1. You can get care and services at home or in another community setting through an agency. This is called Agency-Based Community Benefits (ABCB).
2. You can get care and services at home or in another community setting and manage those services and providers yourself. This is called Self-Directed Community Benefits (SDCB).
3. You can get care and services in a nursing home.

How Agency-Based Community Benefits Work

Once you have chosen to get your Community Benefits through ABCB, your care coordinator will work with you, your family and your caregivers to decide which benefits and services will best meet your healthcare needs. You and your care coordinator will make a care plan that includes the services you feel you need. The care plan will describe the services, how many services, and how and when to get them.

For example, you may want to go to an Adult Day Health Center. Your care coordinator would make a note in your care plan for you to go to an Adult Day Health Center two days a week for four hours each day. Your care plan will have specific amounts for each service you choose.

Before you can get these services, your Managed Care Organization (MCO) must review your care plan to make sure your plan meets your needs. Once your care plan is approved, you will begin to get services. Your care coordinator will help you make any needed changes to your care plan over time.