**Retreat Reservation/Menu Selection Form**

(Please mail or fax this menu form at least 2 weeks prior to your stay.)

Group Name:

Leader Name

Phone

How many in your group?

Arrival Date

Departure Date

***Breakfast***

Continental Breakfast (yogurts, cold and hot cereals, boiled eggs, muffins/pastry and fruit)

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| ***Arrival/Departure Options*** | |
| ***Early Check-In*** 11 am w/ lunch $7.50/person (min. 5 guests) | Yes, for people  No |
| ***Late Check-Out*** 3 pm w/ lunch $12./person (min. 5 guests) | Yes, for people  No |

*A full breakfast (eggs, bacon, toast, fried potatoes, etc.) is offered one morning of your choice.*

***Which morning would you like the full breakfast?***

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| --- | --- |
| ***Lunch Choices*** | |
| **1** | Wood fired pizzas from Old County Inn in Pine. (made with natural fresh ingredients, non GMO option for GF crust) Salad. |
| **2** | Lunch Meat/Cheese Sandwiches, Spinach Pasta Salad, Cottage Cheese w/Cranberries, Chips |
| **3** | Hamburgers, Hot Dogs, Corn on Cob, Fruit Salad, Chips |
| **4** | Homemade Soup, Grilled Cheese / Sandwiches, Chips |
| **5** | Baked Potato Bar w/fixings (sweet potato & russet) Salad |

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| ***Meal Selections*** | | |
| Please review the Lunch and Dinner Choices, then indicate in the chart below the ***Lunch Number and*** the ***Dinner Letter*** *that* you would like for each day of your stay.  Let us know if anyone has dietary restrictions. We can accommodate you. | | |
|  | ***Lunch*** | ***Dinner*** |
| ***Friday*** |  |  |
| ***Saturday*** |  |  |
| ***Sunday*** |  |  |
| ***Monday*** |  |  |
| ***Tuesday*** |  |  |
| ***Wednesday*** |  |  |
| ***Thursday*** |  |  |
| ***Dietary restrictions?*** |  | |
| ***Other comments or concerns?*** |  | |

***Please email or mail your menu to me***

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| ***Dinner Choices*** | |
| **A** | Tacos, Enchiladas, Refried  Beans, Mexican Quinoa Salad, & Dessert |
| **B** | Sirloin Kabobs with Veges, Baked Chicken, Rice, Bread, Salad & Dessert |
| **C** | Pot Roast, Mashed Potatoes, Salmon, Vegetables, Salad, & Dessert |
| **D** | Beef Broccoli with Mushrooms. Noodles, Cod, Salad, Bread and Dessert |
| **E** | BBQ Pork Ribs, Basmati Rice, Garlic Shrimp, Vegetables, Bread, Salad & Dessert |
|  | Lasagna, Eggplant Parmesan, Mild Italian Sausage and Peppers, Garlic Bread, Salad & Dessert |

***2 weeks before your retreat. 06/02/2016***

**F**

***Calligraph@aol.com***