

## THE WOMAN'S CLUB OF SAN ANTONIO



### ***RUSTLING LEAVES***

***JANUARY 2020***

#### Welcome to the New Year and the new decade!

We have ended the year with a bang and are getting ready to take a deep breath to face a very busy Spring at the Club. First, we will hold a giant Garage Sale at the club on **Saturday, Feb. 1**. We will begin early in the morning, and we look to clear out all the old and unused items from our attic. We also hope that YOU will bring items you would like to offer for sale with the proceeds going directly to the Club. This looks to be a fun and productive day, and I hope you will be there to help.

Next up, we will begin some determined work on our THREE Official Fiesta Events: the Fiesta Teen Queen Coronation April 5, the Fiesta Flower Show April 17-18, and the Fiesta Hat Contest and Luncheon April 22. We will be coming to you with a variety of ways that you can help. And while we are talking about help, I want to share with you an article that I recently read. In it, the researcher asked the reader not to “dwell on the latest anti-aging article that your cousin posted on Facebook”. There is real research out there about things you can do to help you live longer. And you don’t need to fast all day, go in an isolation tank, or take tons of supplements. Research shows that people who engage in meaningful activities and forge strong connections with other people live happier, healthier, and longer lives. (Source: *International Journal of Environmental and Public Health*) Study using 12 years of data finds that increases in social engagement over time were associated with

higher degrees of cognitive health. In contrast, when older individuals experienced a reduced social network and became less engaged with neighbors in their community, they were more likely to have declining cognitive functioning. Also, the study found that volunteering is a protective factor in cognitive decline. Individuals who volunteered were, over time, more likely to belong to the least vulnerable (i.e. the healthiest) groups. In contrast, when older individuals stopped volunteering, they were more likely to experience declining health. (Source: *Frontiers in Aging Neuroscience*). I can only conclude that we have some very healthy and brilliant members! Finally, a Korean study found that people who had a younger “Subjective Age” (i.e. felt younger than their actual age) were more likely to score higher on a memory test, considered their health to be better, and were less likely to report depressive symptoms. In addition, those who felt younger than their age showed structural characteristics of a younger brain on MRI tests. (Source: *Irish Longitudinal Study on Aging*) Take a look around our Club: we dress young, keep our selves up-to-date, and look after our appearance. As at least one member knows, some of us will never be older than 23! So...when we ask you to help, consider it our looking out for your well-being. Wouldn't it be great if our insurance companies and Medicare considered all our Club dues and luncheon fees as preventive care? See you soon at the Club!

**Ferne Burney, (210) 381-4372**  
[ferneburney@hotmail.com](mailto:ferneburney@hotmail.com)

# January Birthdays

Carolyn Sanders	1		
Briana Beserra	3	Donna Murphy	19
Pam Patton	3	Sophia Christiansen	20
Margaret Stypko	9	Jane Pollock	20
Patricia Broyles	9	Trace Mahbubani	21
Eileen Potts	10	Barbara Niemann	21
Gretchen Stepke	11	Jeannine Wangler	24
Vicky Hatcher	12	Linda Shacklett Champagne	25
Patty Landacre	12	Carmen Ingram	25
Joan Cleary	13	Michael Quintanilla	25
Karen Ward	13	Leslie Doyle	27
Sara Fitzgerald	16	Irma Durán de Rodriguez	27
Gabrielle Geppert	18	Elaine Staller	27



## Care and Concern

Our thoughts and prayers are with:

- ❖ The family of Member Margaret Thompson, who passed away Dec. 28.
- ❖ The family of Member Sharon Greene, who passed away Dec. 27.
- ❖ Member Kim Rees was hospitalized with pneumonia.
- ❖ Member T.J. Hageman's husband, Dwight, passed away Dec. 3.  
(He is also Michele Moad-Hageman's father-in-law and Madi's grandfather.)
- ❖ Past Member Mary Alice Bennett Frazier passed away Dec. 4. (She was part of the group who first started the Boutique at the Club before she moved away from San Antonio.)
- ❖ Member Tawana Timberlake is having back pain and will probably need surgery.
- ❖ Member Billie Arredondo suffered a fall at her home.

*(list as of Jan. 1, 2020)*

**More information about each family above has been emailed to all members from Corresponding Secretary Susan Moreland-Goza. Contact her at [smoreland@att.net](mailto:smoreland@att.net).** (To our members: A gift to our Golden Book fund is always available to you to honor or remember a loved one. Donations are always printed in each month's newsletter and a card is sent to the family per the giver's instructions. Contact Johanna Christiansen for more information about the Golden Book fund.)

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Editor: Patsy Pelton

Assistant Editor: Carolyn Snyder

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ALL members are encouraged and invited to submit your photos from Woman's Club events for possible use in the newsletter and/or Facebook. Email us at [womansclubnewsletter@gmail.com](mailto:womansclubnewsletter@gmail.com).

## JANUARY GENERAL MEETING – LUNCH RSVP DUE JAN. 6 by 10 AM



**PROGRAM SPEAKER Betsy Cooper** lives in San Antonio and is a forensic artist who helps to solve murder cases. Her work has been featured on ABC, CBS, NBC, FOX, as well as the show “America’s Most Wanted” and “The Oprah Winfrey Show.” You won’t want to miss this!

Start the New Year off right with attending the first General Meeting of 2020 at the Club.

**Wednesday, Jan. 8:**

10:30 AM: Come and enjoy catching up with friends!

11 AM: Program begins

Noon: Luncheon is served. Cost is \$25. Menu: Pork Tenderloin, Hasselback Potatoes, Roasted Winter Vegetables and Bread Pudding.

**RSVP FOR LUNCH BY JAN. 6 AT 10AM --- Club policy:** If you make a reservation with a promise to pay, and then do not attend, you will be billed for the \$25 luncheon. That is why all reservations are requested to be PAID IN ADVANCE. We must pay for what is reserved. Thank you for your help with our budget and keeping us fiscally responsible.

Hostesses: Soiree Round Table

Community Care Concern: Restoration of the Mansion

**NEW DATE → SATURDAY, FEB. 1**

### Woodward House Estate (Garage) Sale

**Time:** Beginning at 8 AM and lasting until we are done or 3 PM at the latest.

**Where:** The Woodward House---front yard, front porch, *porte cochere*, and back yard if needed.

**Who:** YOU! Bring your donated goods for the Garage Sale, come help sell items, bring portable tables and chairs, bring portable canopies, and bring your good cheer for the day.

**Please do not bring your items until the day of the sale.** We do not have room in the club house, and we are trying to clean it out, not clutter it up more. All the money earned at the Garage Sale will go to the Restoration Fund. This has the potential of really boosting us toward our goal. Please help us!



### MORE FUN IN FEBRUARY: ( so save the dates! )

**Saturday, Feb. 8 at 7:30 PM at the Club: “stanzas of sound”**

Artist Foundation award-winning poet, Laura Van Prooyen, will partner with *Agarita* to bring musical life to her new work, *The Amazing Machine*. This concert is FREE. More information to come! Reception to follow generously provided by the Woman’s Club of San Antonio.

**Thursday, Feb. 13: new date for our “Golden Girls Luncheon” at the Club**

Watch for your invite if you are now 80 years “old” or more—but only because your birth certificate states that fact—because we are NEVER that old when at the Club.



## IT'S A WRAP...with thanks

The Woman's Club owes a HUGE thank you to all who made the 2019 **Christmas Faire** a success! This is a project that needs many hands, and our volunteers were the best. Our Boutique kept things rocking under the direction of **Angela Pfeiffer** and her team of stalwart workers. These ladies continue this all year long and always add so much to the sparkle and profits of the club. Thank you **Marsha Metz** and your team for hosting the Bake Shoppe across the foyer. The donated treats were varied, beautiful, and delicious thanks to the many volunteer contributions. Thank you **Michele Moad-Hageman** for marshalling the troops in the dining room. Thank you **Jane Stone** for coordinating the luncheons with the caterer and keeping track of the reservations with Martha. And thank you **Martha Aguirre** for taking on the responsibility of accepting all those phone calls, letters, and many reservations and always doing it with a smile. Thank you, **Elizabeth Moad** and **Robin Templeton** for again providing lovely music for all. Upstairs, our vendors were taken care of in the lounge by **Sandra Ojeda Medina, Angela Pfeiffer, Kathy Tarkington**, and a team consisting of **Jean French, Belinda Bosquez, Maria Cyr, and Virginia Van Cleave**. Our vendors filled the room (all slots were taken) and their merchandise was varied and wonderful!

And thanks goes to the Round Tables who accepted their designated area assignments to complete the decorating of the Club. And the biggest thank you of all goes to our chairmen **Kathy Littlefield** and **Mickey Tovar**, who both worked tirelessly for weeks on end to pull everything together. – Ferne Burney, President



Many hands on Dec. 30 made the wrap up easy and everything so neatly stored away for our 2020 Christmas Faire!



Many thanks to Bake Shoppe workers Sandra Whittaker (assistant chairman), Isabel Bernal, Mary Theresa Casiano, Emily Crighton, Helen Henderson, Helen Jones, Jeanne Koplan, Connie Linville, Linda Oliver, Maida Perkins, Rose Reyna-Sanchez, and (rest in peace-Margaret Thompson), and to all who baked, fudged, jellied, mixed, and bought our merchandise! --Marsha Metz, Bake Shoppe Chairman

This year's pecans are still for sale at 1 pound for \$12. Contact Martha to purchase some for your Valentine baking!





## Spotted at the Club in December...

We welcomed back for the 2<sup>nd</sup> year the San Antonio College and its GED program for a celebration end of semester program and lunch at the Woman's Club on December 17. It was attended by 50 students and staff. In attendance were Dr. Robert Vela, President of the college, Dr. Helen Vera, head of the Empowerment Center, and State Representative Diego Bernal. Rep. Bernal was the speaker for the program, and he sponsored the bill to pay for GED classes and tests for one year. This GED program is the most successful in the country, with a success rate of over 90%.

Members Angela Pfeiffer and Leslie Doyle prepared an excellent meal with their able helpers: Chula Boyle, Janice McGraw, Connie Linville, Margaret Duncan, Cyndi Munch, Helen Jones, Virginia Van Cleave, Linda Oliver and Helen Henderson. **Thank you Angela and Leslie for all your work in making this a successful event.** The students certainly enjoyed the meal and were most appreciative. We look forward to hosting them again in May!



**WELCOME NEW WOMAN'S CLUB OF  
SAN ANTONIO MEMBERS:**

*Sandra Carson-Miller  
Emily Crighton  
Vicky Hatcher  
Sandra Steinke*



**ANNUAL CHRISTMAS PARTY  
FOR RESPITE CARE  
CHILDREN – sponsored by the  
Ingenuie Round Table –  
December 22 at the Club**



**At left:** Ingenues get ready to wrap the many gifts for the children to be distributed by Santa at the party. **Above:** Decked out in their Christmas attire, the young ladies are ready to greet the children!



Hard to say who had the most fun...everyone was blessed!





## Golden Book

### Submitted By:

Johanna Christiansen, Golden Book Chairman  
Diane Lewallen, Golden Book Committee

In Memory of **Leanna Reitz**  
By Neil Reitz

In Memory of **Dwight Hageman**  
In Honor of college graduation of **Ashley Littlefield**  
By Carol Keller

In Memory of **Dwight Hageman**  
In Honor of the 17<sup>th</sup> Birthday of **Sophia Christiansen**  
In Honor of **Ashley Littlefield**  
By Brian, Johanna, Sophia, Harold and Tessa Christiansen

### In Honor of **The Members of The Woman's Club of San Antonio:**

By Helen Jones  
By Elsie McTee  
By Judi Pianta  
By Judy Willingham  
By Maria Cyr  
By Linda Oliver  
By Belinda Pena Bosquez  
By Susan Gargotta  
By Missy Fredrickson

### In Honor of the following **Program Speakers:**

**Jennifer Allen**  
**Diane Gottsman**  
**Angelica Docog**  
**Paula Allen**  
**T.J. Dolotina**

In Thanksgiving for all **those who have contributed to the  
House Restoration Fund**  
By Helen Henderson

## December General Meeting Highlights

Vice President Jane Stone continues to deliver one successful program after another! What a treat it was to be serenaded and listen to so many musical tunes by such an amazing performer—T.J. Dolotina received a standing ovation for his performance at the general meeting in December. After surviving throat cancer, he still maintains a beautiful singing voice. He performed songs from Frank Sinatra, Dean Martin, Johnny Cash, and George Strait, to name a few. He ended perfectly with holiday tunes! Thank you everyone who came to enjoy!

You can contact T.J. to have him perform at your event at  
[tj@singerfaceproductions.com](mailto:tj@singerfaceproductions.com) or call him at [\(210\) 639-2327](tel:2106392327).



**2020**  
**HAPPY NEW**  
**YEAR**

## MARK YOUR FIESTA CALENDARS!

**MARCH 1** – FINAL DEADLINE for the Fiesta Teen Queen Coronation. NO exceptions.

The Woman's Club of San Antonio announces the entry form is NOW AVAILABLE on its website

<http://www.thewomansclubofsa.org/fiesta-2020.html> where you can download it, **complete and send it via email ONLY** with a photo of child in jpg format ONLY to this address: [WCSAFiestaCoronation@gmail.com](mailto:WCSAFiestaCoronation@gmail.com).

**APRIL 5** Fiesta Teen Queen Coronation at \*new location\* Temple Beth-El

**APRIL 17-18** Fiesta Flower Show at The Woman's Club of San Antonio

**APRIL 22** Fiesta Hat Contest and Luncheon at the Omni Hotel at the Colonnade



The Woman's Club of San Antonio was organized October 1, 1898. We consistently strive to live up to our mission statement: For mutual improvement and cooperation in all charitable and educational undertakings that pertain to the greater good of humanity. We welcome new members all year to come and join us! Visit our website at [www.thewomansclubofsa.org](http://www.thewomansclubofsa.org) under the MEMBERSHIP tab for information and application.

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1717 San Pedro Avenue  
San Antonio, TX 78212